### Equation of state of dense matter from multi-messenger observations of neutron stars

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### Contents

- Introduction on dense matter;
- Symmetry energy, maximum mass, typical radius, strange phase transistion;
- Take-home message

### Neutron stars as dense matter probes

- QCD: The theory which describles the interaction of nucleons and quarks;
- Heavy-ion collisions (HICs) and lattice QCD (LQCD) sensitive primarily to high T, low µ regions;
- Electronmagetic (EM) and gravitational wave (GW) observations of neutron stars are ideal probe of cold, dense QCD.



#### Neutron star structure and size

- Radius: R ~ 10 13.6 km; Mass M ~ 1.2 3 M<sub>o</sub>;
- For R = 10 km, M = 1.4 M<sub> $\odot$ </sub>, average number density ~ 0.4 fm<sup>-3</sup>; average (energy) density: ~ 6.9 ×10<sup>14</sup> g/cm<sup>3</sup> ~ (2-3) $\rho_0$ ;
- Spin frenquency ~ 714 Hz (fastest known); Magnetic fields: ~ $10^8$   $10^{14}$  G.



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### Neutron star M-R relation and the equation of state

- M-R relation is unique to the underlying equation of state (EOS):
- M<sub>max</sub> (EOS) ≥ all measured neutron star masses;
- $M_{max} \ge 2.14^{+0.20}_{-0.18}$   $M_{\odot}$ : Very stringent constraint on the EOS!



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### Basic things about EOS

### Nuclear binding



 $R^2 \propto A^{2/3}$ 

 $\infty rac{1}{A^{1/3}}$ 

Nuclear matter = infinite uniform system of nucleons interacting through the strong interaction



### Nuclear matter equation of state, mainly $P(\rho)$



 $L(\rho) = dE_{\rm sym}(\rho)/d\rho$ 

### Nuclear matter equation of state, mainly $P(\rho)$

• L~30-60 MeV, if following ab-initio calculations and other constraints.



$$L(\rho) = dE_{\rm sym}(\rho)/d\rho$$

### Neutron star M-R relation and the equation of state

• EOS confronting with multi-messenger neutron star observations on  $M_{Max}$ ,  $R_{14}$ ,  $\Lambda$ .



#### Radius measurements

### X-ray observations of the neutron star surface permit radius measurements



STROBE-X White paper

## X-ray observations of the neutron star surface permit radius measurements 1/3

- Quiescent low-mass X-ray binaries;
- Many analysis assumptions on e.g., atmosphere, negligible surface magnetic field, isotropic emission, slowly rotating;
- Routinely used but only place weak constraints on EOS;



10.3+1.9-1.7 km



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### X-ray observations of the neutron star surface permit radius measurements 2/3

- Type I X-ray bursts;
- Many difficulities (e.g., burst selecing; distance; atmosphere).



# X-ray observations of the neutron star surface permit radius measurements 3/3

- Pulsed emission caused by hot spots on a rotating neutron star can help measure the compactness M/R;
- NICER, eXTP(~2025), ATHENA(~2030), STROBE-X(~2030);



# Joint estimation of the mass and radius of neutron stars by NICER

• For PSR J0030+0451:  $M = 1.44^{+0.15}_{-0.14} M_{\odot}$ ,  $R = 13.02^{+1.24}_{-1.06}$  km (Miller et al. 2019) (68% CFL)  $M = 1.34^{+0.15}_{-0.16} M_{\odot}$ ,  $R = 12.71^{+1.14}_{-1.19}$  km (Riley et al. 2019)



### Tidal deformability from binary neutron star mergers

- Finite size effects of the merging star will alter the late inspiral GW signal
- Dimensionless tidal deformability of each star:

$$\Lambda = \frac{2}{3}k_2(\frac{R}{M})^5$$



### Tidal deformability from GW170817

- $\Lambda_1, \Lambda_2$  depends on M/R and the EOS:  $\Lambda = \frac{2}{3}k_2(\frac{R}{M})^5$
- Assume that GW170817 is a bianry neutron star;
- Both neutron stars obey the same EOS;



More physics necessary at the EOS modelling stage: With prior considering phase transition!

### Including strangeness phase transition

- QMF (quark mean-field) nuclear matter EOS + constant-speed-of-sound (CSS) parametrization for high-density (quark matter) EOS;
- Assuming strong first-order phase transition, most promising scenario to be tested or distinguished from pure hadronic matter by future observations.



Miao et al. (2020) to be submitted

### Tidal deformability of hybrid stars

• Unknown threshold density has a non-trivial effect on empirical A-R relations for a given nuclear matter model.



### Neutron star maximum mass: Theoretical

• Robust upper limit on the maximum mass  $\sim 3.6 M_{\odot}$  based on the casulity condition.



#### Neutron star maximum mass



### New limits on phase transition onset density

• Onset density  $>\sim 1.3n_0$  from a conservative radius limit  $R_{14} < 13.6$  km.



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### Current $\Lambda$ uncertainties for hybrid stars within QMF+CSS

- Very low onset density <~1.3n<sub>0</sub> also strongly disfavored by GW170817;
- More neutron star mergers with different chirp masses and mass ratios measured hold promise of reducing the uncertainties significantly.



$$\tilde{\Lambda} = \frac{16}{13} \frac{(m_1 + 12m_2)m_1^4}{(m_1 + m_2)^5} \Lambda_1 + (1 \leftrightarrow 2)$$

### Take-home message

- The "golden" event of GW170817 brings the best time of multi-messenger era;
- The golden age of neutron-star physics has arrived! (*Nature*|*doi*:10.1038/d41586-020-00590-8)
- Limits on symmetry energy: L~30-60 MeV;
- New limits on maxmimum mass: ~2.3-3.3(observational) ~2.4-3.6(theoretical);
- New limits on radii: ~10-13.6 km;
- EOS: Not too stiff/soft; stiff-low soft-high?
- The composition: Strangeness present lower than ~1.3 times nuclear density.



### **Backup slides**





#### GW 170817: GW signal



 $\Gamma = (\rho + P)(dP/d\rho)/P$ 

- Piecewise polytrope EOS:
  Logarithm of the adiabatic
  index (Γ) of the EOSs are
  treated as polynomial: Little
  to no microphysics;
- More physics necessary at the EOS modelling stage: With prior considering phase transition, results less constrained;
- Tidal deformbality with strangeness phase transitions (*Zhu, Zhou & AL\*, 1802.05510, ApJ*)

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LVC group, 2018 PRL

## X-ray observations of the neutron star surface permit radius measurements

- Quiescent low-mass X-ray binaries;
- Also many analysis assumptions on e.g., atmosphere, negligible surface magnetic field, isotropic emission, slowly rotating;
- Routinely used but only place weak constraints on EOS;



### Merger remnants from binary neutron star mergers

- GW & SGRB & kilonova: EOS sensitive: Confronting with numerical simulations;
- A neutron star maximum mass  $< 2.3 M_{\odot}$  may be indicated from EM observations.



#### Merger remnants from binary neutron star mergers

- Sensitive to the maximum mass (Li et al. 2017);
- Further information coming from kilonava events.

