$$\langle\bar{\psi}\psi\rangle_{sub} \equiv \langle\bar{\psi}\psi\rangle_l - \frac{m_l}{m_s}\langle\bar{\psi}\psi\rangle_s = \int_0^\infty \frac{2m_l\,(m_s^2 - m_l^2)\rho(\lambda)}{(\lambda^2 + m_l^2)(\lambda^2 + m_s^2)}\,\mathrm{d}\lambda$$