Precision cosmology and the stiff-amplified gravitational-wave background from inflation: NANOGrav, Advanced LIGO/Virgo and the Hubble tension

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Outline

- Motivation: 1. NANOGrav 12.5 yr results
- for the sake of precision cosmology
- **Results and summary**

2. Hubble tension

The effect: Stiff amplification of the primordial gravitational waves (GWs).

Our model: Accounting for the <u>backreation</u> from GWs on cosmic expansion

Motivation #1 Common process in NANOGrav 12.5 yr data set



Arzoumanian+ 2020 NANOGrav

Primordial Stochastic Gravitational-Wave Background (SGWB) **Tensor fluctuations from inflation**



Image credit: BICEP/Keck

Motivation #2 Hubble tension: >4 sigma discrepancy in the measurements of H_0



Wong+ 2020 HOLiCOW



Primordial SGWB: Parametric amplification From (tensor) quantum fluctuations to macroscopic GWs

• A special expansion history is needed: Modes of interest can <u>exit</u> the horizon and later <u>reenter</u>

Inflation!

- All modes exit during inflation but can reenter during <u>different</u> eras
- In standard cosmology, there must be a radiation-dominated era

→ the "plateau" in GW spectrum



Grishchuk 1993



Primordial SGWB: Stiff amplification Amplitudes dependent on the expansion history at mode reentry



Li Bohua, Shapiro & Rindler-Daller 2017 PRD



Primordial SGWB: Stiff amplification Blue-tilt in the subhorizon amplitudes

• Caused by an early <u>equation</u> of state stiffer than radiation $(w \equiv p/\rho > 1/3)$

Example: an early stiff era resulted from ultralight scalar field dark matter (SFDM) in its stiff phase (w = 1)



Li Bohua, Shapiro & Rindler-Daller 2017 PRD



Ultralight scalar field dark matter (SFDM) and its early stiff phase

$$\mathscr{L} = \frac{\hbar^2}{2m} \left| \partial_{\mu} \psi \right|^2 - V(|\psi|), \qquad V(|\psi|)$$



 $1) = \frac{1}{2}mc^{2}|\psi|^{2} + \frac{\lambda}{2}|\psi|^{4}. \qquad m \sim 10^{-22} \text{ eV}$

Li Bohua, Rinder-Daller & Shapiro 2014 PRD



Stiff-amplified primordial SGWB: Our model - Three inflation/early Universe parameters

- **Tensor-to-scalar ratio:** *r*
- $T_{\rm re}$ Reheating temperature:
- Temperature of stiff-radiation equality:





$$H^2 = H_0^2 \left(\frac{\Omega_s}{a^6} + \frac{\Omega_r}{a^4}\right)$$

- Stiff-amplified SGWB can *boost* the expansion rate up to $\sim 3\%$, thus also shifting radiation-matter equality
- Iterative numerical scheme that accounts for $\rho_{\rm GW}$ and also preserves the equality

Backreaction from the stiff-amplified primordial SGWB Self-consistent expansion history as required by precision cosmology

$$+\frac{\Omega_{\rm m}}{a^3}+\Omega_{\Lambda}$$
 + $\frac{8\pi G}{3c^2}\rho_{\rm GW}$





Constrain the stiff-amplified primordial SGWB Multi-frequency probes and the joint analysis

- CMB temperature and polarization
- Pulsar-timing arrays
- Laser interferometers
- Integral bounds
 - Early-Universe cosmology: big bang nucleosynthesis (BBN)
 - Late-Universe cosmology: radiation-matter equality and the CMB damping tail





Result: Implication for NANOGrav 12.5 yr data Three-view parameter space (r, T_{re}, T_{sr})



(lower by >1 decade)

Stiff-amplified primordial SGWB <u>cannot</u> explain the NANOGrav 12.5 yr results





Result: Constraint from Advanced LIGO/Virgo Third observation run data (O3)













Regime	Range of $T_{\rm re}$	Lower limit on $T_{\rm sr}$ (95% CL)	Dominan
(i)	$4 imes 10^{-3} \lesssim T_{ m re}/{ m GeV} \lesssim 10^3$	$T_{\rm sr} > 8.3 \times 10^{-3} { m GeV}$	$N_{ m eff,E}$
(ii)	$10^3 \lesssim T_{ m re}/{ m GeV} \lesssim 10^6$	Indicated by the "waterfall" surface in panel (d) of figure 8	$\Omega_{ m ref,L}$
(iii)	$T_{ m re}/{ m GeV}\gtrsim 10^6$	$\log_{10} \frac{T_{\rm sr}}{\rm GeV} > \frac{1}{2} \log_{10} r + \log_{10} \frac{T_{\rm re}}{\rm GeV} - 4.4$	$N_{ m eff,I}$

For stiff-amplified primordial SGWB, which probe is it most sensitive to, dependent on the reheat temperature?



Resolve/alleviate the Hubble tension $H_0 - N_{eff}$ degeneracy



Schoneberg+ 2019

- Extra radiation component contributes to the effective number of relativistic species, $N_{\rm eff}$
 - Primordial SGWB is a given radiation in standard inflationary cosmology, with no need to introduce other exotic radiation.

90



Result Stiff-amplified primordial SGWB can partially alleviate the **Hubble tension**

 $^{-1}\,\mathrm{Mpc}^{-1}$ 70 $H_0 \,(\mathrm{km}\,\mathrm{s})$ 65

Li Bohua & Shapiro 2021 JCAP

60





Summary

- Stiff amplification of the primordial SGWB causes a blue-tilt in its energy spectrum today. It should be considered in GW analysis.
- Backreaction of the SGWB should be accounted for to retain precision cosmology.
- Stiff-amplified primordial SGWB cannot explain the NANOGrav 12.5 yr results (lower by >1 decade).
- If this GW signal is detected, it can be an indirect evidence of <u>ultralight boson</u>.
- Stiff-amplified primordial SGWB partly alleviates the Hubble tension.

Li Bohua & Shapiro 2021 JCAP arXiv: 2107.12229

