10th International Workshop on Chiral Dynamics 16 November 2021



Extracting few-body matrix elements from lattice QCD

Marc Illa









Quenching of axial charge



Gysbers et al., Nature Phys. 15 (2019)

Nuclear matrix elements

Double- β decay



EMC effect



EMC Collaboration, PLB 123 (1983)



Interaction with dark matter

SLAC National Accelerator Laboratory

Nuclear physics with lattice QCD



Spectroscopy

 Σ^{-} in dense nuclear matter PRL 109 (2012), 172001 Light-nuclei spectrum PRD 87 (2013), 034506

Charged multi-hadron systems with lattice QCD+QED PRD 103 (2021), 054504 + QCDSF Collaboration

Baryon-baryon interactions PRD 96 (2017), 114510, PRD 103 (2021), 054508 Variational study of two nucleons arXiv:2108.10835

See recent review: Davoudi et al, <u>Phys. Rept. 900 (2021), 1</u>

Matrix elements

 $np \rightarrow d\gamma$ radiative capture process PRL 115 (2015), 132001, PRD 92 (2015), 114502

pp fusion and tritium β decay PRL 119 (2017), 062002

Double-β decay PRL 119 (2017), 062003, PRD 96 (2017), 054505

Gluon structure

PRD 96 (2017), 094512

Scalar, axial and tensor matrix elements PRL 120 (2018), 152002

Momentum fraction of ³He

PRL 126 (2021), 202001

Triton axial charge PRD 103 (2021), 074511

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Full flavor decomposition of the proton momentum fraction at the physical point Alexandrou et al. [ETMC], PRD 101 (2020)

Observing EMC effects on the moments for light nuclei

Ensemble parameters: $m_u = m_d = m_s$ $m_\pi \sim 806 \text{ MeV}$ $a \sim 0.145 \text{ fm}$ $L = 32 \sim 4.6 \text{ fm}$

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Extrapolate to the physical point:

$$\alpha_{3,2}\mathcal{G}_3(^{3}\mathrm{He}) = \frac{1}{3} \left(3 \frac{\langle x \rangle_{u-d}^{(^{3}\mathrm{He})}}{\langle x \rangle_{u-d}^{(p)}} - 1 \right) \langle x \rangle_{u-d}^{(p)}$$

Chen and Detmold, PLB 625 (2005)



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Combine with experimental data from global fits provided by nNNPDF2.0

Ball et al. [NNPDF], <u>NPB 855 (2012)</u>

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P. Gysbers et al., Nature Phys. 15 (2019)

Including nuclear correlations and two-body weak currents $(\Box \rightarrow \blacklozenge)$

Nuclear effects computed from first principles



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Chang et al. [NPLQCD], PRL 120 (2018)

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First, we have to determine the ground-state energy of ³H



Use π EFT to extrapolate to infinite-volume

Eliyahu, Bazak and Barnea, <u>PRC 102 (2020)</u> Detmold and Shanahan, <u>PRD 103 (2021)</u>



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Then we can compute the Gamow-Teller matrix element $\,\langle{f GT}
angle=g_A^{^3{
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- Solution State State
- While lattice calculations are only able to reach light nuclei (A ≤ 4), they can be used to reach larger systems with EFTs and many-body techniques Barnea et al., PRL 114 (2015) Contessi et al., PLB 772 (2017) Bansal et al., PRC 98 (2018)

Thank you!

