



# 基于暴胀子衰变非热产生的轻子生成机制研究

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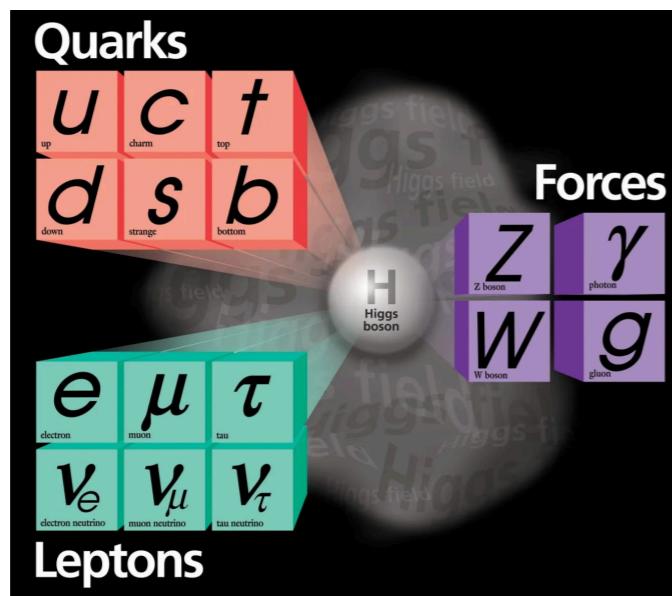
合作导师 周顺 研究员

高能所博士后学术交流会，2022年6月30日

# 物理问题

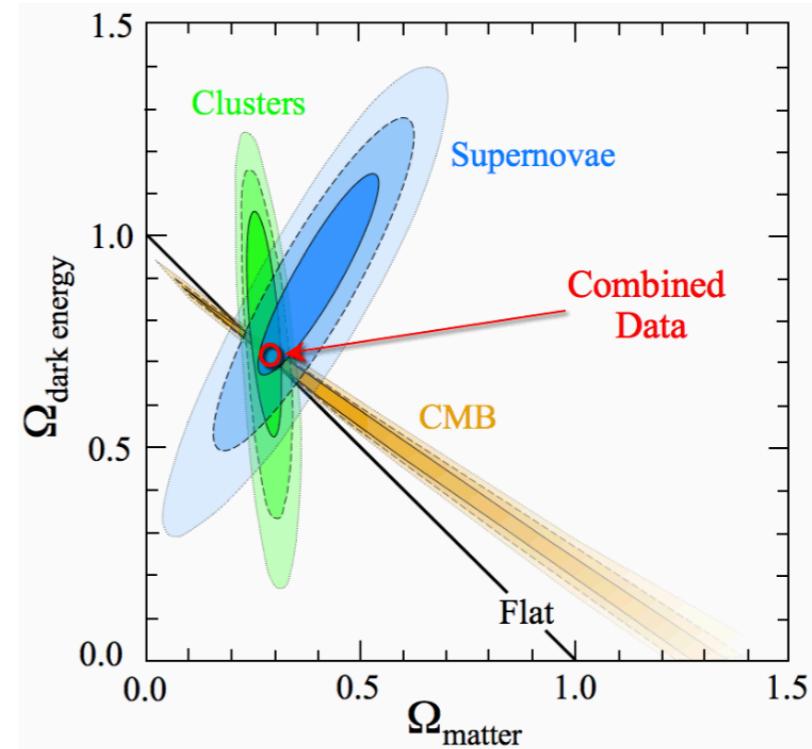
## 粒子物理标准模型未解决的问题：

- 质量起源
- 中微子质量起源
- 暗物质
- 强CP问题
- Higgs质量问题
- 电弱真空稳定性问题
- 反常（例如，CDF的W质量）
- .....



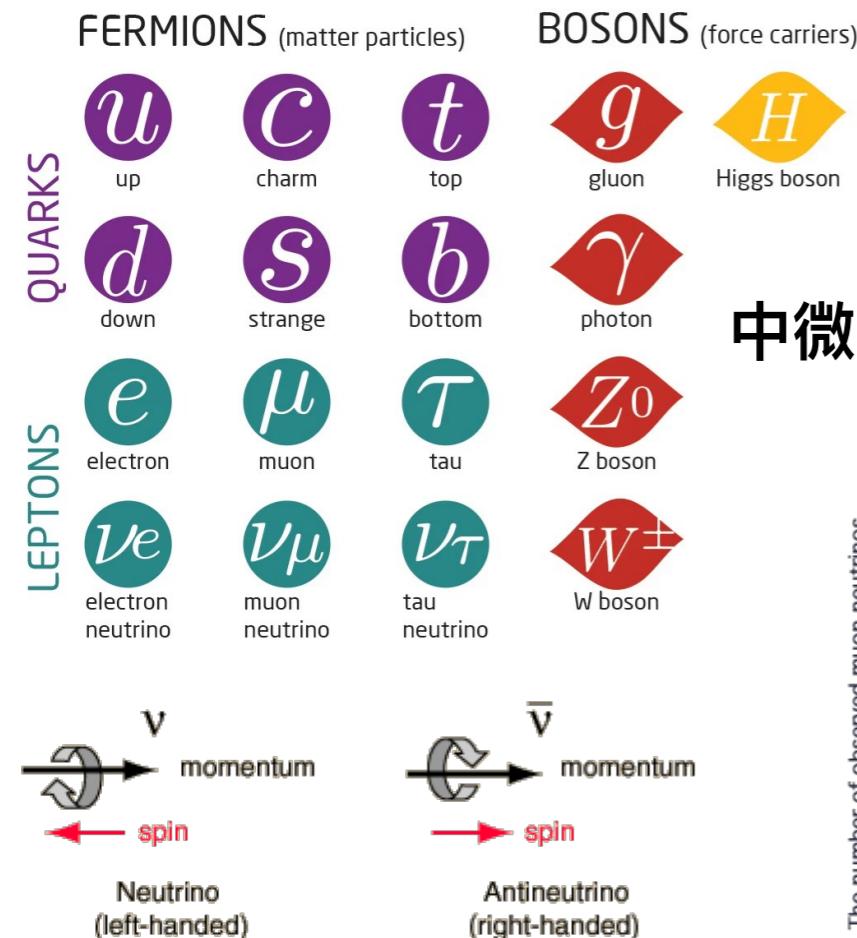
## 标准宇宙学模型( $\Lambda$ CDM)未解决的问题：

- 暴胀
- 暗能量
- 暗物质
- 物质—反物质不对称
- .....



# 中微子质量

## The Standard Model of Particle Physics



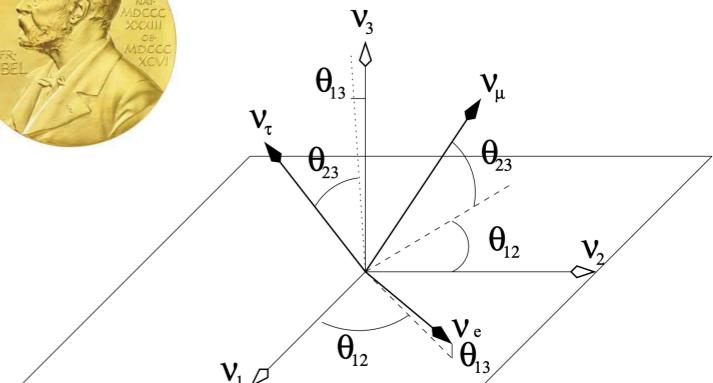
粒子物理标准模型  
中微子无质量

实验：振荡实验(JUNO, T2K, DUNE, ...),  
非振荡实验(GERDA, KamLAND-Zen, EXO, KATRIN, ...)

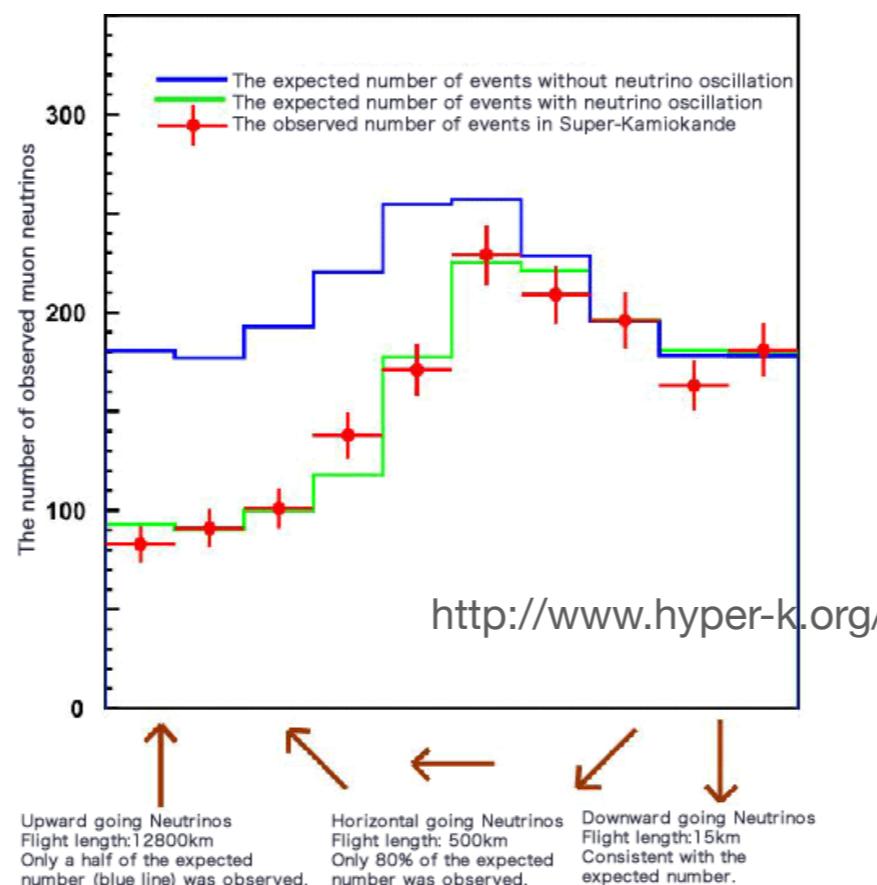
2015 Nobel Prize in Physics: T. Kajita and A. B. McDonald, “for the discovery of neutrino oscillations, which shows that neutrinos have mass”.



超出标准模型的新物理



S. F. King, 0310204



- 中微子物理待解决的问题：
- 是Majorana还是Dirac粒子
  - 中微子质量和混合的起源
  - CP破坏的存在性及大小
  - 质量顺序
  - 绝对质量
  - 是否存在惰性中微子
  - 是否能作为暗物质
  - 宇宙遗迹中微子
  - .....

Xing and Zhou, Neutrinos in particle physics, astronomy and cosmology 2011

# 宇宙物质—反物质不对称

宇宙重子—反重子不对称 (CMB, LSS, BBN 观测)

$$Y_B = \frac{n_B - n_{\bar{B}}}{s} = (8.72 \pm 0.08) \times 10^{-11}$$

粒子物理、宇宙学基本问题  
构建完整粒子物理理论、了解早期宇宙演化必需

Fukugita & Yanagida 1986

轻子生成 和中微子物理关联，是最重要的重子生成机制之一  
电弱重子生成 Rubakov & Shaposhnikov 1996  
Affleck-Dine 机制 Affleck & Dine 1985, Dine, Randall & Thomas 1996  
.....

动力学产生  $Y_B$  —— 重子生成机制



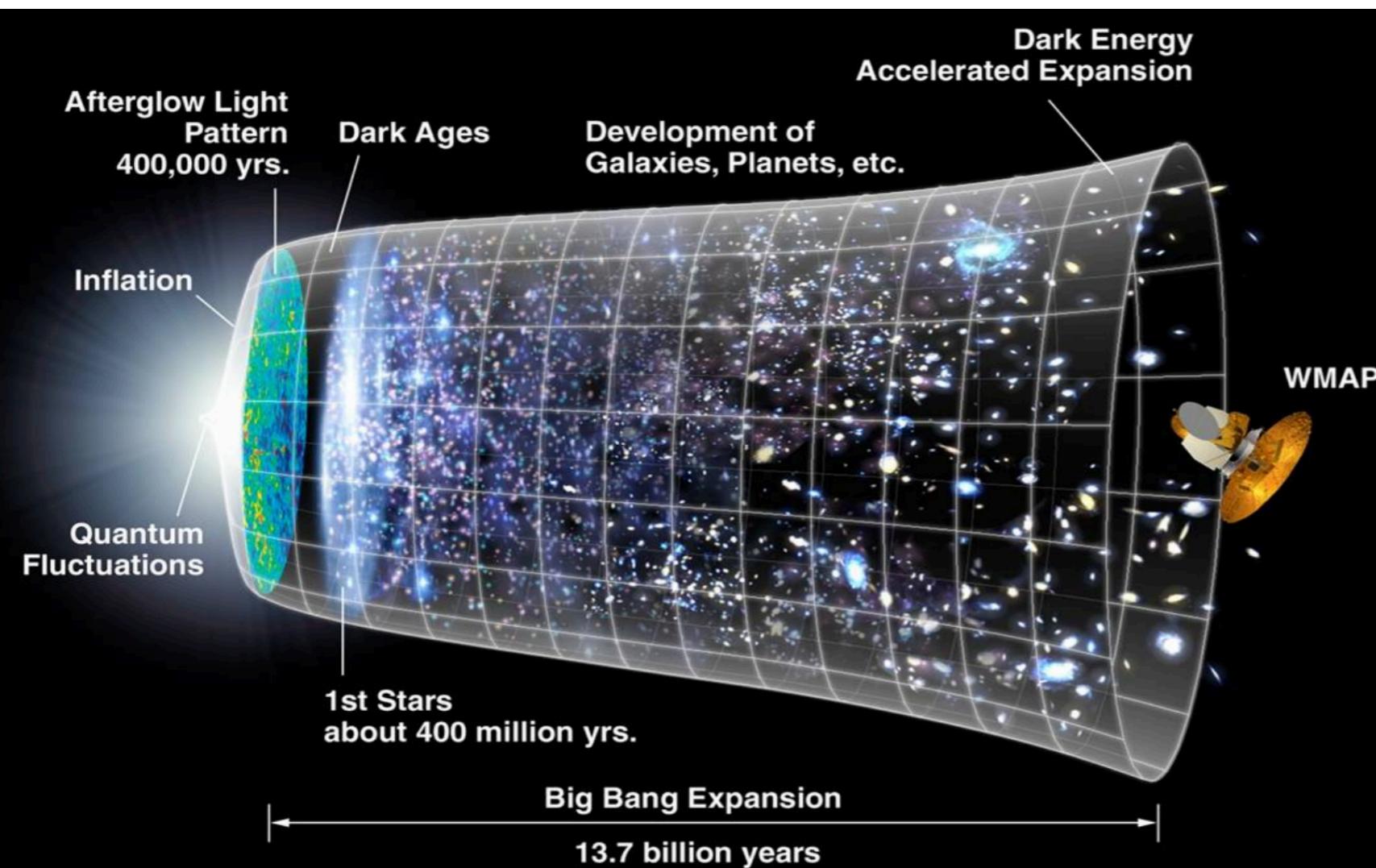
# 暴胀物理



2014 Kavli Prize  
for invention of inflation

Guth 1981  
Kazanas 1980  
Starobinsky 1980  
Sato 1981

标准宇宙学/ $\Lambda$ CDM



理论支持：解决平坦性、视界问题，量子涨落→大尺度结构

观测支持：CMB观测近标度不变的标量功率谱

暴胀物理的主要问题：

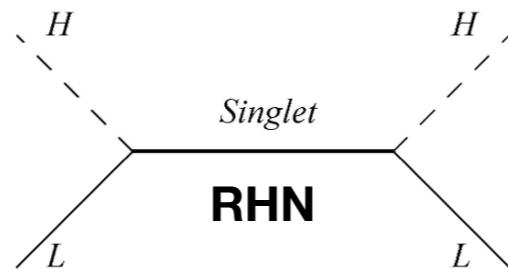
- “现实”暴胀模型（暴胀理论）
- 单场/多场
- 暴胀子的粒子物理本质
- 有效场论描述
- 相互作用处理→重加热
- 张量模式（原初引力波）
- 非高斯性
- 温度效应
- 修改引力效应
- .....

暴胀综述：Lyth & Riotto 1999,  
Bassett, Tsujikawa & Wands 2006,  
Martin, Ringeval & Vennin 2014

# 轻子生成

Introduce right-handed neutrinos (RHNs) to SM

Light neutrino mass is explained through type-I seesaw



P. Minkowski, 1977; T. Yanagida, , 1979;  
J. Schechter and J. W. F. Valle, 1980

To generate the BAU dynamically (**baryogenesis**),

Sakharov (1967) proposes three conditions:

- Baryon number violation
- C and CP violation
- Deviation from equilibrium

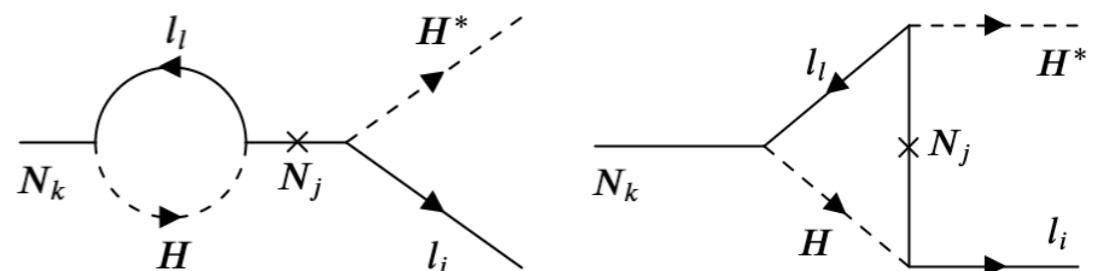
Thermal leptogenesis: Fukugita & Yanagida 1986

RHNs are produced in thermal bath (zero initial abundance/thermal distribution)

Non-thermal leptogenesis:

RHNs are produced non-thermally (e.g., via heavy particle decay)

In (type-I seesaw) leptogenesis, RHNs decay out-of-equilibrium, generating a CP asymmetry (also a L asymmetry), which converts to a B asymmetry via SM sphalerons



$$\epsilon_{N_k} = \sum_i \frac{\Gamma(N_k \rightarrow l_i H^*) - \Gamma(N_k \rightarrow \bar{l}_i H)}{\Gamma(N_k \rightarrow l_i H^*) + \Gamma(N_k \rightarrow \bar{l}_i H)}$$

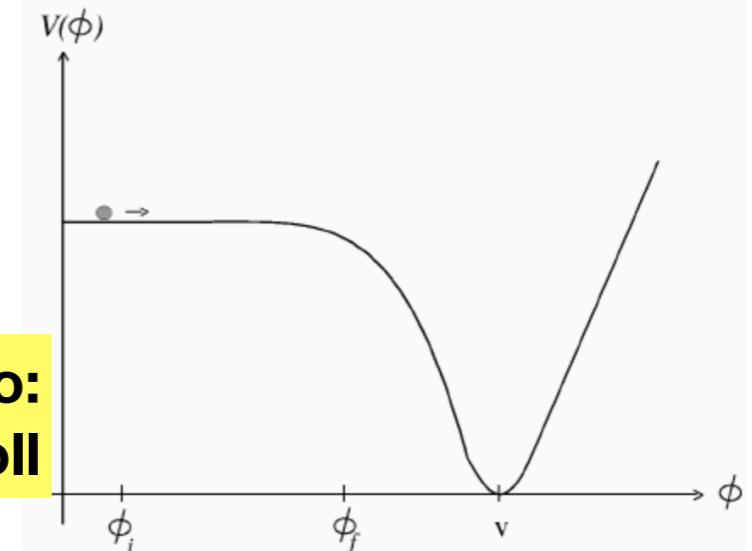
inflaton

# 基本想法

Introduce right-handed neutrinos (RHNs) to SM,

- ✓ Neutrino mass via type-I seesaw
- ✓ Leptogenesis
- ? more

Simplest inflationary scenario:  
Single-field slow-roll

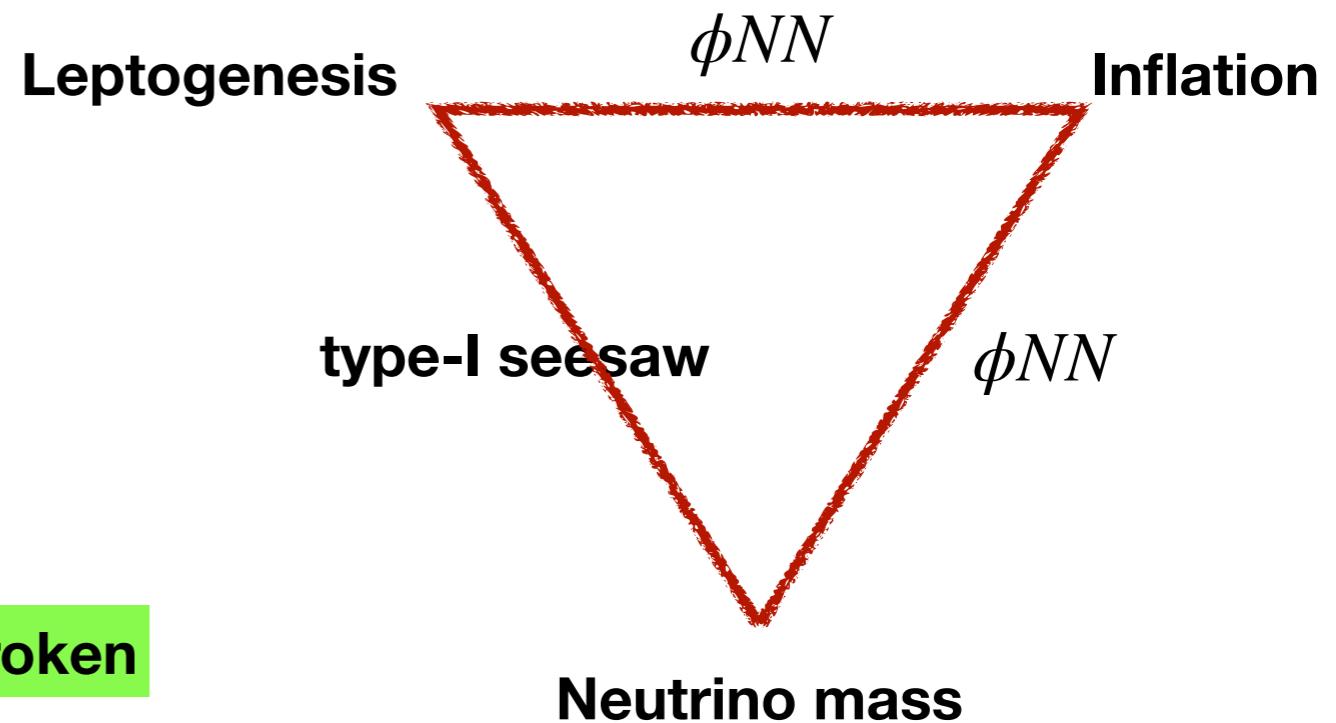


Both leptogenesis and inflation happen at high scale, could connect more directly

Let  $\phi NN$  be the key!  
 $\phi$  inflaton  
 $N$  RHN

When  $\phi$  acquires a vev,  
a Majorana mass for RHN is generated

Extra bonus: lepton number spontaneously broken



# 基本框架

Scalar field charged under lepton number

$$\mathcal{L} \supset \bar{N} i\partial^\mu N + (\partial^\mu \sigma^\dagger)(\partial_\mu \sigma) - \bar{L} Y_\nu \tilde{H} N - y_N \sigma \bar{N^c} N - V(H, \sigma) + \text{h.c.}$$

RHNs

RHNs get masses once lepton number spontaneously broken

Inflaton decay rate

$$\Gamma_\phi = y_N^2 \frac{M_\phi}{4\pi}$$

Important quantities

Reheating temperature

Effectively parametrize  $y_N$

$$T_{\text{RH}} = \left( \frac{45}{4\pi^3 g_*} \right)^{\frac{1}{4}} \sqrt{\Gamma_\phi m_{\text{pl}}}$$

Solve Boltzmann equations for the system  $\{\phi, N, R\}$

RHN decay rate

$$\Gamma_N = H(M_1) K \frac{K_1(z)}{K_2(z)}$$

Decay parameter  $K = \tilde{m}_1/m_*$

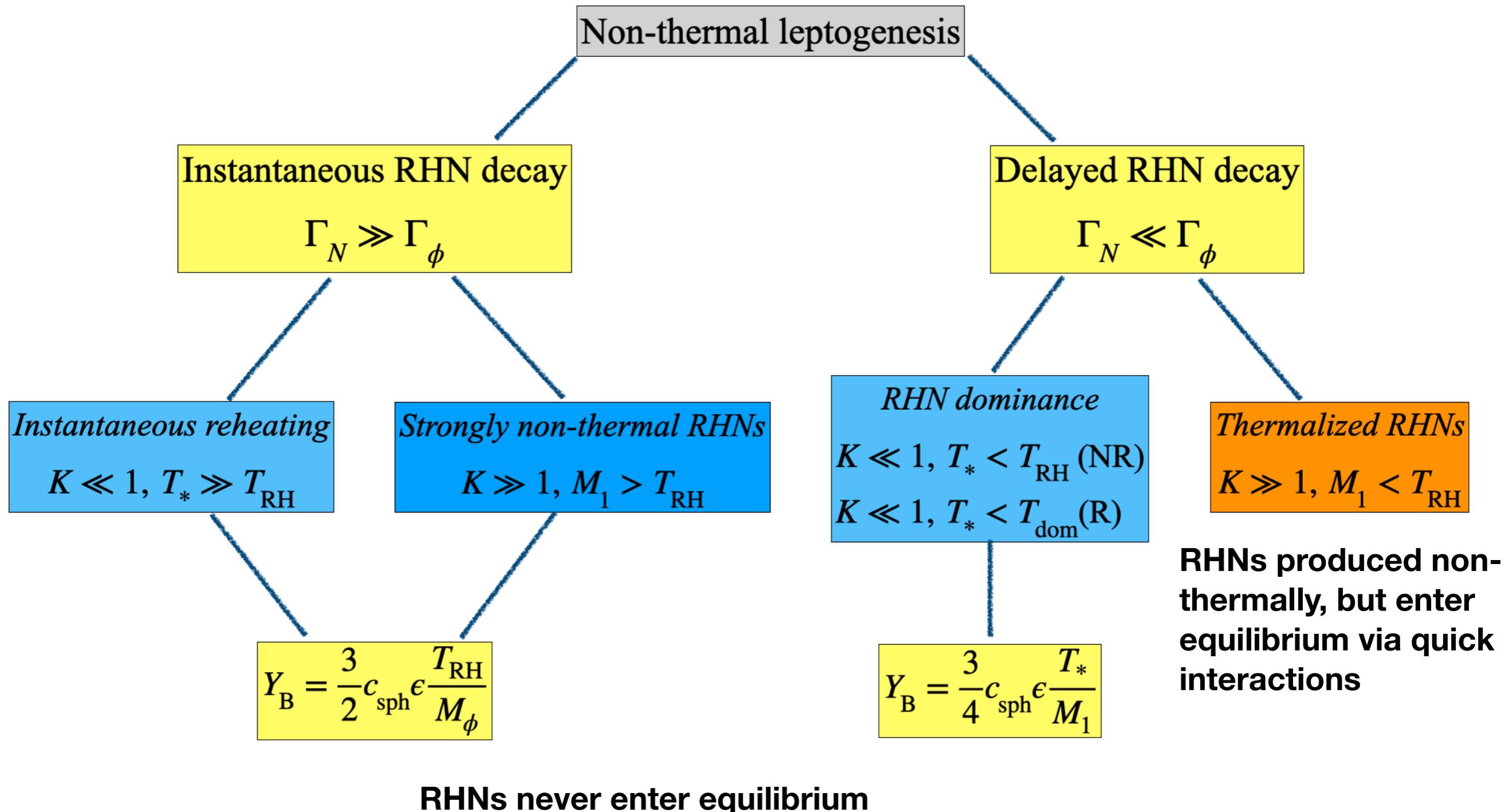
Effectively the Yukawa strength

$$\tilde{m}_1 = \frac{(Y_\nu^\dagger Y_\nu)_{11} v^2}{M_1} = \frac{8\pi v^2}{M_1^2} \tilde{\Gamma}_N$$

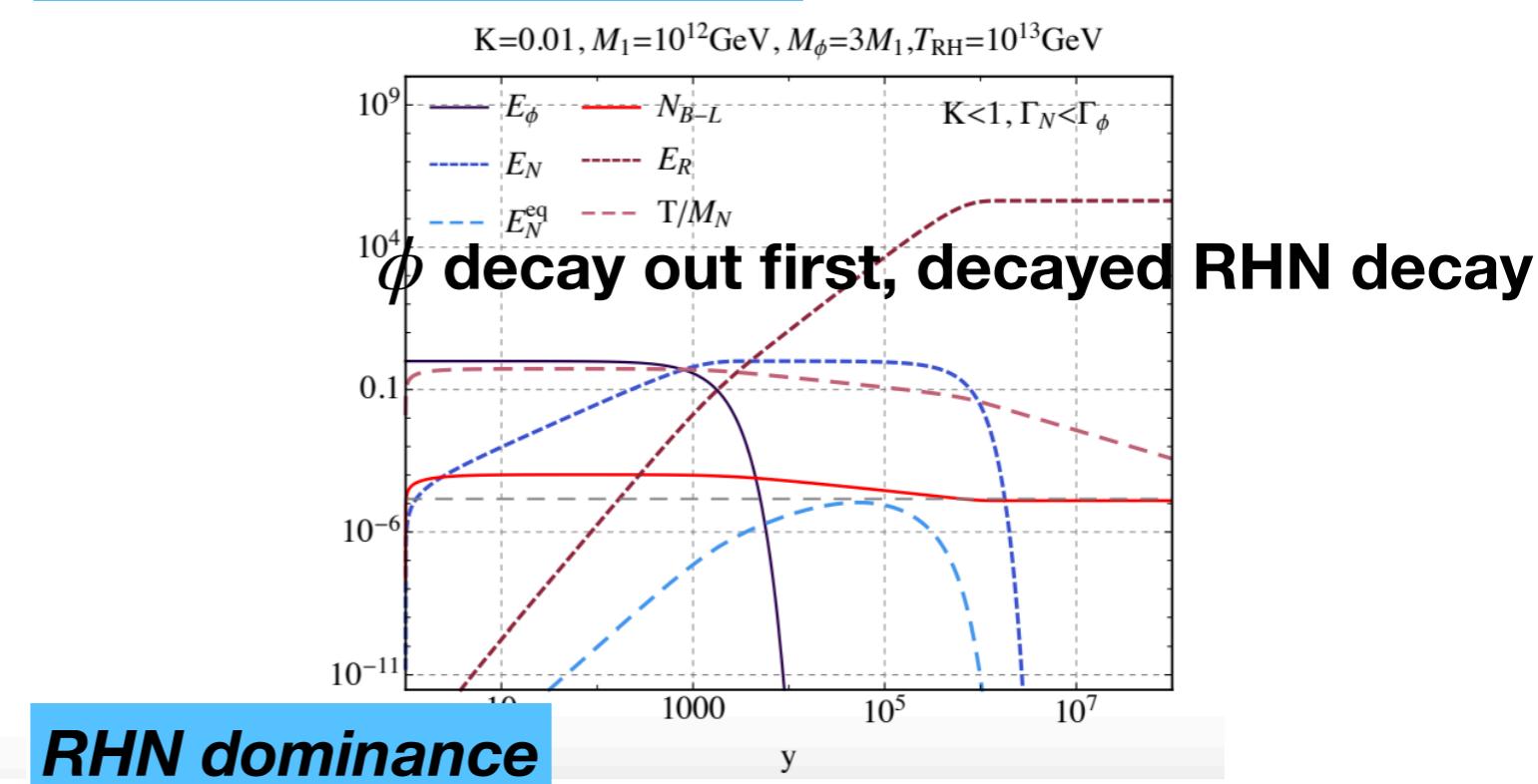
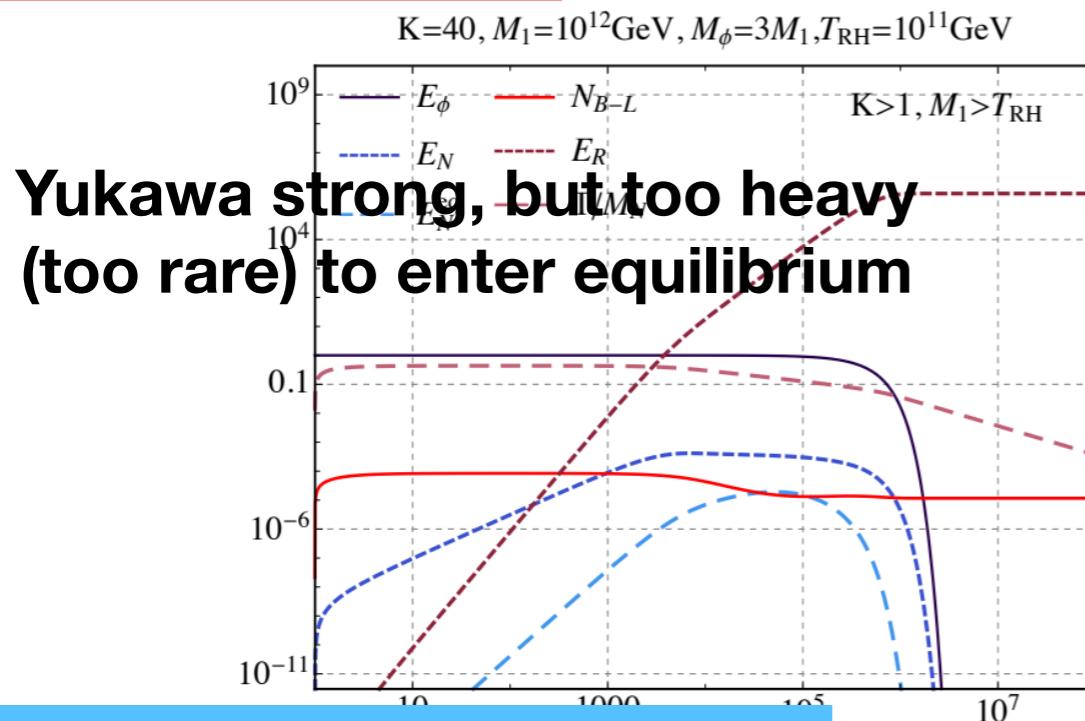
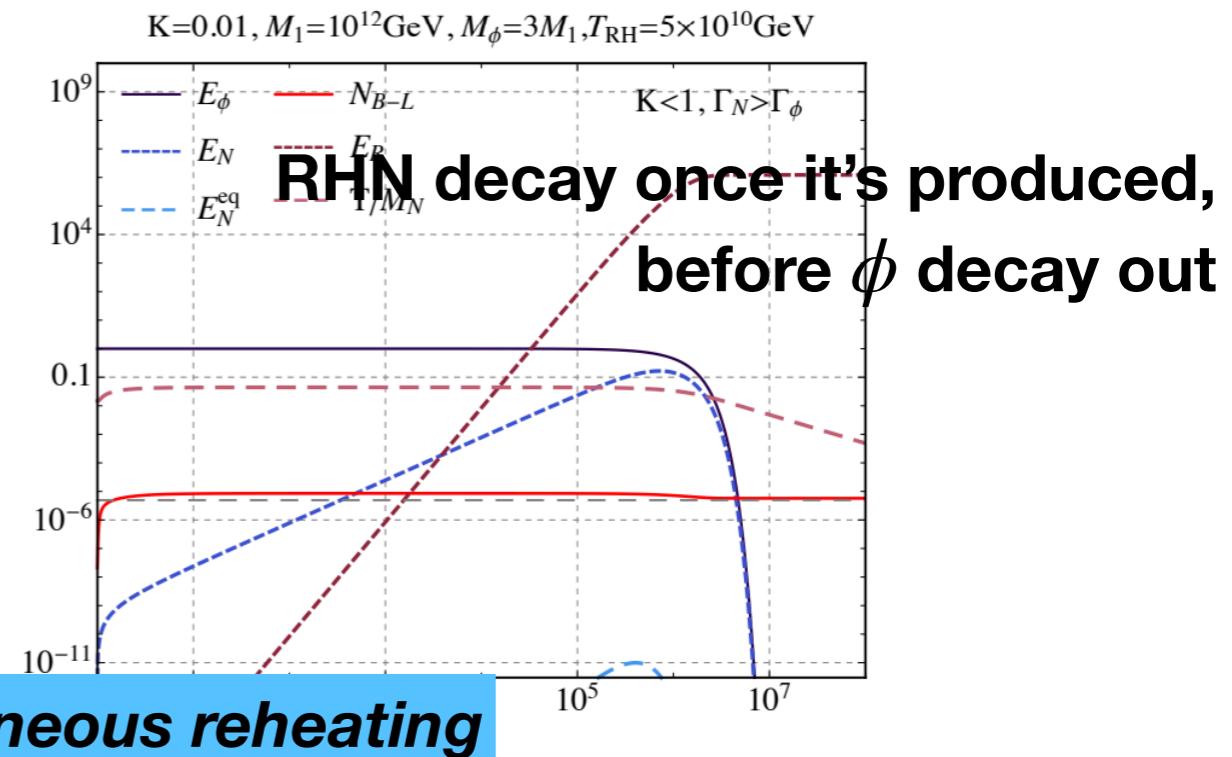
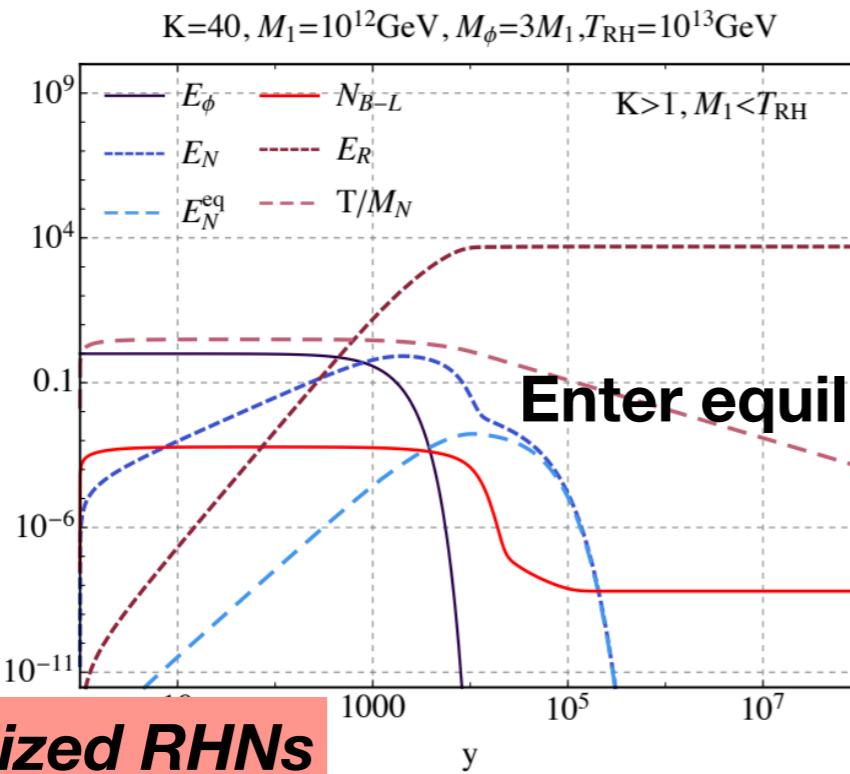
$$m_* = \frac{8\pi v^2}{M_1^2} H(M_1),$$

$$Y_B = \frac{n_B}{s} = \frac{c_{\text{sph}} \epsilon}{s} n_N$$

# 四种极限



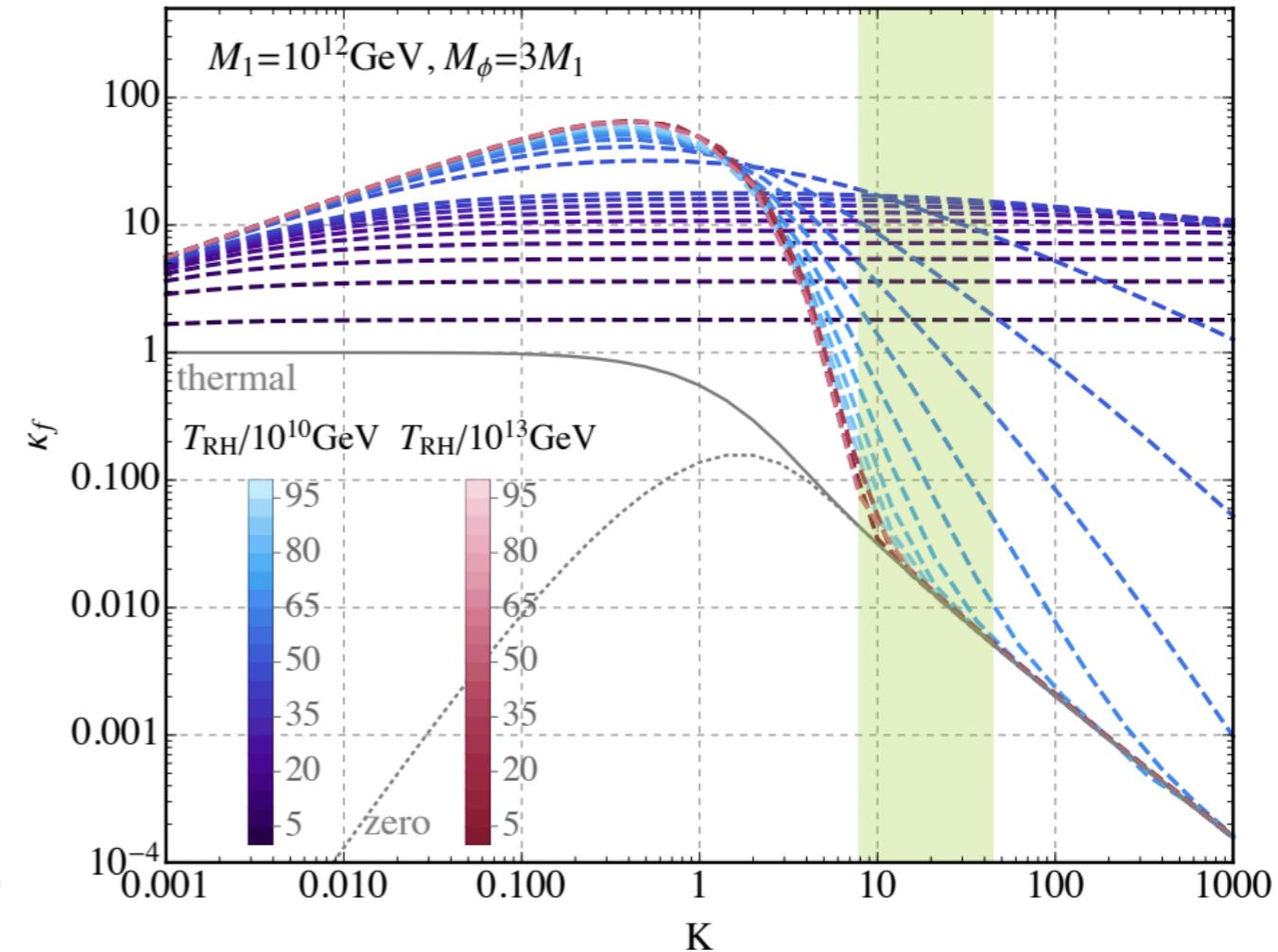
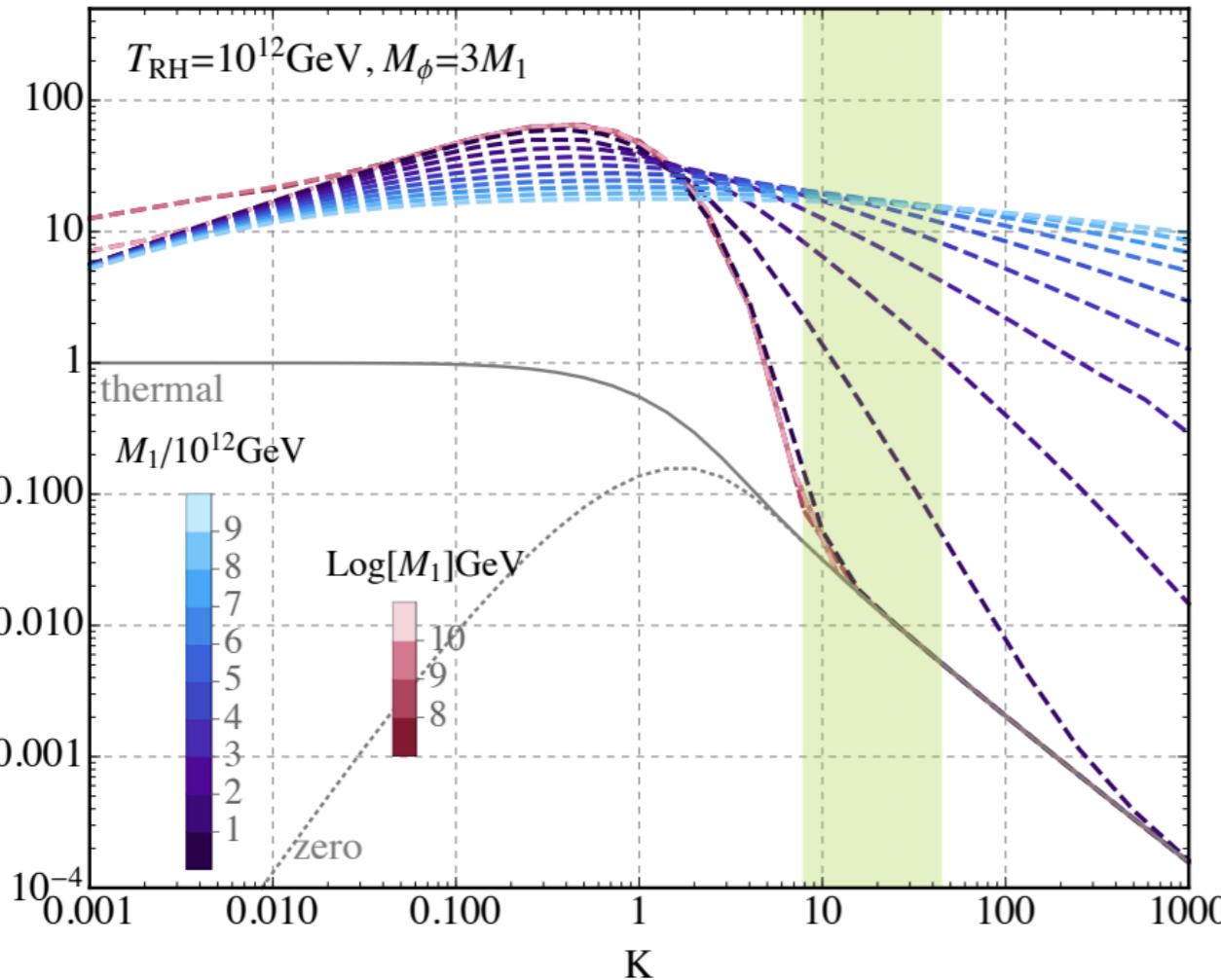
# 四种情形演化行为



# 效率因子比较

Define final efficiency factor  $\kappa_f$

$$\eta_{\text{B-L}} = \frac{n_{\text{B-L}}}{n_\gamma^{\text{eq}}} = -\frac{3}{4}\epsilon\kappa_f$$



All three truly non-thermal cases have  $\kappa_f$  larger than thermal leptogenesis

# 联合暴胀观测限制的结果

## Inflaton potential: Coleman-Weinberg

$$V(\phi) = A\phi^4 \left[ \ln\left(\frac{\phi}{v_\phi}\right) - \frac{1}{4} \right] + \frac{1}{4}Av_\phi^4$$

**Inflation-observation-compatible benchmark values**

$$A = 2.41 \times 10^{-14}, v_\phi = 22.1 M_{\text{pl}}$$

$$\rightarrow M_\phi = 1.65 \times 10^{13} \text{ GeV}$$

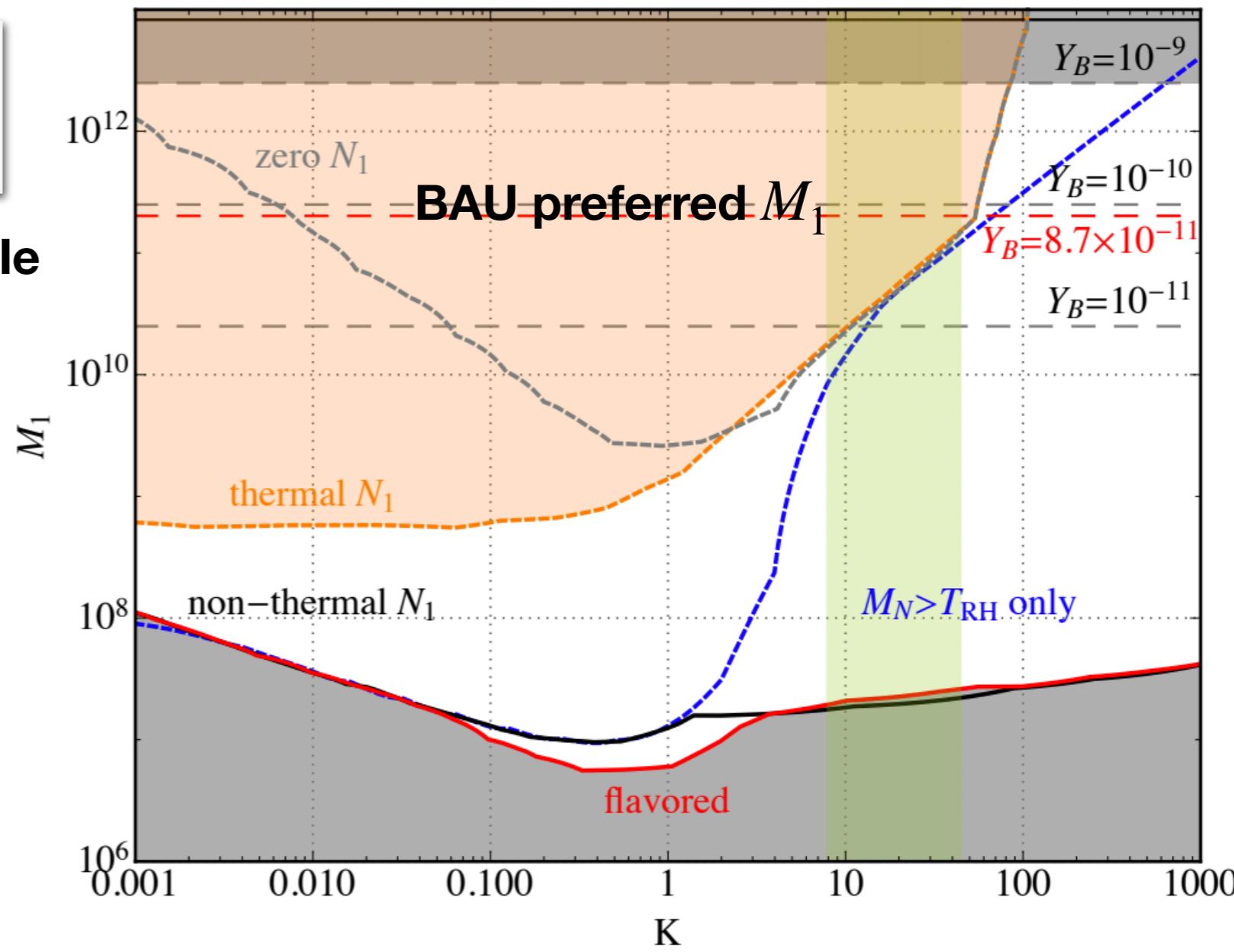
**BAU constrains  $M_1$**

$$\rightarrow y_N \rightarrow T_{\text{RH}}$$

**Viable parameter space satisfy**

$$T_{\text{RH}} \simeq 10^{-5} M_1$$

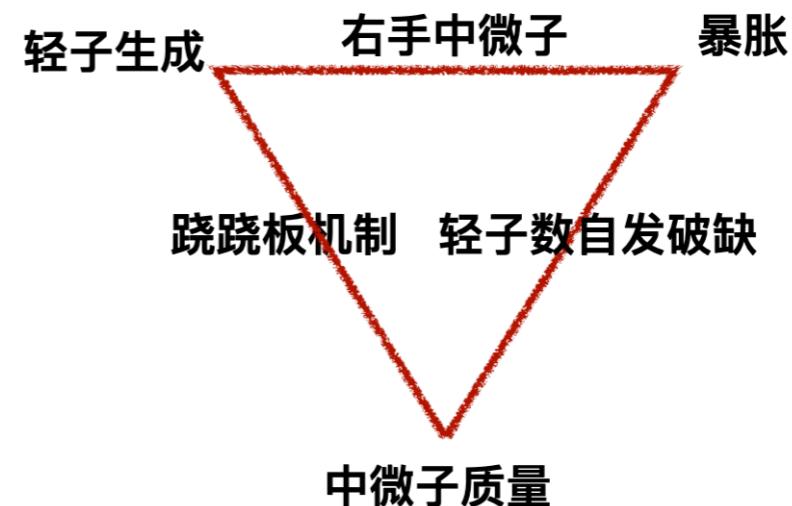
**Strongly non-thermal RHNs preferred**



# 结论

首次系统分析了基于暴胀子衰变的非热产生轻子生成机制

- 提出四种极限情形：
  - 其中 **Strongly non-thermal RHNs** 情形可显著降低重加热温度  $T_{\text{RH}} \geq 10^3 \text{GeV}$ , 同时降低  $M_1$  下限至  $2 \times 10^7 \text{GeV}$ ;
  - 三种右手中微子不进入热平衡的情形，效率因子均大于热轻子生成机制。
- 联合暴胀观测限制，可进一步限制参数空间为 **Strongly non-thermal RHNs** 区间
- 提供了一个**简单、自然**的框架，同时解释中微子质量、重子不对称，并和暴胀物理建立自然且可供未来实验、观测检验的关联



# 在站期间完成工作

## 已发表论文

- Y. Reyimuaji and **X. Zhang**, Warm-assisted natural inflation, **JCAP** 04 (2021) 077
- Y. Reyimuaji and **X. Zhang**, Natural inflation with a nonminimal coupling to gravity, **JCAP** 03 (2021) 059
- **X. Zhang** and S. Zhou, Inverse Seesaw Model with a Modular  $S_4$  Symmetry: Lepton Flavor Mixing and Warm Dark Matter, **JCAP** 09 (2021) 043
- **X. Zhang**, C. Y. Chen and Y. Reyimuaji, Modified gravity models for inflation: In conformity with observations, **Phys.Rev.D** 105 (2022) 4, 043514

## 其他论文

- C. Y. Chen, Y. Reyimuaji and **X. Zhang**, Slow-roll inflation in  $f(R,T)$  gravity with a  $RT$  mixing term, arXiv: 2203.15035 [gr-qc]
- **X. Zhang** and S. Zhou, [Towards a systematic study of non-thermal leptogenesis from inflaton decays](#)
- **X. Zhang** and S. Zhou, A Novel Parametrization of Neutrino Masses and Flavor Mixing
- J. T. Penedo, Y. Reyimuaji, **X. Zhang**, Axionic Dirac seesaw and electroweak vacuum stability

A photograph of a coastal landscape. In the foreground, there are tall, dry, golden-brown grasses growing on sand dunes. Beyond the grasses, a sandy beach leads to the ocean. The water is a vibrant turquoise color with white-capped waves crashing onto the shore. The sky is a clear, pale blue.

谢谢大家！