Test and predict neutrinoless $\beta\beta$ decay with other observables

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Creation of matter in nuclei: $0\nu\beta\beta$ decay

Lepton number is conserved in all processes observed:

single β decay, $\beta\beta$ decay with neutrino emission... Uncharged massive particles like Majorana neutrinos (ν) allow lepton number violation:

neutrinoless $\beta\beta$ decay two matter particles (electrons) created

Agostini, Benato, Detwiler, JM, Vissani, Rev. Mod. Phys. in press, arXiv:2202.01787



Test, predict $0\nu\beta\beta$ with other observables

Next generation experiments: inverted hierarchy

Decay rate sensitive to neutrino masses, hierarchy $m_{\beta\beta} = |\sum U_{ek}^2 m_k|$

$$T_{1/2}^{0\nu\beta\beta} \left(0^+ \to 0^+\right)^{-1} = G_{0\nu} \, g_A^4 \left| M^{0\nu\beta\beta} \right|^2 \left(\frac{m_{\beta\beta}}{m_e} \right)^2$$



Matrix elements assess if next generation experiments fully explore "inverted hierarchy"



KamLAND-Zen, PRL117 082503(2016)

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Agostini, Benato, Detwiler, JM, Vissani Phys. Rev. C 104 L042501 (2021) Nuclear matrix element theoretical uncertainty critical to anticipate $m_{\beta\beta}$ sensitivity of future experiments

Current uncertainty in $m_{\beta\beta}$ prevents to foresee if next-generation experiments will fully cover parameter space of "inverted" neutrino mass hierarchy

Uncertainty needs to be reduced!

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Nuclear matrix elements for new-physics searches

Neutrinos, dark matter studied in experiments using nuclei

Nuclear structure physics encoded in nuclear matrix elements key to plan, fully exploit experiments

$$0\nu\beta\beta : \left(T_{1/2}^{0\nu\beta\beta}\right)^{-1} \propto g_{A}^{4} \left| M^{0\nu\beta\beta} \right|^{2} m_{\beta i}^{2}$$

Dark matter: $\frac{d\sigma_{\chi N}}{d\boldsymbol{q}^{2}} \propto \left| \sum_{i} c_{i} \zeta_{i} \mathcal{F}_{i} \right|^{2}$
CE ν NS: $\frac{d\sigma_{\nu N}}{d\boldsymbol{q}^{2}} \propto \left| \sum_{i} c_{i} \zeta_{i} \mathcal{F}_{i} \right|^{2}$

 $M^{0\nu\beta\beta}$: Nuclear matrix element \mathcal{F}_i : Nuclear structure factor





Nuclear matrix elements needed in low-energy new-physics searches

$$\langle \mathsf{Final} | \mathcal{L}_{\mathsf{leptons-nucleons}} | \mathsf{Initial} \rangle = \langle \mathsf{Final} | \int dx \, j^{\mu}(x) J_{\mu}(x) | \mathsf{Initial} \rangle$$

- Nuclear structure calculation of the initial and final states: Shell model, QRPA, IBM, Energy-density functional Ab initio many-body theory QMC, Coupled-cluster, IMSRG...
- Lepton-nucleus interaction: Hadronic current in nucleus: phenomenological, effective theory of QCD



Tests of nuclear structure

Spectroscopy well described: masses, spectra, transitions, knockout...





Schiffer et al. PRL100 112501(2009) Kay et al. PRC79 021301(2009)

Szwec et al., PRC94 054314 (2016)

Rodríguez et al. PRL105 252503 (2010) ... Vietze et al. PRD91 043520 (2015)

β-decay Gamow-Teller transitions: "quenching"

β decays (e^- capture): phenomenology vs ab initio



Martinez-Pinedo et al. PRC53 2602(1996)

$$\langle F|\sum_{i} [g_A \sigma_i \tau_i^-]^{\text{eff}} |I\rangle$$
, $[\sigma_i \tau]^{\text{eff}} \approx 0.7 \sigma_i \tau$
Standard shell model
needs $\sigma_i \tau$ "quenching"



Gysbers et al. Nature Phys. 15 428 (2019)

Ab initio calculations including meson-exchange currents and additional nuclear correlations do not need any "quenching"

Two-neutrino $\beta\beta$ decay, 2ν ECEC

 $2\nu\beta\beta$ decay same initial, final states , similar operator ($\sigma\tau$) as $0\nu\beta\beta$ Comparison of predicted $2\nu\beta\beta$ decay vs data

Shell model reproduce $2\nu\beta\beta$ data including "quenching"

Prediction previous to ⁴⁸Ca measurement!

Caurier, Poves, Zuker PLB 252 13(1990)



$$M^{2\nu\beta\beta} = \sum_{k} \frac{\langle \mathbf{0}_{f}^{+} | \sum_{n} \sigma_{n} \tau_{n}^{-} | \mathbf{1}_{k}^{+} \rangle \langle \mathbf{1}_{k}^{+} | \sum_{m} \sigma_{m} \tau_{m}^{-} | \mathbf{0}_{i}^{+} \rangle}{E_{k} - (M_{i} + M_{f})/2}$$

Table 2

The ISM predictions for the matrix element of several 2ν double beta decays (in MeV⁻¹). See text for the definitions of the valence spaces and interactions.

	$M^{2\nu}(exp)$	q	$M^{2\nu}(th)$	INT
$^{48}\mathrm{Ca} ightarrow ^{48}\mathrm{Ti}$	0.047 ± 0.003	0.74	0.047	kb3
48 Ca $\rightarrow ^{48}$ Ti	0.047 ± 0.003	0.74	0.048	kb3g
48 Ca $\rightarrow ^{48}$ Ti	0.047 ± 0.003	0.74	0.065	gxpf1
$^{76}\text{Ge} \rightarrow ^{76}\text{Se}$	0.140 ± 0.005	0.60	0.116	gcn28:50
$^{76}\text{Ge} \rightarrow ^{76}\text{Se}$	0.140 ± 0.005	0.60	0.120	jun45
82 Se $\rightarrow {}^{82}$ Kr	0.098 ± 0.004	0.60	0.126	gcn28:50
82 Se $\rightarrow {}^{82}$ Kr	0.098 ± 0.004	0.60	0.124	jun45
$^{128}\text{Te} \rightarrow ^{128}\text{Xe}$	0.049 ± 0.006	0.57	0.059	gcn50:82
$^{130}\text{Te} \rightarrow ^{130}\text{Xe}$	0.034 ± 0.003	0.57	0.043	gcn50:82
136 Xe $\rightarrow $ 136 Ba	0.019 ± 0.002	0.45	0.025	gcn50:82

Caurier, Nowacki, Poves, PLB 711 62 (2012)

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Two-neutrino ECEC of ¹²⁴Xe

Predicted 2*v*ECEC half-life:

shell model error bar largely dominated by "quenching" uncertainty



Suhonen JPG 40 075102 (2013) Pirinen, Suhonen

PRC 91, 054309 (2015)

Coello Pérez, JM, Schwenk PLB 797 134885 (2019)

Shell model, QRPA and Effective theory (ET) predictions suggest experimental detection close to XMASS 2018 limit

Predicted 2*v*ECEC half-life:

shell model error bar largely dominated by "quenching" uncertainty



Suhonen JPG 40 075102 (2013)

Pirinen, Suhonen PRC 91, 054309 (2015)

Coello Pérez, JM, Schwenk PLB 797 134885 (2019)

XENON1T Nature 568 532 (2019) PRC106, 024328 (2022)

Shell model, QRPA and Effective theory (ET) predictions good agreement with XENON1T measurement of 2ν ECEC!

Current experiments sensitive to two-neutrino $\beta\beta$ of ¹³⁶Xe to ¹³⁶Ba 0₂⁺ EXO-200, KamLAND-Zen

 10^{28} $^{136}Xe(0_{gs}^{+})$ $^{136}\text{Ba}(0_2^+$ \rightarrow 10^{27} Ι KamLand-ZE 10^{26} $T_{1/2}^{2\nu}(\mathbf{y})$ 10^{25} 10^{24} QRI 10^{23} 10^{22} 175M BM EXP. ·*·

Nuclear shell model QRPA, EFT and IBM very different predictions!

Barea et al. PRC 91 034304 (2015)

Pirinen, Suhonen PRC 91, 054309 (2015)

Jokiniemi, Romeo, Brase, Kotila et al. PLB in press, arXiv:2211.03764

Very good test of theoretical calculations!

$0\nu\beta\beta$ decay nuclear matrix elements

Large difference in nuclear matrix element calculations: factor \sim 3



Agostini, Benato, Detwiler, JM, Vissani, Rev. Mod. Phys. in press, arXiv:2202.01787

Skyrme+QRPA calculations: pairing sensitivity

Exploring volume/surface pairing in Skyrme QRPA calculations suggests possible larger values of NMEs for wide variety of Skyrme functionals considered



Lv et al. arXiv:2302.04423

IM-GCM $0\nu\beta\beta$ NME for ⁴⁸Ca

Multi-reference calculation:

correlations systematically built on collective reference state Generator coordinate method: deformation, isoscalar pairing

$$\left\langle \mathbf{0}_{f}^{+}\right| \sum_{n,m} \tau_{n}^{-} \tau_{m}^{-} \sum_{\mathbf{x}} H^{\mathbf{x}}(\mathbf{r}) \, \Omega^{\mathbf{x}} \left|\mathbf{0}_{i}^{+}\right\rangle$$

Best IM-GCM calculation reproduces EM transitions in ⁴⁸Ti

$$\label{eq:NME} \begin{split} &\mathsf{NME}\sim 0.4/30\% \text{ smaller} \\ &\mathsf{than nuclear shell model} \\ &\mathsf{Yao et al.} \\ &\mathsf{PRL 124 232501 (2020)} \end{split}$$

Consistent with coupled cluster NME Novario et al.

PRL 126 182502 (2021)



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VS-IMSRG $0\nu\beta\beta$ NME for ⁷⁶Ge, ⁸²Se

VS-IMSRG reaches ⁷⁶Ge one of the targets used in most advanced experiments (GERDA, MAJORANA)

VS-IMSRG NME converged in 3N matrix elements included Miyagi et al. PRC105 014302 (2022)

Excitation spectra too spread quadrupole correlations not properly captured?

 $NME\sim 20\%/50\%$ smaller than nuclear shell model

Belley et al.

PRL126 042502 (2021)



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Shell model vs quantum Monte Carlo: correlations

Compare $\beta\beta$ transition densities in nuclear shell model and quantum Monte Carlo calculations in light nuclei

$$4\pi r^2 \rho_{GT}(r) = \langle \Psi_f | \sum_{a < b} \delta(r - r_{ab}) \sigma_{ab} \tau_a^+ \tau_b^+ | \Psi_i \rangle ,$$
$$M_{GT}^{0\nu} = \int_0^\infty dr \ C_{GT}^{0\nu} ,$$

Agreement at long distances, missing short-range correlations in shell model



Similar findings in Wang et al. PLB 798 134974 (2019)

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Test, predict $0\nu\beta\beta$ with other observables

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Generalized contact formalism (GCF)

Generalized contact formalism Weiss, Bazak, Barnea PRL 114 012501 (2015) Separation of scales: wf, transition density factorize for two nearby nucleons

$$\Psi \xrightarrow[r_{ij} \to 0]{} \sum_{\alpha} \varphi^{\alpha}(\mathbf{r}_{ij}) \mathcal{A}^{\alpha}(\mathbf{R}_{ij}, \{\mathbf{r}_k\}_{k \neq i,j}), \quad \rho_{GT}(r) \xrightarrow[r \to 0]{} -3|\varphi^0(r)|^2 C^0_{\rho\rho,nn}(f,i)$$

with $\varphi(r)$ the solution of the two-nucleon Schrödinger equation

The contact $C^0(f, i) = \frac{A(A-1)}{2} \langle A^{\alpha}(f) | A^{\beta}(i) \rangle$ is model dependent Replace shell-model by QMC contact to improve transition density and nuclear matrix element



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GCF: model independence of ratios

Generalized contact formalism Weiss, Bazak, Barnea PRL 114 012501 (2015)

The contact $C^0(f, i) = \frac{A(A-1)}{2} \langle A^{\alpha}(f) | A^{\beta}(i) \rangle$ is model dependent (shell model, quantum Monte Carlo, no-core shell model...) but for two nuclei the ratio $C^0_{\rho\rho,nn}(X)/C^0_{\rho\rho,nn}(Y)$ relatively model independent: combine QMC calculation in light nuclei with two shell model calculations:



Weiss, Soriano, Lovato, JM, Wiringa, PRC106 065501 (2022)

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Shell model + Generalized contact formalism: NMEs

GCF builds QMC short-range correlations to shell model transitions densities can be extended to heavy nuclei where shell model calculations are possible Weiss, Soriano, Lovato, JM, Wiringa, PRC106 065501 (2022)



Short-range correlations included by GCF reduce $0\nu\beta\beta$ NMEs moderately $\sim 30\%$ reduction in general consistent with ab initio NMEs in ⁴⁸Ca, ⁷⁶Ge Good agreement in benchmark NMEs in light nuclei with ab initio calculations

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Test, predict $0\nu\beta\beta$ with other observables

Light-neutrino exchange: contact operator

Contact operator suggested to contribute to light-neutrino exchange absorb cutoff depend. of two-nucleon decay amplitude: high-energy neutrinos

$$T_{1/2}^{-1} = G_{01} g_A^4 \left(M_{
m long}^{0
u} + M_{
m short}^{0
u}
ight)^2 rac{m_{etaeta}^2}{m_e^2}, \quad ext{ Cirigliano et al. PRL120 202001(2018)}$$

$$\begin{split} M_{\rm short}^{0\nu} &\equiv \frac{1.2A^{1/3}\,{\rm fm}}{g_A^2}\,\langle 0_f^+ |\sum_{n.m} \tau_n^- \tau_n^-\,\mathbb{1}\left[\frac{2}{\pi}\int j_0(qr)\,2g_\nu^{\rm NN}\,g(p/\Lambda)\,p^2dp\right]|0_i^+\rangle,\\ M_{\rm GT}^{0\nu} &\simeq \frac{1.2A^{1/3}\,{\rm fm}}{g_A^2}\,\langle 0_f^+ |\sum_{n.m} \tau_n^- \tau_n^-\,\sigma_1\cdot\sigma_2\,\left[\frac{2}{\pi}\int j_0(qr)\,\frac{1}{p^2}\,g_A^2\,f^2(p/\Lambda_A)\,p^2dp\right]|0_i^+\rangle \end{split}$$

Unknown value (and sign) of the hadronic coupling g_{ν}^{NN} !

Lattice QCD calculations can obtain value of g_{ν}^{NN} Davoudi, Kadam, Phys. Rev. Lett. 126, 152003 (2021), PRD105 094502('22) or match $nn \rightarrow pp + ee$ amplitude calculated with approximate QCD methods Cirigliano et al. PRL126 172002 (2021), JHEP 05 289 (2021) or charge-independence breaking of nuclear Hamiltonians Cirigliano et al. PRC100, 055504 (2019)

Long and short-range NME in heavy nuclei

Relatively stable contribution of new term M_S/M_L :

20% - 50% impact of short-range NME in shell model 30% - 70% impact of short-range NME in QRPA

consistent with 43% effect in IM-GCM for ⁴⁸Ca using synthetic data on $nn \rightarrow pp + ee$ decay Wirth et al. PRL127 242502 (2021)



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Short-range NME: GCF + shell model

Shell model with short-range correlations from QMC using the GCF give consistent contribution of new term M_S

 \sim 25% impact of short-range NME in GCF + shell model obtained with $g_{\nu}^{\rm NN}$ from AV18 CIB term

consistent with 43% effect in IM-GCM for ⁴⁸Ca

using synthetic data on $nn \rightarrow pp + ee$ decay Wirth et al. PRL127 242502 (2021)



Weiss, Soriano, Lovato, JM, Wiringa, PRC106 065501 (2022)

Correlation of $0\nu\beta\beta$ decay and $2\nu\beta\beta$ decay

Good correlation between 2ν and 0ν modes of $\beta\beta$ decay in nuclear shell model (systematic calculations of different nuclei) and QRPA calculations (decays of $\beta\beta$ emitters with different g_{pp} values)

Similar but not common correlation, depends on mass for shell model $0\nu\beta\beta - 2\nu\beta\beta$ correlation also observed in ⁴⁸Ca Horoi et al. arXiv:2203.10577



Jokiniemi, Romeo, Soriano, JM, PRC 107 044305 (2023)

Use $2\nu\beta\beta$ data to predict $0\nu\beta\beta$ NMEs!

$0\nu\beta\beta$ NMEs from $2\nu\beta\beta - 0\nu\beta\beta$ correlation

NMEs consistent with previous nuclear shell model, QRPA results

Theoretical uncertainty involves systematic calculations covering dozens of nuclei and interactions error of each calculation (eg quenching) and experimental $2\nu\beta\beta$ error

Previous theoretical uncertainty mostly ignored: collection of calculations



Correlation of $0\nu\beta\beta$ decay to $2\nu\beta\beta$: general case

A good correlation between $2\nu\beta\beta$ and $0\nu\beta\beta$ also appears when we include to the calculation of $0\nu\beta\beta$ NMEs 2b currents and the short-range nuclear matrix element



Use $2\nu\beta\beta$ data to predict $0\nu\beta\beta$ NMEs with 2b currents, short-range NME

$0\nu\beta\beta$ NMEs from correlation: 2bc, short-range

 $0\nu\beta\beta$ NMEs including 2b currents and short-range NME obtained from $0\nu\beta\beta - 2\nu\beta\beta$ correlation and $2\nu\beta\beta$ data

Theoretical uncertainty due to correlation, calculation uncertainties: quenching, 2bc, short-range NME coupling (dominant uncertainty)

First complete estimation of $0\nu\beta\beta$ nuclear matrix elements with theoretical uncertainties

Jokiniemi, Romeo, Soriano, JM, PRC 107 044305 (2023)



Calculations of $0\nu\beta\beta$ NMEs challenge nuclear many-body methods, searches demand reliable NMEs

Ab initio results suggest reduced NMEs due to nuclear correlations (eg via GCF) and two-body currents

Likely enhancement by short-range NME partially compensates reduction due to correlations and currents

Good $0\nu\beta\beta - 2\nu\beta\beta$ correlation in nuclear shell model, QRPA exploit $2\nu\beta\beta$ data to obtain $0\nu\beta\beta$ NMEs with theoretical uncertainties







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C. Brase, A. Schwenk

Test, predict $0\nu\beta\beta$ with other observables

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