The 2<sup>nd</sup> Workshop on GUT: Phenomenology and Cosmology (GUTPC)/Hangzhou /4.21/2025

# Chemical potential driven chiral phase transition

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Based on work, Zhaofeng Kang & Jiangzhu, arxiv 2501.15242

#### Conclusion

A dark-QCD sector is well motivated in new physics models, and it may experience an intrinsic first order PT, thus a source of stochastic GW signal

However, the resulting GW amplitude usually is very small because of the very short PT duration (much shorter than the Hubble time scale), leading to the suppressed GW release

We explore the chiral PT driven by a large chemical potential, and find that it can change the situation and makes chiral PT with  $T_c \sim (1 \text{ GeV}, 100 \text{ GeV})$ observable at BBO

## Start from a big story



#### Explore the QCD matter in the nature, really

In 2004, collision of heavy ions <sup>197</sup>Au at RHIC created a new state: quark-gluon plasma (QGP, perfect liquid), surviving~10<sup>-22</sup>s



QCD matter may have many phases, and the ultimate goal is to determine the QCD phase diagram in the  $\mu - T$  plane



#### **To explore dark-QCD matters**

Dark colored sector, with or without dynamic dark quarks, widely appeared in the context of new physics

Composite Higgs/dark matter/axion & scale gensis....

monopole/instanton /ADS-CFT.... System with non-Abelian gauge interaction is plagued by non-perturbative effects, but also appears fascinating as a result

Catalyzed by the discover of gravitational wave (GW), which may be the faint remnant of intense activities in the early universe e.g., event like first order phase transition, intrinsic for some dark colored sectors

#### To explore dark-QCD matters

What does intrinsic mean?

e.g., for the pure SU(N) Yang-Mills system with N > 2, transition from the gluon (deconfinement) phase to glueball (confinement) phase is proven to be first order by lattice, no need of tuning parameters as in the EWPT

Zhaofeng Kang, Jiang Zhu & Shinya Matsuzaki, JHEP 21

W. C. Huang, M. Reichert, F. Sannino & Z. W. Wang, PRD21

Adding massless quarks may bring a new PT, chiral PT, and its order is also intrinsic Ad: we proposed the quasi-particle approach with **varying**  $M_g(T)$  to perturbatively deal with this PT

Zhaofeng Kang, Jiang Zhu, and Jun Guo, PRD 23

Lattice shows that chiral PT is firt order for  $N_f \ge 3$  and  $\mu = 0$ 

#### To explore dark-QCD matters

#### Most studies on QCD-like PT is along the T-axis

our universe is in the **high entropy** state, with  $\eta \equiv \frac{n_B}{n_S} \sim 10^{-10}$ , so (relativistic) quark chemical potential was tiny in the early universe:  $\frac{n_B}{s} = \frac{n_+ - n_-}{s} \propto \frac{\mu}{T}$ 

# A large lepton asymmetry $Y_L$ in the neutrino sector changes it?

Yes, but BBN limits  $|Y_L| < 0.01$ , and the resulting GW is not detectable

Dominik J. Schwarz and M. Stuke, JCAP 2009 Fei Gao and Isabel M. Oldengott, PRL 2022 H. w. Zheng, F. Gao, L. Bian, S. x. Qin and Y. x. Liu, PRD 2025 However, this is not necessary in the dark-QCD! The goal of this talk is to address the big role of  $\mu$ 

Critica Point?

400

Vacuum

200

ure (MeV)

Quark-Gluon Plasma

1000

Baryon Chemical Pot Jial - µ<sub>B</sub>(MeV)

200

erconductor

1400

1600

Our dark-QCD is based on three flavor dark quarks in the chiral limit

# An old QCD story NJL at T = 0

#### What are the QCD symmetries?

 $\bigcirc$ 

QCD with  $N_f$  flavor massless quarks  $q^i = q_L^i + q_R^i$ shows chiral symmetries at classical level  $SU(N_f)_V \times SU(N_f)_A \times U(1)_V \times U(1)_A$ 

Anomaly at quantum level

Baryon number

However, not all of these symmetries are shown in the hadron spectrum, which shows the pattern:  $m_{\pi} \ll m_{p}$ 



What is hidden behind them?

It inspires Nambu to introduce spontaneously breaking to QFT and discover the chiral symmetry breaking

#### Pre-QCD: the NJL (Nambu–Jona-Lasinio) model (1961)

To understand the origin of hadron mass, NJL model was proposed to mimic the low energy QCD, including the four-fermion terms



#### Bosonization yia Hubbard-Stratonovich transformation J. Hubbard, PRL, 1959

To describe the four-fermion terms effect, one induces the collective fields  $\sigma = 4G_S \langle \bar{q}q \rangle$  and  $\pi$  in the partial function

$$Const = \int \mathcal{D}[\sigma]\mathcal{D}[\pi_i] \exp\left(i \int d^4x \frac{-1}{4G} \left[ (\sigma + 2G\bar{q}q)^2 + (\pi_i + 2Gi\bar{q}\gamma_5\tau_i q)^2 \right] \right]$$

$$\mathcal{L}_{NJL}^{eff} = \bar{q}_i [i\partial \!\!\!/ - M_i(\sigma)] q_i - V_{NJL}^{tree}(\sigma).$$

The quarks gain constitute mass **(the main mass origin)** from the QCD vacuum with quark condensate

$$M_i(\sigma) = -\sigma - \frac{G_D \sigma^2}{64G_S^2},$$

The tree-level effective potential, plus a zero point energy (next page), used to check if quark condensate could develop

$$\mathcal{V}_{NJL}^{tree}(\sigma) = \frac{3\sigma^2}{8G_S} + \frac{G_D\sigma^3}{128G_S^3}.$$

#### Chiral symmetry breaking

Zero-point energy for each flavor 
$$\frac{1}{2}\omega_i(p) = \frac{1}{2}\left(p^2 + M_i^2(\sigma)\right)^{1/2}$$
  
contributes an effective potential at quantum level

$$\mathcal{V}_{NJL}^{vac} = -4NN_f \int \frac{d^3\mathbf{p}}{(2\pi)^3} \frac{1}{2} \sqrt{\mathbf{p}^2 + M_i^2(\sigma)}$$
$$= -2N_f N \frac{\Lambda^4}{16\pi^2} \left[ (2+\zeta^2)\sqrt{1+\zeta^2} + \frac{\zeta^4}{2} \log\left(\frac{\sqrt{1+\zeta^2}-1}{\sqrt{1+\zeta^2}+1}\right) \right]$$

condense occurs &  $M(\sigma) < \Lambda \Rightarrow$   $\frac{\pi^2}{6} \leq G_S \Lambda^2 \leq 3$ , and this condense  $\langle \sigma \rangle$  will be the order parameter for chiral PT

1.the cut-off  $\Lambda \sim \Lambda_{QCD}$  is built-in in the effective model NJL 2. It is fixed by meson spectrum in real QCD, along with  $G_S$  and  $G_D$ 

# *T* ≠ 0: interplay with gluons in the PNJL



Kenji Fukushima, PLB 2004

#### **Confinement transition in hot pure gauge system**

At  $T_c \sim \Lambda$ , the  $SU(N \ge 3)$  experiences a first order confinement phase transition from the quasi-gluon phase to the glueball phase

The order parameter is the traced Polyakov loop  $\ell = Tr_c L = Tr_c exp(ig\beta A_4^a T^a)$ , gauge invariant and charged under  $Z_N$ 

The  $Z_N$ -invariant Landau free energy  $L[\ell]$  to study PT may be constructed, following the phenomenological approaches, e.g.,

Unlike EWPT, the free energy cannot be calculated simply via the perturbative approach; try this way

Zhaofeng Kang, Jiang Zhu, and Jun Guo, PRD 23

$$V_{PLM}(l, l^*, T) = T^4 \begin{bmatrix} \frac{-b_2(T)}{2} ll^* + \frac{b_3}{6} (l^3 + l^{*3}) + \frac{b_4}{4} (ll^*)^2 \end{bmatrix}$$
  
Fix  $b_i$  by lattice data: order+  
 $b_2(T) = a_0 + a_1 \left(\frac{T_0}{T}\right) + a_2 \left(\frac{T_0}{T}\right)^2 + a_3 \left(\frac{T_0}{T}\right)^3$   
by lattice data: order+  
thermodynamics  
Color number  $a_0 = a_1 = a_2 = a_3 = b_3 = b_4 = b_4$   
 $N = 3 = 6.75 = -1.95 = 2.625 = -7.44 = 0.75 = 7.5$ 

#### **Convey** the confinement effect to guarks

The information of gluon, in particular, confinement is absent in the NJL model, thus considering the  $A_0$  background  $D_{\mu} = \partial_{\mu} + iA_0 \delta_{\mu 0}$ 

$$\mathcal{V}_{NJL}^{T} = -\frac{3T^4}{\pi^2} \int dx x^2 G(x,\sigma,T,\mu)$$

Calculable free energy

When the system has quark asymmetry, at finite *T* one should replace  $H \rightarrow H - \mu N$  with *N* the conserved charge density, i.e.,  $i\mu \bar{q}\gamma^0 q$ 

When there is a constant  $A_4$  background, simply  $\mu \rightarrow \mu - iA_4$ , and thus  $A_4$  is dubbed as the imaginary chemical potential From canonical to grand canonical ensemble

 $V \sim \mathrm{Tr} \log[\mathbf{D}^2(\mathbf{A_0}) + M^2(\sigma)]$ 

#### **Convey** the confinement effect to guarks

#### Where iso the color confinement effect?

$$G(x,\sigma,T,\mu) = \log\left[1 + e^{-3(\sqrt{x^2 + \frac{M(\sigma)^2}{T^2}} + \frac{\mu}{T})} + 3le^{-\sqrt{x^2 + \frac{M(\sigma)^2}{T^2}} + \frac{\mu}{T}} + 3l^*e^{-2(\sqrt{x^2 + \frac{M(\sigma)^2}{T^2}} + \frac{\mu}{T})}\right] + \log\left[1 + e^{-3(\sqrt{x^2 + \frac{M(\sigma)^2}{T^2}} - \frac{\mu}{T})} + 3l^*e^{-2(\sqrt{x^2 + \frac{M(\sigma)^2}{T^2}} - \frac{\mu}{T})}\right]$$

1. At the deconfinement vacuum,  $l \rightarrow 1$ at very high *T* and it reduces to a gas of free & massless Dirac fermions

2. At the confinement vacuum, the  $Z_3$  recovered phase, the order parameter l = 0, and the **baryonic** term dominates, signing the **statistical confinement effect** 

For vanishing chemical potential, the two lines are complex conjugate to each other, thus a real *G*, otherwise we encounter the sign problem

If the KMT coupling  $G_D$  is quite large, then it can drive chiral PT first order, for instance in

### A new story: μdriven cosmic chiral PT

M. Reichert, F Sannino, Zhi-Wei Wang, and Chen Zhang, JHEP,2022

#### To plot the phase diagram

To determine the order of PT, we need to determine the three order fields  $(l(T), l^*, \sigma)$  by solving  $\frac{\partial V_{eff}(T)}{\partial l} = 0, \frac{\partial V_{eff}}{\partial l^*} = 0 \& \frac{\partial V_{eff}}{\partial \sigma} = 0$ 



Chiral PT is first order with  $\sigma$  jumping around  $T_c$ , but *l* is almost continuous during chiral PT, which helps us to reduce the problem into one-dimension

#### The µ-driven dark-QCD phase diagram



2. For a larger  $G_S$ , the critical point shifts towards the obviously smaller chemical potential. This results in a more pronounced FOPT.

#### 1. Require $G_S \Lambda^2 > 1.8$ to realize FOPT

3. Along each line, as  $\mu$  increases, the critical temperature  $T_c$  rapidly decreases and the latent heat release (not shown) also decreases

#### **Cosmic chiral PT: modified bounce equation for** $\sigma$

The composite  $\sigma$  field has no tree level kinematic term, which arises at one-loop level via the wave function renormalization  $Z_{\sigma}$  (see later)

$$S_{E} = 4\pi \int drr^{2} \left( \frac{1}{2Z_{\sigma}} \left( \frac{d\sigma}{dr} \right)^{2} + V_{PNJL}[\sigma, l(\sigma), l^{*}(\sigma), T, \mu] \right)$$

$$\frac{d^{2}\sigma}{dr^{2}} + \frac{2}{r} \frac{d\sigma}{dr} - \frac{1}{2} \frac{Z'_{\sigma}}{Z_{\sigma}} \left( \frac{d\sigma}{dr} \right)^{2} = Z_{\sigma} V'_{PNJL},$$

$$\frac{d\sigma}{dr}|_{r=0} = 0, \quad \sigma|_{r \to \infty} = 0,$$

$$Z_{\sigma}(\sigma) \text{ depends on the order parameter field, inducing a "kinematic term"}$$

equation? Please use the public program by Jiang Zhu & Banghui Hua, <u>2501.15236</u>

#### Cosmic chiral PT: renormalization factor for $\sigma$

$$Z_{\sigma}^{-1} = -\frac{d\Gamma_{\sigma\sigma}(q_{0},\mathbf{q},\sigma)}{d\mathbf{q}^{2}} |_{q_{0}=0,\mathbf{q}^{2}=0} \text{ with } \Gamma_{\sigma\sigma} \text{ the 1Pl 2-point function}$$

$$\mathcal{L}_{NJL}^{eff} = \bar{q}[i\partial - M(\sigma) + \gamma^{0}(\mu - iA_{4})]q - V_{NJL}^{tree},$$
momentum of the quasi quark on the PL background:  $k = (k_{0} + \mu - iA_{4}, \mathbf{k})$ 

$$\sigma \qquad \sigma \qquad \sigma \qquad \psi \qquad \phi \qquad \psi$$

$$Z_{\sigma}^{-1} = 18(1 - \frac{G_{D}\sigma}{4G_{S}^{2}})^{2}[I(0,\sigma) + 4M^{2}(\sigma)\frac{dI(0,\sigma)}{d\mathbf{q}^{2}}] \qquad \text{Order field } \sigma$$
dependent!

#### **Cosmic chiral PT: renormalization factor for** $\sigma$

Calculation of  $I(0, \sigma)$  requires certain technique and we refer to our work, arxiv 2501.15242

$$I(0,\sigma) = \int \frac{d\mathbf{k}^3}{(2\pi)^3} \frac{1}{4E_k^3} \left[ 1 - f_+(\omega,l) - f_-(\omega,l) + E_k \left( \frac{\partial f_+(\omega,l)}{\partial \omega} + \frac{\partial f_-(\omega,l)}{\partial \omega} \right) \right]_{\omega=E_k}$$
$$\frac{dI(0,\sigma)}{d\mathbf{q}^2} = \int \frac{d\mathbf{k}^3}{(2\pi)^3} \frac{1}{16E_k^5} \left[ 3 \left( f_+(\omega,l) + f_-(\omega,l) \right) - E_k \left( \frac{\partial f_+(\omega,l)}{\partial \omega} + \frac{\partial f_-(\omega,l)}{\partial \omega} \right) - 1 \right]_{\omega=E_k}$$

$$\frac{(l^* + 2le^{-\Omega_+})e^{-\overline{\Omega_+}} + e^{-3\Omega_+}}{1 + 3(l + l^*e^{-\Omega_+})e^{-\Omega_+} + e^{-3\Omega_+}}$$

 $f_{-}(\omega, l)$  is obtained with  $l \to l^*$  and  $\Omega_{+} \to \Omega_{-}$  with  $\Omega_{\pm} \equiv (\omega \pm \mu)/T$ 

 $Z(\sigma) < 0$  in some region of  $\sigma$ , indicating that the condensation is unstable and thus unphysical.

## μ-enhanced GW prospect





1. The critical temperature  $T_c$  is dynamically tuned to **cancel two large parts**,  $V_{zero}$  and  $V_{zero}(T)$  in one vacuum to approach zero, so as *T* drops a little below  $T_c$ ,  $\Delta V(T) =$  $V(\sigma_t, T) - V(\sigma_f, T)$  changes dramatically with *T* 

2. in the thin wall limit, where  $S_3(T) \propto 1/\Delta V(T)$ and thus  $\tilde{\beta} \sim -\frac{1}{\Delta V(T)^2} \frac{d\Delta V(T)}{dT}$  tends to be huge, ~  $\mathcal{O}(10^5)$ 

#### Cosmic $\mu$ -driven chiral PT: $\mu$ -flatten

#### Increasing $\mu \sim T_c$ helps to flatten the potential, thus decreasing $T_n$ and $\tilde{\beta}$ at the same time

Phase Transition Parameters of Benchmark B										
Benchmark		$\mu/T_0$		$T_0$	$T_c$	$T_n$	$g_*$	$\alpha$	Τ	$\widetilde{\beta}$
В	7	1.421		$1.4695T_{c}$	10GeV	$0.9992T_{c}$	138	0.0234 /	Ί	791545
В		1.65		$1.9309T_{c}$	$10 \mathrm{MeV}$	$0.99348T_{c}$	53	0.5628		51083
В		1.65		$1.9309T_{c}$	$100 \mathrm{MeV}$	$0.9948T_{c}$	101	0.2953		51083.0
В		1.65		$1.9309T_{c}$	$1 \mathrm{GeV}$	$0.9948T_{c}$	129	0.2312		51083.0
В		1.65		$1.9309T_{c}$	$10 \mathrm{GeV}$	$0.9948T_{c}$	138	0.2167		51083.0
В		1.65		$1.9309T_{c}$	$100 {\rm GeV}$	$0.9948T_{c}$	151	0.1976		51083.0
В		1.8		$3.6122T_{c}$	$10 \mathrm{MeV}$	$0.9261T_{c}$	53	2.2794		2901.27
В		1.8		$3.6122T_{c}$	$100 \mathrm{MeV}$	$0.9261T_{c}$	101	1.1961		2901.27
В	$\setminus$	1.8	/	$3.6122T_{c}$	$1 \mathrm{GeV}$	$0.9261T_{c}$	129	0.9365		2901.27
В		1.8		$3.6122T_{c}$	$10 \mathrm{GeV}$	$0.9261T_{c}$	138	0.8754		2901.27
В		1.8		$3.6122T_{c}$	$100 {\rm GeV}$	$0.9261T_{c}$	151	0.8000		2901.27

#### Cosmic $\mu$ -driven chiral PT: GW prospect

Enhanced gravitational wave prospect due to a large chemical potential  $\mu \sim T_c$ !





Both amplitude and peak are sensitive to  $\mu$ ;  $G_S = 2.2/\Lambda^2$ 

dark-QCD with  $1 \text{GeV} < T_c < 100 \text{ GeV}$ has a good prospect at the Big Bang Observer (BBO)



#### A unification way for asymmetry genesis

Why chemical potential, or asymmetric dark quarks, is of interest?

The SM lacks the ingredients to produce the baryon asymmetric universe

So, why not let the dark-QCD to seed the visible asymmetry?

To obtain a large chemical potential, we take the Affleck-Dine mechanism, generating charge via an evolving classical field:  $n_B = ib(\dot{\phi}^*\phi - \phi^*\dot{\phi})$ 

 $\mathcal{L}_{AD} = |D_{\mu}\phi_{A}|^{2} - m^{2}|\phi_{A}|^{2} + \lambda|\phi_{A}|^{4} + \left(\epsilon \phi_{A}|^{2} \operatorname{Tr}(\phi_{A}^{2}) + \delta \operatorname{Tr}(\phi_{A}^{4}) \neq c.c.\right) + \left(y_{nm}^{L}\phi_{A}^{ij}\psi_{nLi}^{T}C\psi_{mLj} + y_{nm}^{R}\phi_{A}^{ij}\psi_{nRi}^{T}C\psi_{mRj} + c.c.\right),$ 

Integrate over time to accumulate the asymmetry

$$\frac{\mu}{T} \sim \left(\epsilon \frac{18.3\pi^2 g_*^{3/4}}{g_{\psi}}\right)^{1/3} \left(\frac{\phi_0}{m_{\phi}}\right)^{5/6} \left(\frac{\phi_0}{M_{\rm PL}}\right)^{1/2}$$

 $\phi_A$  is in **the antisymmetric** rank two tensor representation of SU(N), and either term can break the dark baryon number

#### Conclusion and discussion

A dark-QCD sector is well motivated in new physics models, and it may experience an intrinsic first order PT, thus a source of stochastic GW signal

However, the resulting GW amplitude usually is very small because of the very short PT duration (much shorter than the Hubble time scale), leading to the suppressed GW release

We explore the chiral PT driven by a large chemical potential, and find that it can change the situation and makes chiral PT with  $T_c \sim (1 \text{ GeV}, 100 \text{ GeV})$ observable at BBO

Thanks for your attention!