## Frontiers in Nuclear Lattice EFT: From Ab Initio Nuclear Structure to Reactions

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## Hypernuclei on the lattice

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Understanding the strong interaction beyond the up and down quark sector is crucial for an accurate and comprehensive description of nuclear forces. The inclusion of hyperons, in particular the  $\Lambda$ , extends the nuclear chart to a third dimension. We therefore present an extension of the NLEFT framework to the strangeness sector. In particular we focus on light to medium mass hypernuclei in the S=-1 sector.

Presenter: HILDENBRAND, F.