Dense-Matter Nuclear Physics and Astrophysics in the Multimessenger Era

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How does matter behave under cosmic extreme conditions?

• heavy element production



binary mergers









core-collapse supernovae

• tests of strong-field GR



Nuclear Landscape **HEAVEN AND EARTH Connecting Atomic Nuclei** to Neutron Stars systems that differ in size by 18 orders of magnitude! ICER · SEXTAN LARUM, SCIENTIA F Soft X-ray Timing **Pulsar Timing Gravitational Waves** Heavy-ion Collisions Chiral Effective Field Theory **Neutron Skins** 2023 Long Range Plan

Laboratory for theoretical physics



- no terrestrial experiments can probe such high densities
- reliable first-principle calculations break down at the strongly-interacting regime
- can't calculate properties of cold dense matter; must observe!

credit: Dany Page

Dense matter in NSs

- stable nuclei
- neutron-rich nuclei
- neutron-rich nuclei with quasi-free neutrons
- homogeneous nucleonic matter
- exotica

Fundamental questions

- what are the most relevant lower-energy degrees of freedom?
- how does deconfinement evolve as T->0 on the QCD phase diagram?



Limiting ground state EoS: mass-radius obs.

pulsar timing (radio) can accurately measure masses

- most are between $1.2M\odot$ and $1.5M\odot$; lowest well-measured mass is $1.174 \pm 0.004M\odot$, highest are $2.08 \pm 0.07M\odot$ and $2.01 \pm 0.04M\odot$
- higher masses are found for some sources (notably black widow pulsars) but these estimates have large uncertainties

x-ray observations yield radii, but uncertain to a few km:

- quiescent binary sources in globular clusters
- thermonuclear explosions leading to photospheric radius expansion bursters on accreting neutron stars in binaries
- pulse **profile modeling of hot spots** on rapidly rotating neutron stars, e.g., *Neutron Star Interior Composition ExploreR (NICER)* mission

gravitational waves from merging binary neutron stars (BNSs) measure masses and tidal deformabilities

GW probes of NS radii/deformability



GW probes of NS radii/deformability

- tidal deformability depends on the EoS and the compactness M/R
- matter effects [NSs] leave imprints in the waveform - distinguish from point-particles [BHs]
- much cleaner systematics





A NICER VIEW OF PSR J0437-4715 (new!)



Bounds from nucl-th + causality



Drischler, **SH**, Lattimer, Prakash, Reddy and Zhao, **arXiv:2009.06441**

- pressure at low densities [outer core] controls typical NS radii: stiff or soft?
- reliably quantified uncertainties from chiEFT for betaequilibrated NSM
- absolute causal limits imposed at high densities
- confronted with data: interplay between M_max and NS radii

Pressure vs. density - current status



- towards a converging picture of the EoS at intermediate densities
- GW170817+190425, NICER J0030 & J0740, and massive pulsars

Speed of sound constraints

Legred et al. (including **SH**), <u>arXiv:2106.05313</u>



GW230529 (new!)



NSBH mergers

LVK collaboration arXiv:2106.15163

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Observation of Gravitational Waves from Two Neutron Star-Black Hole Coalescences

	GW200105		GW200115	
	Low Spin $(\chi_2 < 0.05)$	High Spin $(\chi_2 < 0.99)$	Low Spin $(\chi_2 < 0.05)$	High Spin $(\chi_2 < 0.99)$
Primary mass m_1/M_{\odot}	$8.9^{+1.1}_{-1.3}$	$8.9^{+1.2}_{-1.5}$	$5.9^{+1.4}_{-2.1}$	$5.7^{+1.8}_{-2.1}$
Secondary mass m_2/M_{\odot}	$1.9\substack{+0.2\\-0.2}$	$1.9\substack{+0.3\\-0.2}$	$1.4\substack{+0.6\\-0.2}$	$1.5\substack{+0.7\\-0.3}$
Mass ratio q	$0.21\substack{+0.06\\-0.04}$	$0.22\substack{+0.08\\-0.04}$	$0.24\substack{+0.31\\-0.08}$	$0.26\substack{+0.35\\-0.10}$
Total mass M/M_{\odot}	$10.8\substack{+0.9\\-1.0}$	$10.9^{+1.1}_{-1.2}$	$7.3^{+1.2}_{-1.5}$	$7.1^{+1.5}_{-1.4}$
Chirp mass \mathcal{M}/M_{\odot}	$3.41\substack{+0.08\\-0.07}$	$3.41\substack{+0.08\\-0.07}$	$2.42\substack{+0.05\\-0.07}$	$2.42\substack{+0.05\\-0.07}$
Detector-frame chirp mass $(1 + z)M/M_{\odot}$	$3.619\substack{+0.006\\-0.006}$	$3.619\substack{+0.007\\-0.008}$	$2.580\substack{+0.006\\-0.007}$	$2.579\substack{+0.007\\-0.007}$
Primary spin magnitude χ_1	$0.09\substack{+0.18\\-0.08}$	$0.08\substack{+0.22\\-0.08}$	$0.31\substack{+0.52\\-0.29}$	$0.33\substack{+0.48\\-0.29}$
Effective inspiral spin parameter χ_{eff}	$-0.01\substack{+0.08\\-0.12}$	$-0.01\substack{+0.11\\-0.15}$	$-0.14\substack{+0.17\\-0.34}$	$-0.19_{-0.35}^{+0.23}$
Effective precession spin parameter χ_p	$0.07\substack{+0.15 \\ -0.06}$	$0.09\substack{+0.14\\-0.07}$	$0.19\substack{+0.28\\-0.17}$	$0.21\substack{+0.30\\-0.17}$
Luminosity distance $D_{\rm L}/{\rm Mpc}$	280^{+110}_{-110}	280^{+110}_{-110}	310^{+150}_{-110}	300^{+150}_{-100}
Source redshift z	$0.06\substack{+0.02\\-0.02}$	$0.06\substack{+0.02\\-0.02}$	$0.07\substack{+0.03\\-0.02}$	$0.07\substack{+0.03\\-0.02}$

Table 2Source Properties of GW200105 and GW200115

no information on matter effects no significant EM detections

- GW200105: ~1.9 + ~9 solar masses
- GW200115: ~1.5 + ~6 solar masses

see events of GWTC-3: arXiv:2111.03606

Opportunities beyond the EoS



- thermal evolution neutrino emissivity, stellar superfluids [nuclear theory, transport prop.]
- merger dynamics with astro/GW signals - out-of-equilibrium (visc.) physics; composition details [simulations, nucleosynthesis]
- next Galactic supernova?
 [neutrino physics]
- spin-down, glitches, asteroseismology, [hydrodynamics, GR, nucl-th]
- ...and more add your own!

Rev. Mod. Phys. 88, 021001 (2016)

Long-term thermal evolution

Core: neutrino losses; isothermal

Crust & envelope: dominates early evolution of young NSs $<\sim$ 100 yrs

- heat flow (inwards & outwards): $\frac{dT(r)}{dr} = -\frac{1}{K} \frac{L_{\gamma}(r)}{4\pi r^2}$ conduction
- heavy vs. light elements
- crust thickness

Surface: photon emission; observable

Neutrino reactions

- $\frac{dE_{th}}{dt} = C_{\nu}\frac{dT}{dt} = -L_{\nu} L_{\gamma}$ • enhanced (core dUrca)
- slow: mUrca, brems.
- medium: pair-breaking-formation





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 $au_{
m th} \sim rac{C_v l^2}{\prime\prime}$

standard

e.g. cooling accreting NSs

transiently accreting NSs in LMXBs (with low magnetic fields)

Surface, ocean & envelope

• thermonuclear bursts; shallow heating (?)

Deep-crustal heating Brown et al. (1998); Haensel & Zdunik (1990, 2003)

- electron capture; pycnonuclear; neutron emission, transfer & absorption
- time-averaged accretion rate

$$L_{\rm dh} = Q imes rac{\dot{M}}{m_{
m N}} pprox 6.03 imes 10^{33} \left(rac{\dot{M}}{10^{-10} \, {
m M}_{\odot} \, {
m yr}^{-1}}
ight) rac{Q}{
m MeV} \, erg \, s^{-1}$$

• accreted crust replaces original (catalyzed) crust



Quiescent NSs: thermal equilibrium observables

• quasi-stationary state $L^{\infty}_{dh}(\dot{M}) = L^{\infty}_{\gamma}(T_s) + L^{\infty}_{\nu}(T_i), T_s = T_s(T_i)$

BNS merger dynamics



Bulk viscous phase in merger



Most et al. ApJL 967, L14 (2024)

- remnant evolution: impact of weak-interaction driven out-of-equilibrium dynamics; phase shift of the gravitational-wave spectrum
- dissipation via **nucleonic** Urca processes on a millisecond timescale
- different channels of chemical equilibration for hyperons, quarks etc. -> bulk viscosities with different dependencies on temperature and density

Nucleosynthesis - origin of heavy elements



Heavy elements (heavier than iron):

the nucleosynthesis was a mystery for decades

Main processes:

Proton-rich process (p process)- ~0.1%-1% ;

neutron capture process:

s process (slow neutron capture) ~50%, up to ²¹⁰Bi; r process (rapid neutron capture) ~50%

Heavy element nucleosynthesis---multimessenger astronomy

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NS physics and MMA - a glimpse

Supernovae and BNS mergers

- explosive environment: high entropy, short expansion, neutron-rich matter
- high-performance computing (HPC)
- observatories for GW & electromagnetic counterparts

Theory & simulation

- neutrino scattering & absorption in a dense medium: dynamical response
- sensitivity to finite-temperature EoSs: electron fraction Ye; heat transport (diffusion, convection) by neutrinos
- neutrino oscillation: luminosity in different flavors
- nucleosynthesis: predict amount & composition of ejecta
- hydrodynamics, numerical relativity, magnetic field.

NS physics and MMA - a glimpse

GW detection in mergers

- pre-merger (inspiral): dense matter EoS and tidal effects are important; mass, radius and tidal deformability affect GW spectra -> distinguish EoSs!
- merger: complicated evolution of temperature and density; viscosity & oscillation modes; ejecta, r-process nucleosynthesis and jets..
- post-merger: remnant GW signals (NS or BH? evolution of rotation?); attendant gamma-ray, x-ray, optical and infrared signals: multi-messenger tools

Future

- more data from merger events will enable systematic analysis: prospects for future detections to discern possible phase transition at supra nuclear densities
- continuous GW sources, e.g. mountains on a NS or CFS-unstable modes

Stellar vibrations - asteroseismology

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stable oscillation modes ("ringing") -

- *f*-mode (fundamental mode) scales with average density
- *p*-mode (pressure mode) probes the sound speed
- *g*-mode (gravity mode) sensitive to <u>composition</u>/thermal gradients
- *w*-mode, *s*-mode, *i*-mode/*r*-mode..



small amplitude oscillations ->
weak, continuous emission of GWs

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promising sources for XG detectors



g-mode with bulk viscous phase



- bulk viscous damping increases significantly with temperature
- **dissipative effects** can completely suppress composition *g*-modes



Recap: Dense matter science with NSs

- Can we relate multi-messenger observations of NSs to terrestrial experiments and ultimately understand the connections to QCD?
- MMA window on matter at densities and isospins not otherwise reachable
- some guidance on transport properties from experimental measurements
- range of validity for microscopic theories and modeling of dense matter



Key Questions of Interest II



- NS cooling studies provide unique information on its composition
- unknown origin of enhanced nu-emission observed in transiently accreting NSs
- direct Urca processes with exotic particles or prevalent superfluid component?
- brand new opportunity upcoming data from the youngest NS1987A!

Key Questions of Interest III





- Future prospects of detecting continuous GWs
- the most promising source? implications for dense matter properties
- "mountains" on NSs crust ellipticity; excited fluid modes of oscillation core viscosity
- Post-merger dynamics, next Galactic supernova test numerical simulations
- the universality of phase transition-like signatures? what about smooth crossovers?

e.g. softening effects on post-merger GWs



Key Questions of Interest IV

- What are the maximum and minimum masses of neutron stars?
- implications for the EoS, the fate of CCSNe and post-merger remnant evolution
- BH minimum mass (is there a mass gap?); the total number of stellar-mass BHs
- puzzles about stellar evolution, the progenitor mass, and formation mechanism
- do DM particles interact with NSs and manifest themselves somehow?



THANK YOU!

Q & A