High Reheating Temperature without Axion Domain Walls

based on arXiv: 2509.24812 Shota Nakagawa, Yuichiro Nakai, Yu-Cheng Qiu, Lingyun Wang and Yaoduo Wang

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- 2 Challenges with the Inflation
 - During inflation
 - After inflation
- 3 Realization and Results



Post-inflation PQ breaking and DWs

Introduction



Why high reheating temperature (and small axion decay constant)?

- high reheating temperature $T_R \to \text{favored}$ by leptogenesis [Fukugita, Yanagida (1986)...]
- small axion decay constant (at current) $f_a \rightarrow$ detectability [Irastorza et. al.(2018), Irastorza(2022), Caputo et. al.(2024)...]



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Solutions?

PQ breaking bias terms
 [Vilenkin (1981), Sikivie (1982),
 Gelmini et. al. (1989)...]
 → fine-tuning?

(Copyright K. A. Beyer and S. Sarkar) $f_a \ll T_R$ ("post-inflation") $N_{DW}=2$ (domain walls take over)



Post-inflation PQ breaking and DWs



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Solutions?

- PQ breaking bias terms
 [Vilenkin (1981), Sikivie (1982),
 Gelmini et. al. (1989)...]
 → fine-tuning?
- symmetry non-restoration [Dvali et. al. (1995, 1996)...]

Symmetry non-restoration



$$V^{eta}(|\Phi|) = c_2 |\Phi|^2 T^2 + \mathcal{O}(T^3)$$
 $c_2 < 0$ V_{eff} Restoration Non-restoration

Non-restoration can be realized by additional scalar(s) coupled to PQ field(s)



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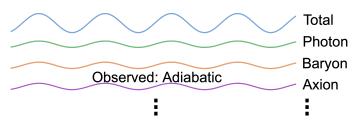


Realization and Results

Problem during inflation



CMB Energy Density Fluctuations



Fluctuations are spatially in phase (CMB anisotropy obervations e.g. WMAP and Planck)

$$\alpha_c \equiv \frac{\mathcal{P}_{S_c}}{\mathcal{P}_{\zeta} + \mathcal{P}_{S_c}} < 0.033$$

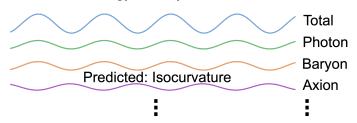
- $\mathcal{P}_{\zeta} \simeq 2 \times 10^{-9}$: curvature pert. power spectrum
- \mathcal{P}_{S_a} : isocurvature pert. power spectrum



Problem during inflation



CMB Energy Density Fluctuations



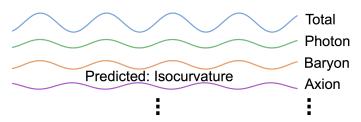
PQ field(s) develop uncorrelated phase(s) $\delta\theta \sim H_{\rm inf}/(2\pi f_a)$ during inflation.

$$\mathcal{P}_{S_c} = \left(\frac{\delta\Omega_a}{\Omega_c}\right)^2 \simeq 1.4 \times (\theta^2 + \delta\theta^2) \left(\frac{H_{\rm inf}}{2\pi f_a}\right)^2 \left(\frac{f_a}{10^{12}\,{\rm GeV}}\right)^{2.38}$$

 $f_a \sim 10^{12} {\rm GeV} \rightarrow H_{\rm inf} \lesssim 10^8 {\rm GeV}...$ Unavoidable if PQ was already broken before inflation.



CMB Energy Density Fluctuations



If PQ field(s) had a much larger VEV during inflation Linde (1991)]... $\delta\theta \sim H_{\rm inf}/(2\pi f_{\rm inf})$ during inflation

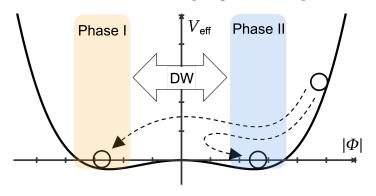
$$\mathcal{P}_{S_c} = \left(\frac{\delta\Omega_a}{\Omega_c}\right)^2 \simeq 1.4 \times (\theta^2 + \delta\theta^2) \left(\frac{H_{\rm inf}}{2\pi f_{\rm inf}}\right)^2 \left(\frac{f_a}{10^{12}\,{\rm GeV}}\right)^{2.38}$$

Isocurvature perturbation is suppressed, as $f_a \sim 10^{12} \text{GeV}, f_{\text{inf}} \sim 0.1 M_{\text{Pl}} \to H_{\text{inf}} \lesssim 10^{14} \text{GeV}$

Problem in the reheating epoch



Parametric resonance induced topological defects production



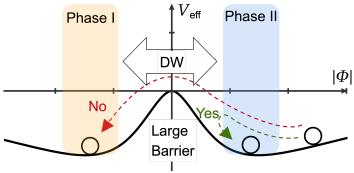
Potential for spontaneously breaking $U(1)_{PQ}$

Solution to parametric resonance



How to control the parametric resonance to avoid transitions to different vacua?

• A large potential barrier



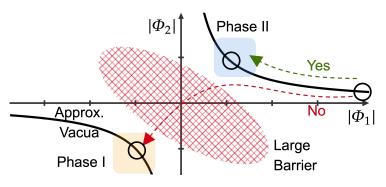
Any natural realization?



Solution to parametric resonance



Schematic realization of the large potential barrier [Kasuya, Kawasaki, Yanagida(1997), Kawasaki, Sonomoto(2018), Kawasaki, Sonomoto, Yanagida(2018)]



$$V_0 \supset \lambda |\Phi_1 \Phi_2 - v^2|^2 + m_1^2 |\Phi_1|^2 + m_2^2 |\Phi_2|^2$$



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The model



In the KSVZ framework,

$$V_{0} = \lambda \left| \Phi_{+} \Phi_{-} - v^{2} \right|^{2}$$

$$+ m_{+}^{2} \left| \Phi_{+} \right|^{2} + m_{-}^{2} \left| \Phi_{-} \right|^{2}$$

$$+ \lambda_{\phi s} s^{2} \left(\Phi_{+} \Phi_{-} + \text{c.c.} \right)$$

$$+ \frac{\mu_{s}^{2}}{2} s^{2} + \frac{\lambda_{s}}{4} s^{4}$$

$$+ y \left(\Phi_{+} + \Phi_{-}^{*} \right) \bar{\psi} \psi$$

- Φ: PQ fields
- s: scalar singlet
- ψ : KSVZ quarks

Unzip axion

$$\Phi_+ = \frac{\Phi_1 + \Phi_2}{\sqrt{2}} \; , \quad \Phi_- = \frac{\Phi_1^* - \Phi_2^*}{\sqrt{2}} \; .$$

$$\Phi_1 = \frac{\phi}{\sqrt{2}} e^{ia/v_{PQ}}, \quad \Phi_2 = \frac{\xi + i\eta}{\sqrt{2}} e^{ia/v_{PQ}}$$

- a: axion
- ϕ, ξ, η : real scalars
- $v_{PQ} = \sqrt{\langle \phi \rangle^2 + \langle \xi \rangle^2 + \langle \eta \rangle^2}$
- $(v_{PQ})_{inf} \sim 0.1 M_{Pl}$ due to (negative) Hubble induced mass

Thermal masses at high-temperature



PQ fields - scalar singlet coupling highlighted

Debye mass (finite temperature mass shifts)

$$V_0 \supset \frac{\lambda_{\phi s}}{2} s^2 \phi^2 - \frac{\lambda_{\phi s}}{2} s^2 \left(\xi^2 + \eta^2\right)$$

$$\Pi_{\phi} = \left(\sum_{j} \frac{y_j^2}{2} + \frac{\lambda}{16} + N_s \frac{\lambda_{\phi s}}{12}\right) T^2 ,$$

$$V_{\text{eff}}(\phi, \xi, \eta, s, T) = V_0 + V_1^{\beta} + \cdots$$

$$\Pi_{\xi} = \left(\frac{\lambda}{16} - N_s \frac{\lambda_{\phi s}}{12}\right) T^2 ,$$

Leading order finite temperature correction

temperature correction
$$\Pi_{\eta} = \left(\frac{5\lambda}{48} - N_s \frac{\lambda_{\phi s}}{12}\right) T^2 ,$$

$$V_1(T)^{\beta} = \sum_{i=\phi,\xi,\eta,s,\psi_j} \frac{n_i T}{2} \sum_{n=-\infty}^{\infty} \int \frac{d^3 \vec{k}}{(2\pi)^3} \Pi_s = \left((N_s + 2)\frac{\lambda_s}{12} - \frac{\lambda_{\phi s}}{12}\right) T^2 ,$$

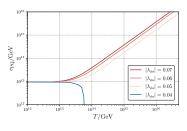
$$\times \log \left[\vec{k}^2 + \omega_n^2 + m_i^2(\phi, \xi, \eta, s) + \Pi_i(T) \right]$$
For $\lambda_{\phi s} < 0$ and proper N_s , $\Pi_{\phi} < 0$ can be realized

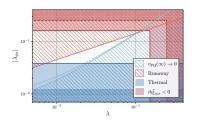
For
$$\lambda_{\phi s} < 0$$
 and proper N_s , $\Pi_{\phi} < 0$ can be realized

Parameter spaces



The parameter space opens up in the presence of one scalar singlet





- $f_a = 10^{12} \text{GeV}$
- $\lambda = 0.03, \, \lambda_s = 0.8$
- $\mu_s = 4 \times 10^{12} \text{GeV}, \ \mu_{\xi} = \mu_{\eta} = 2 \times 10^{12} \text{GeV}, \ m_{\psi} = 10^{11} \text{GeV}$
- $N_s = 1, N_{DW} = N_{\psi} = 10$



Summary



- small f_a and large T_R without the domain wall problem
- one extra scalar singlet
 - PQ symmetry retains unbroken through entire the thermal history
- two PQ scalars with large VEVs during inflation
 - suppress isocurvature perturbation
 - avoid parametric resonance production of topological defects

Thank you for your attention

