



山东大学
SHANDONG UNIVERSITY

Polarized ^3He Using Optical Pumping

Xiaqing Li (李夏卿)

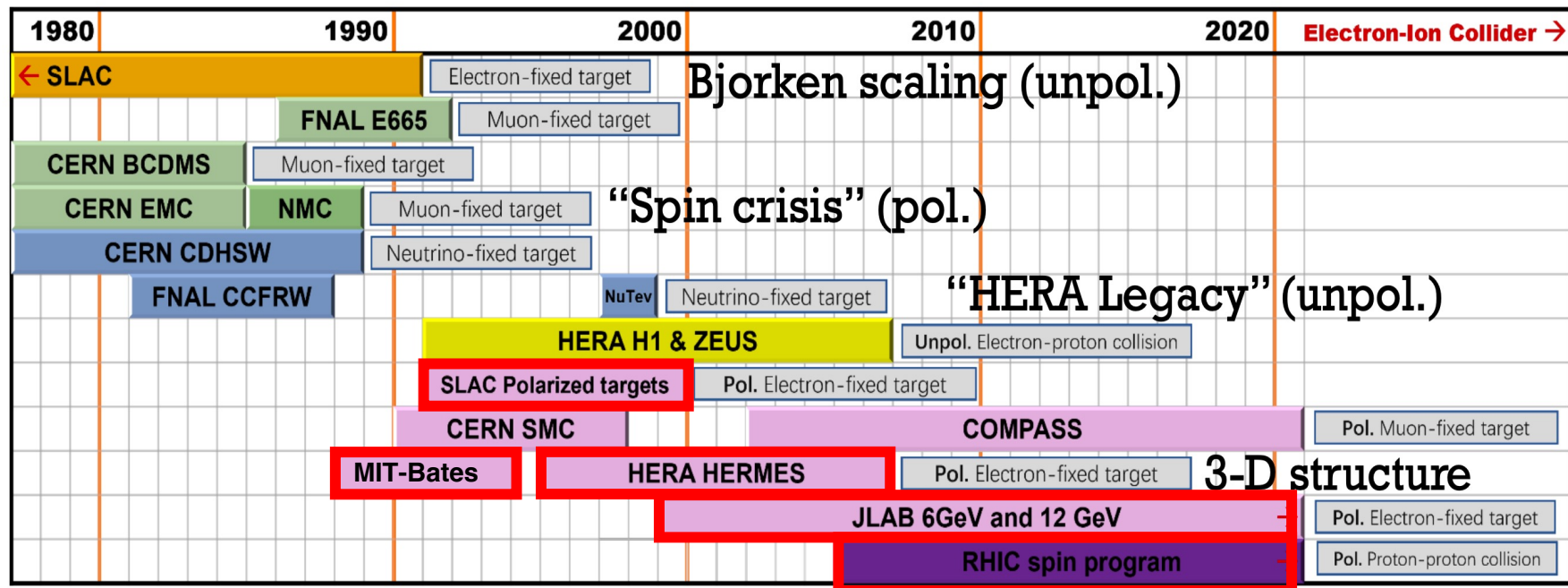
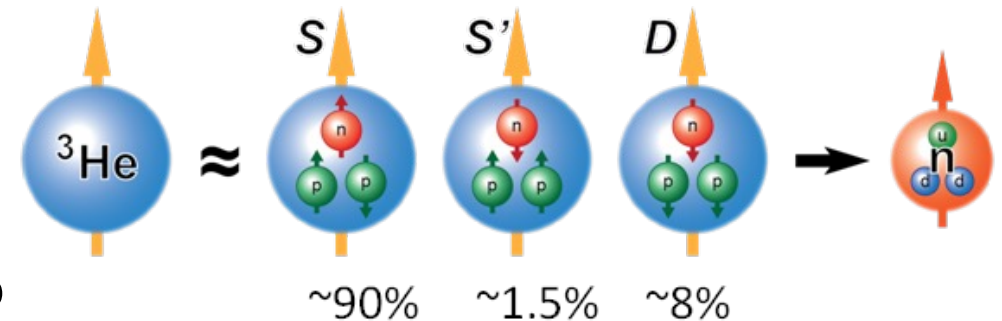
Shandong University

The 1st Conference on Strong-Interaction Spin Physics

Qingdao, July 29, 2026

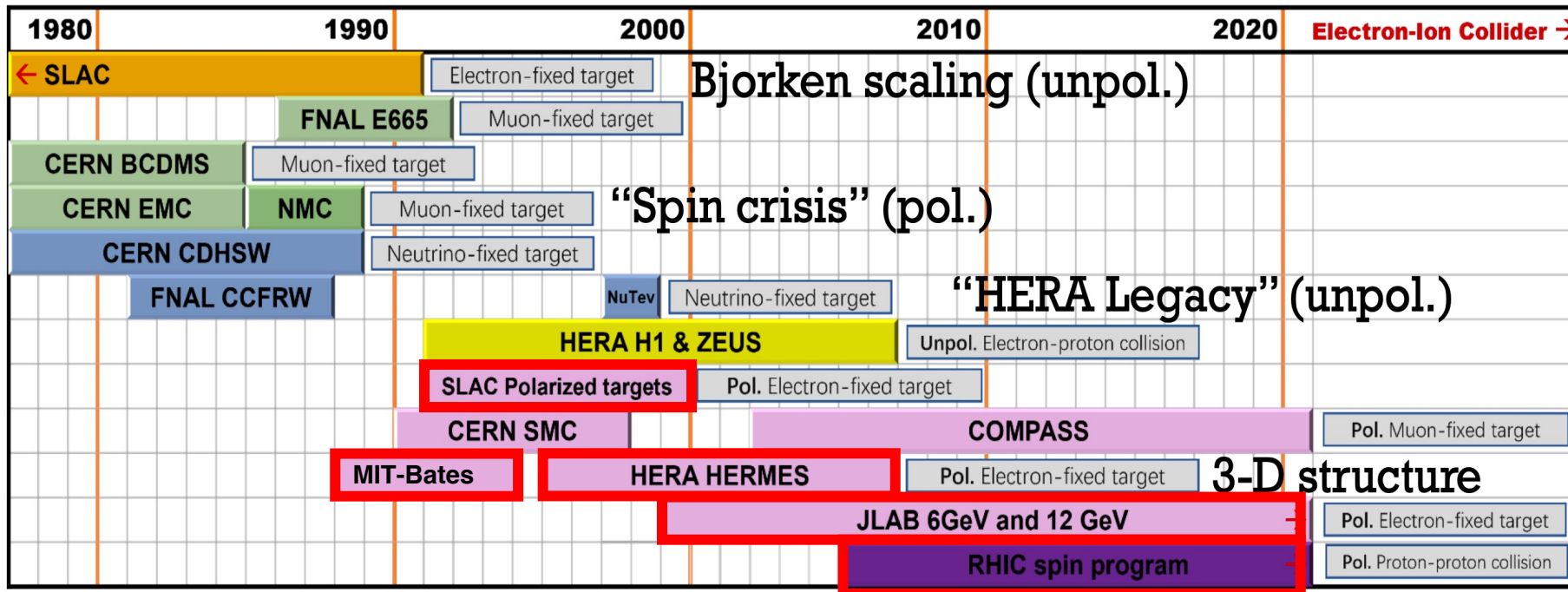
Polarized ^3He : Effective Polarized Neutron

- ^3He nucleus: S state $\sim 90\%$
 - 2 proton spins anti-parallel
 - Neutron carries most of the nuclear spin
- Widely used in lepton scattering experiments to study neutron electromagnetic and spin structure



How to Polarize ^3He Nucleus

- 💡 Optical pumping techniques {
- Spin-exchange optical pumping (**SEOP**)
 - Metastability-exchange optical pumping (**MEOP**)



SEOP approach

- MIT-Bates
- SLAC
- JLab
- TUNL

MEOP approach

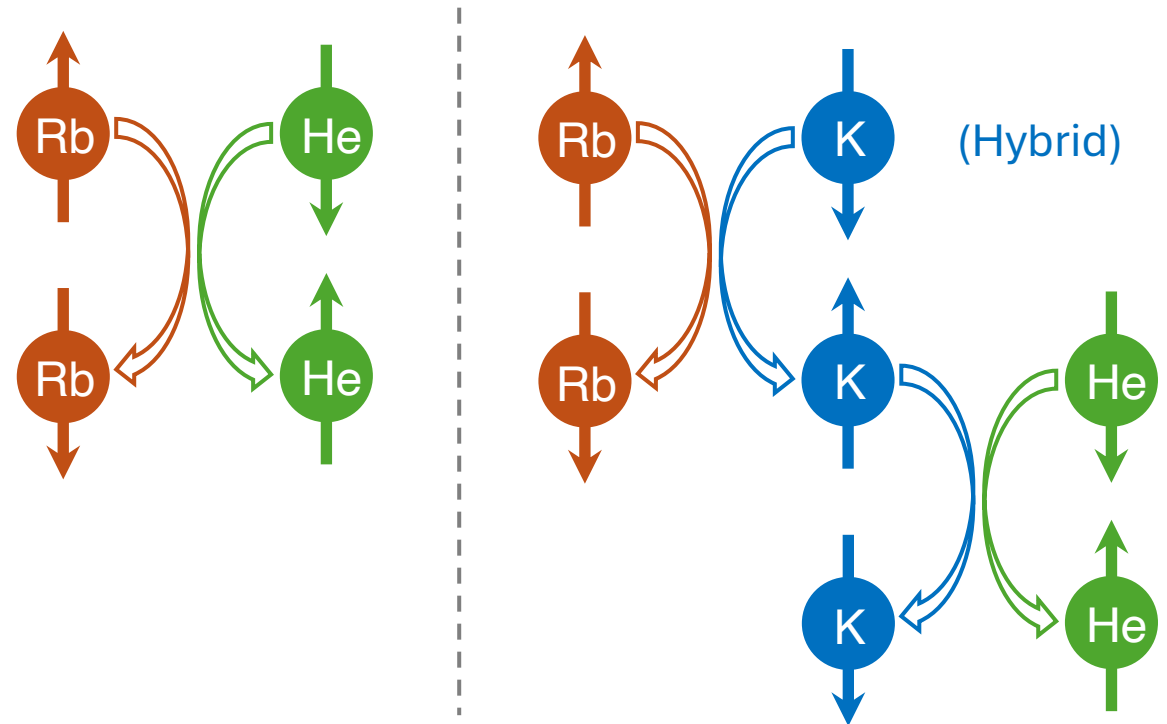
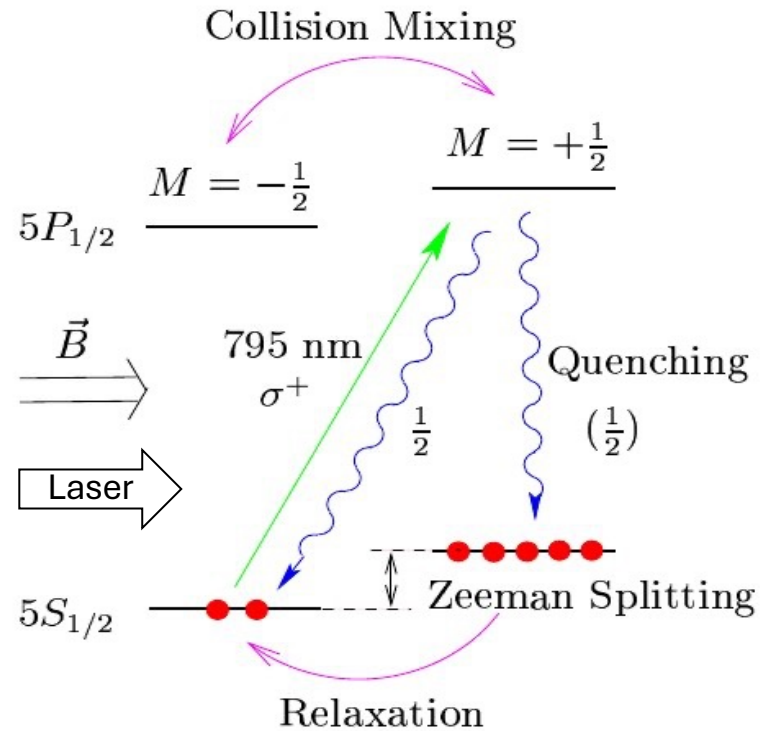
- MIT-Bates
- HERMES
- MAMI
- (JLab)
- (RHIC)

❖ May also use Atomic Beam Source (ABS) method to polarize ^3He nucleus

Spin-Exchange Optical Pumping (SEOP)

- I. Optically pump alkali-metal atoms in ^3He gas mixture
- II. Spin exchange between alkali electrons and ^3He nuclei

Bouchiat, Carver, and Varnum, PRL 5, 373 (1960)

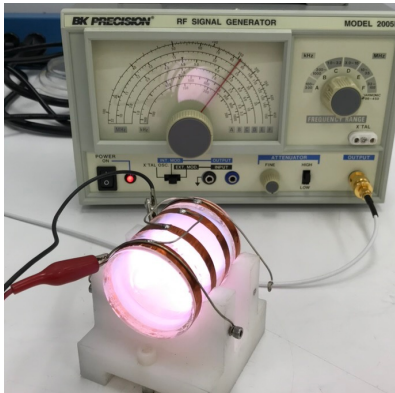


Spin-exchange collisions

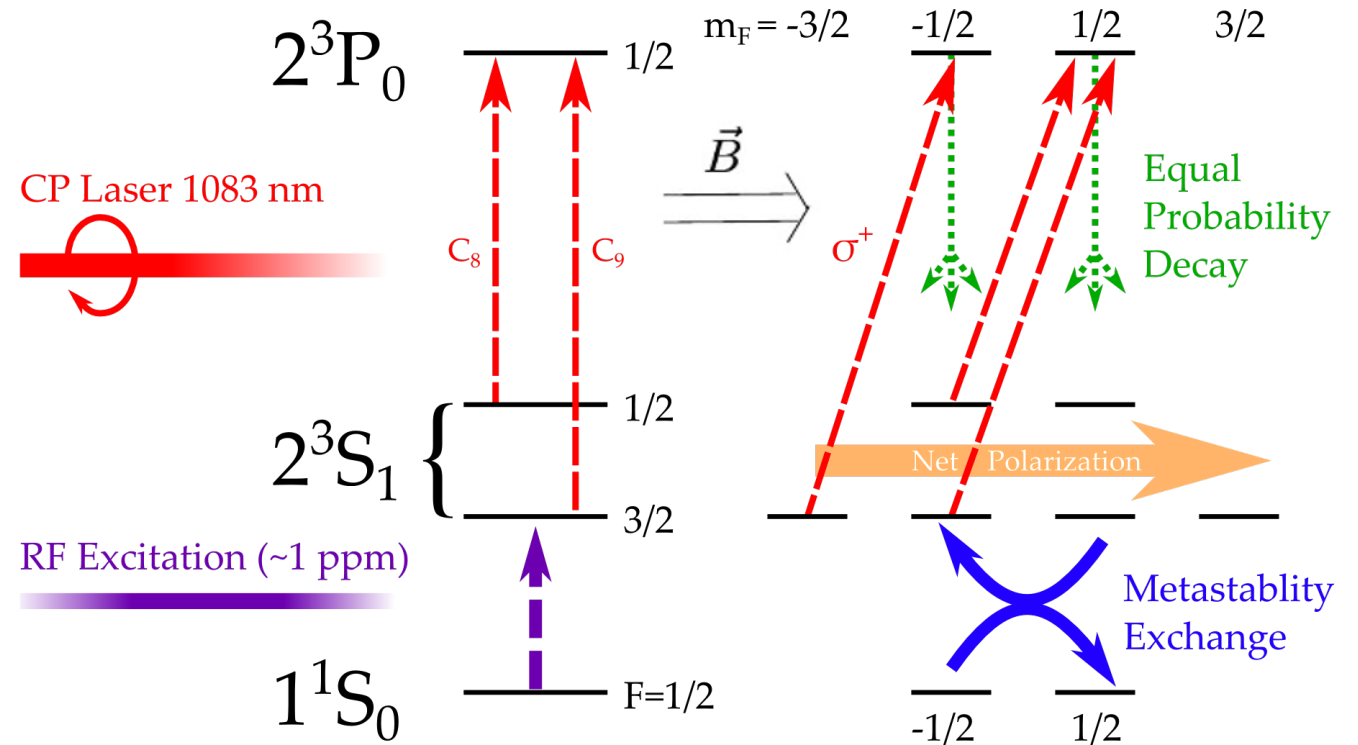
Metastability-Exchange Optical Pumping (MEOP)

- I. RF excitation: promote a small portion of ^3He atoms to metastable state 2^3S_1

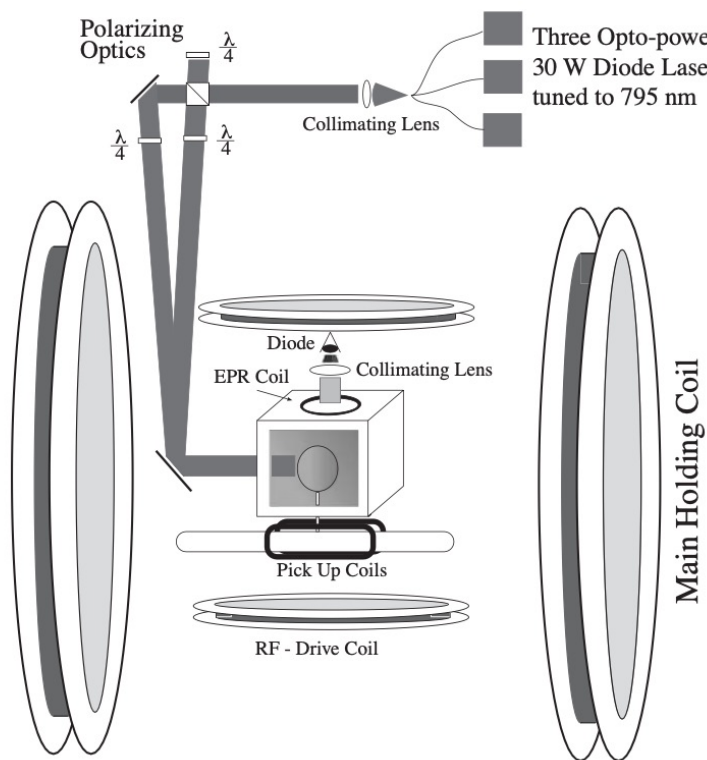
Colegrove, Schearer, Walters, PRL 132, 2561 (1963)



- II. Optical pumping: laser driven polarization of 2^3S_1 atoms
- III. Metastability exchange collisions between 2^3S_1 and ground state polarize ^3He nuclei



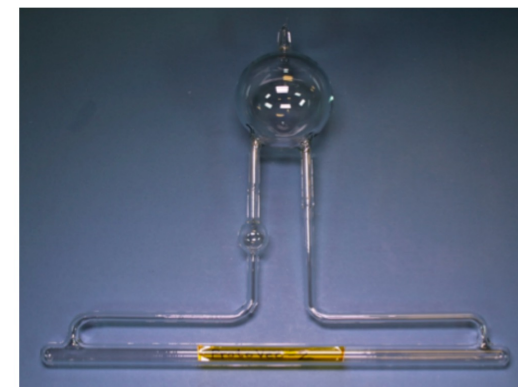
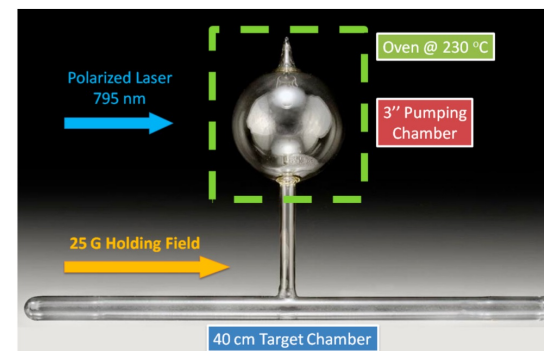
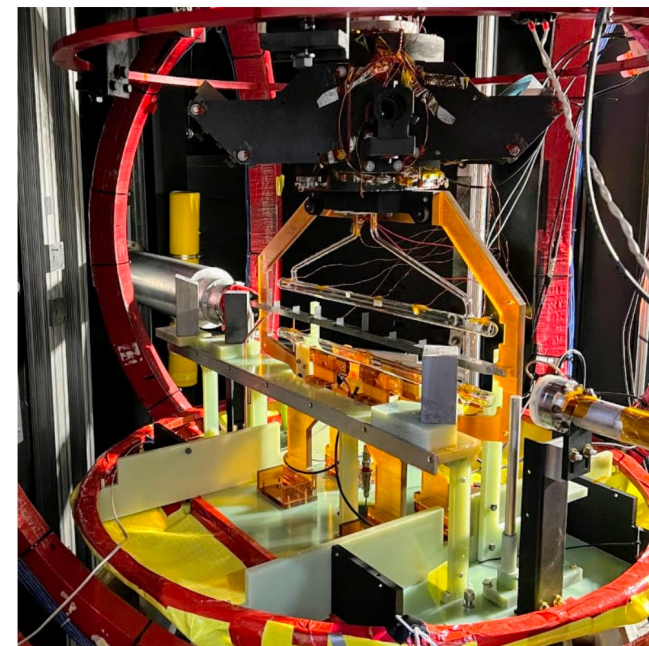
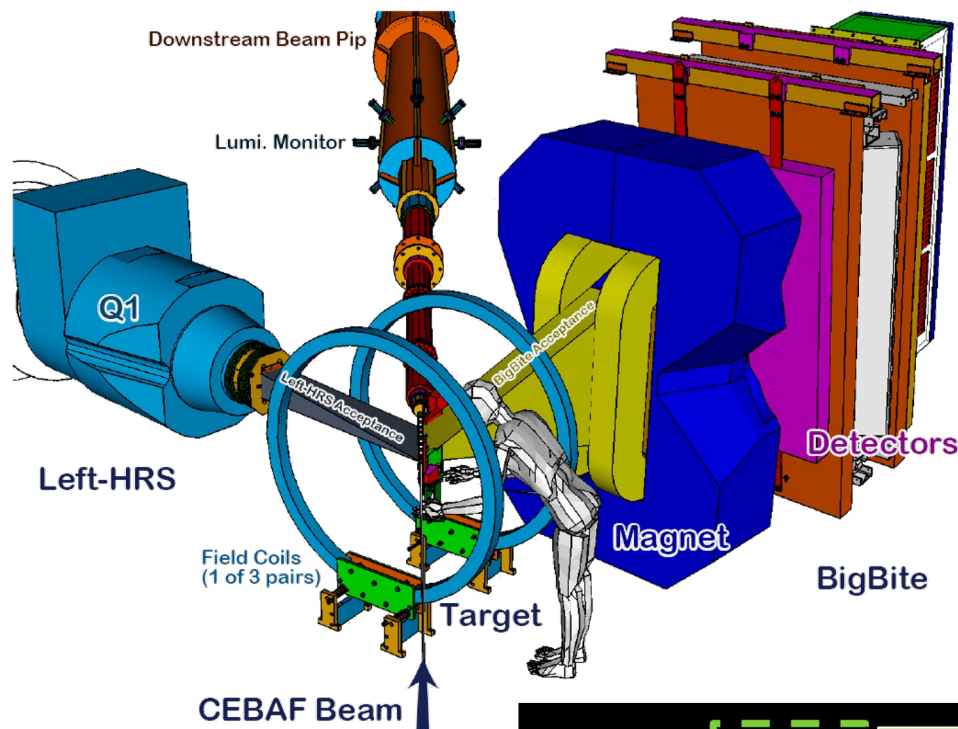
Polarized ^3He Targets at Jefferson Lab Hall A



J. Alcorn et al., NIM-A 522, 294 (2004)

^3He nuclear polarization: 30-55%

Target thickness: 10^{22} nucl./cm 2 @ 40 cm, 10 bar

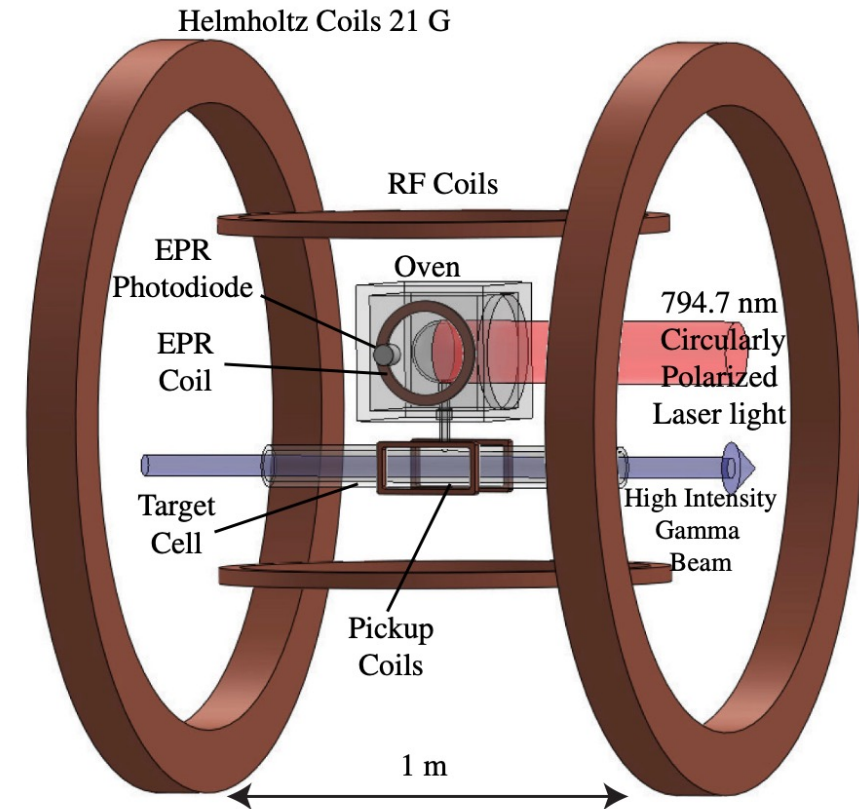


Polarimetry Methods for SEOP

➤ Nuclear Magnetic Resonance (NMR)

- Adiabatic Fast Passage
 - transverse RF signal with swept frequency
 - ^3He spin flipped at Larmor frequency
 - pick up the spin precessing signal
- Free Induction Decay
 - transverse RF pulse at Larmor frequency
 - ^3He spin tilted by a small angle
 - measure the transverse relaxation time of FID

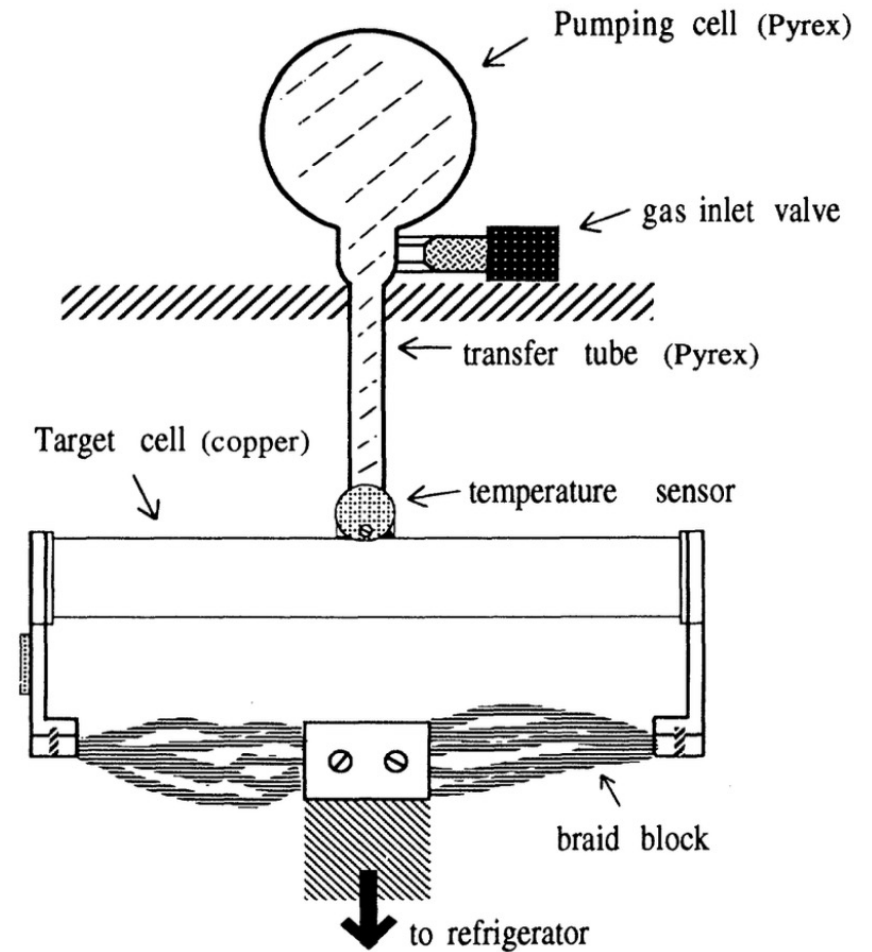
➤ Electron Paramagnetic Resonance (EPR)



T.R. Gentile *et al.*, Rev. Modern Phys. 89, 045004 (2017)

Polarized ^3He Target for MIT-Bates 88-02 Experiment

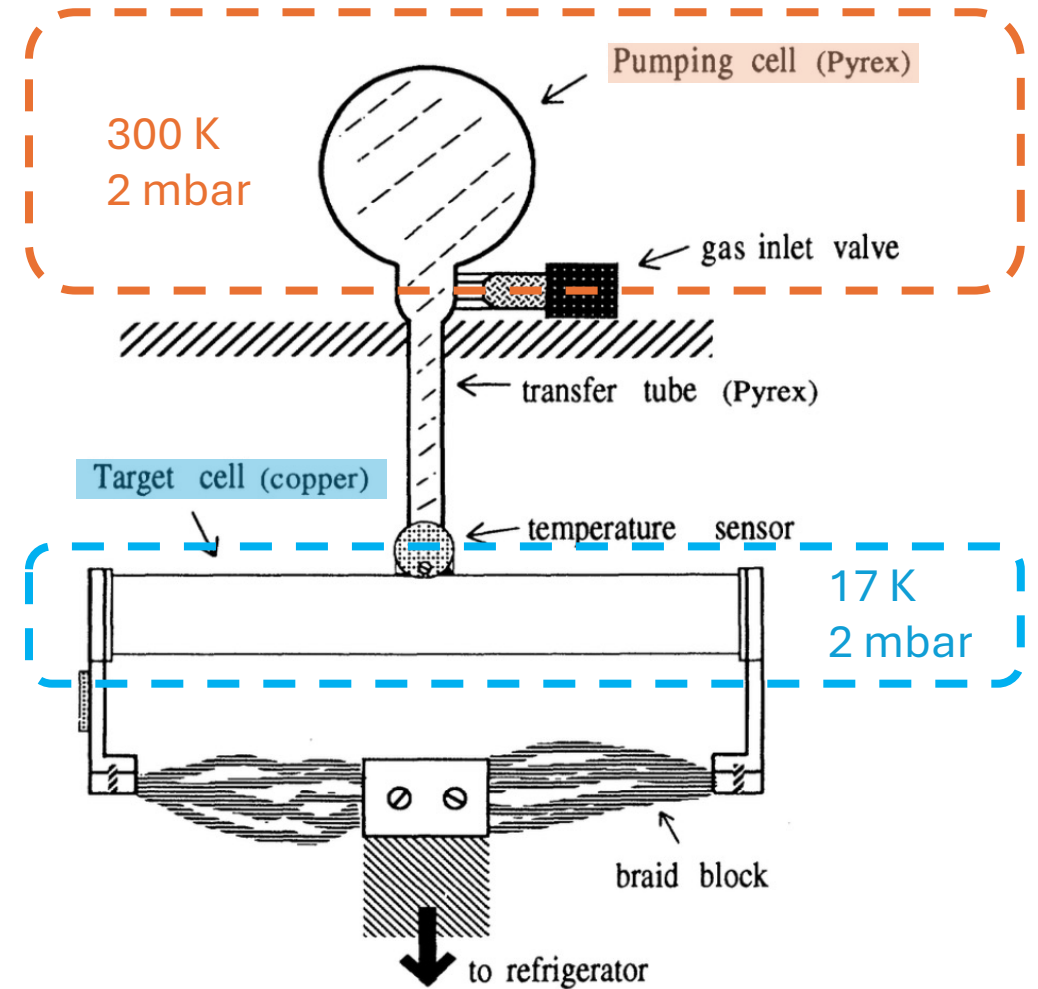
- First laser-driven MEOP polarized ^3He target



C.E. Jones et al., PRC 47, 110 (1993); PRL 65, 698 (1990)

Polarized ^3He Target for MIT-Bates 88-02 Experiment

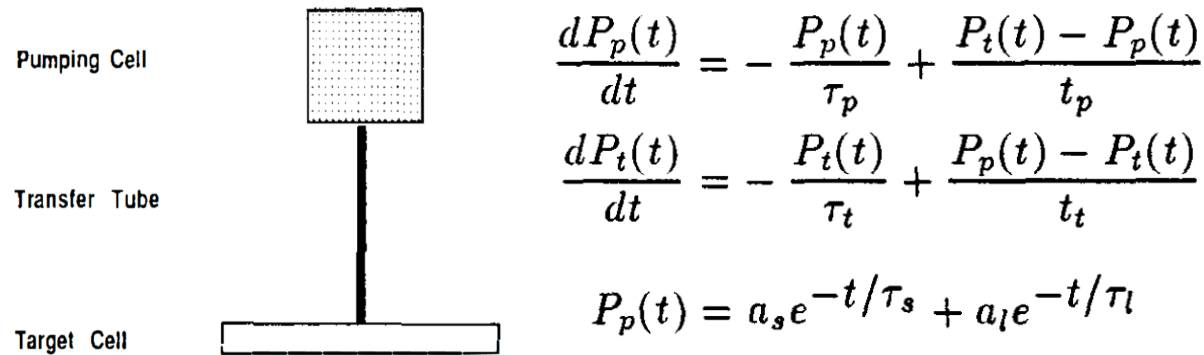
- First laser-driven MEOP polarized ^3He target
- **Double-cell** design



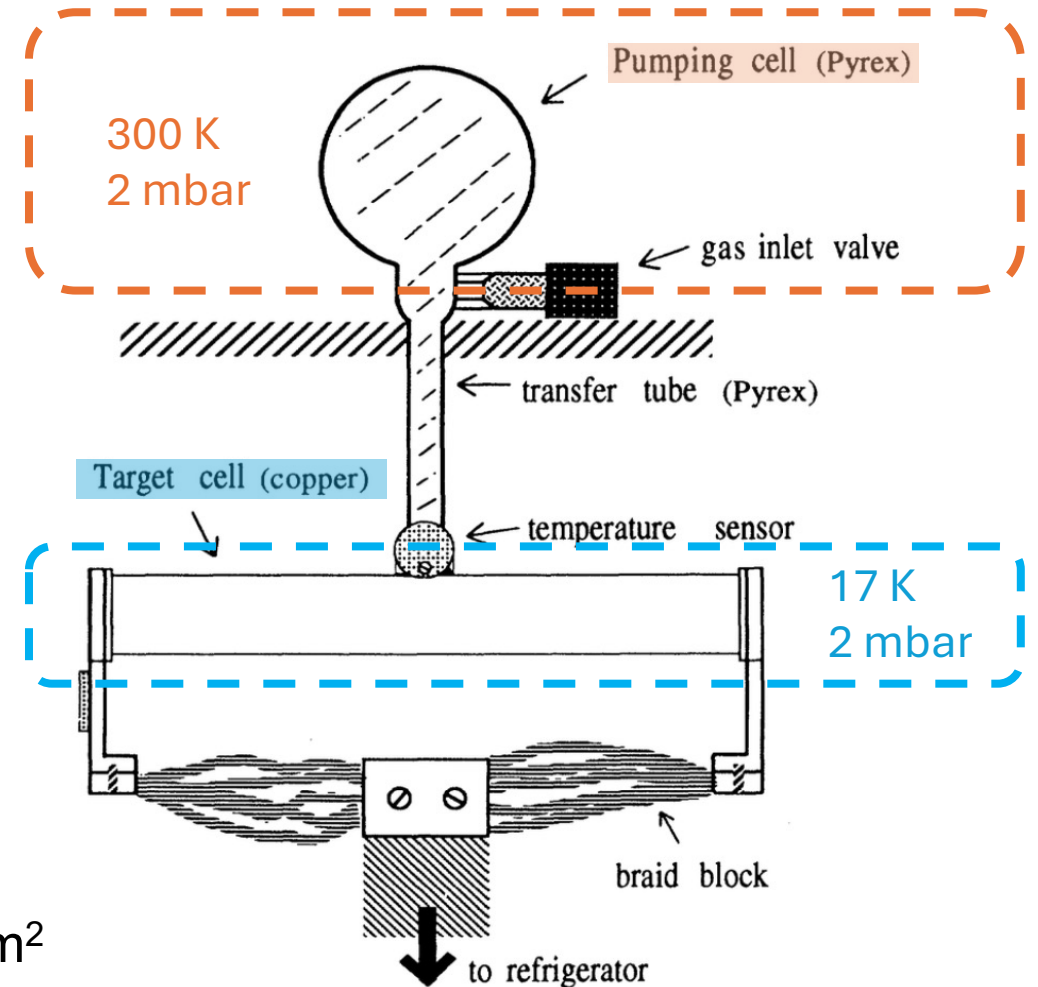
C.E. Jones et al., PRC 47, 110 (1993); PRL 65, 698 (1990)

Polarized ^3He Target for MIT-Bates 88-02 Experiment

- First laser-driven MEOP polarized ^3He target
- **Double-cell** design
- **Polarization measured from pumping cell** and well inferred for target cell
 - ~40% in-beam polarization achieved



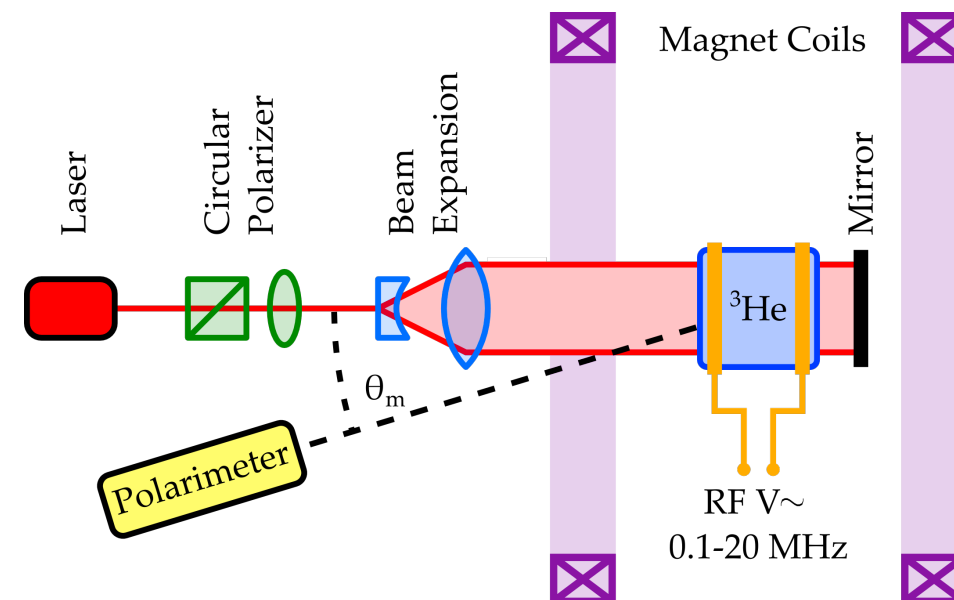
- 10 cm target cell, target thickness $\sim 10^{19}$ nuclei/cm 2



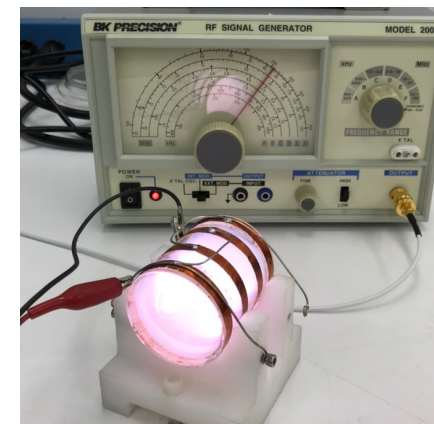
C.E. Jones et al., PRC 47, 110 (1993); PRL 65, 698 (1990)

Polarimetry for MEOP (Traditional)

- Measure the degree of **circular polarization of the 668 nm fluorescence light** emitted by the metastable ^3He
- Directly obtain the electron polarization
- Infer nuclear polarization by NMR calibration

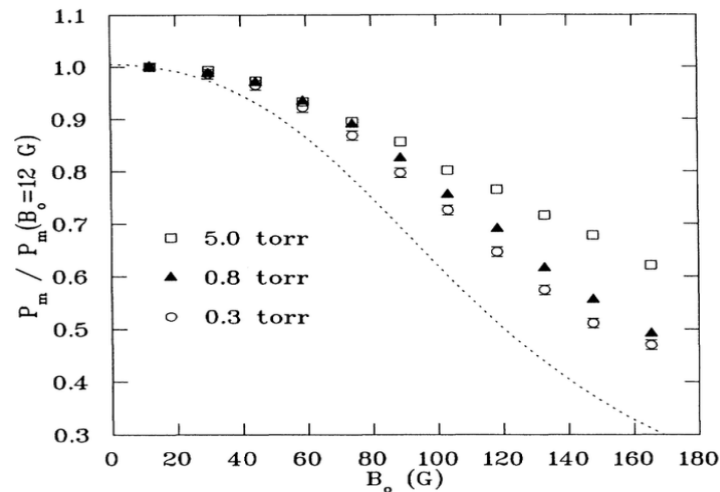
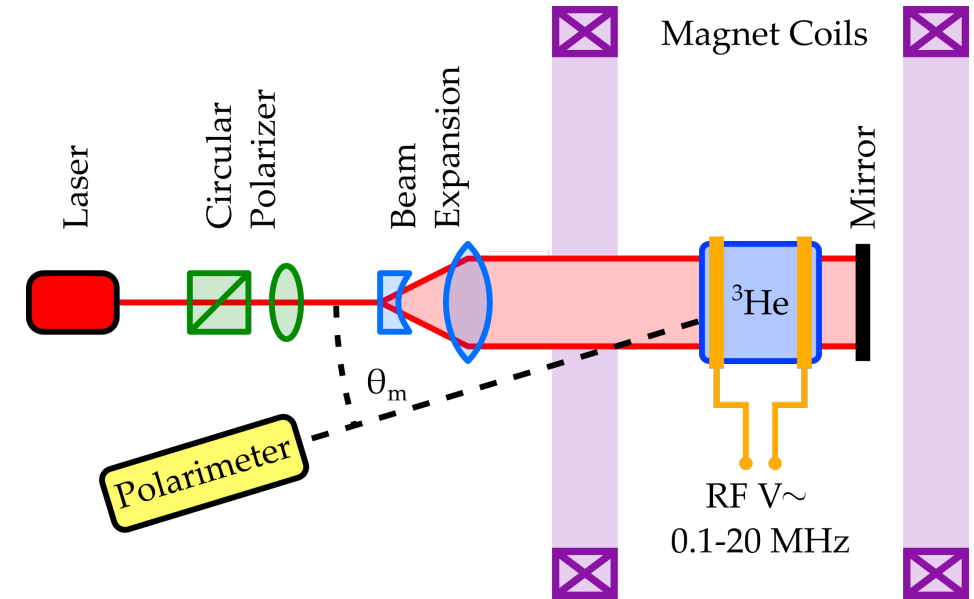


J.D. Maxwell et al., NIM-A 764, 215 (2014)



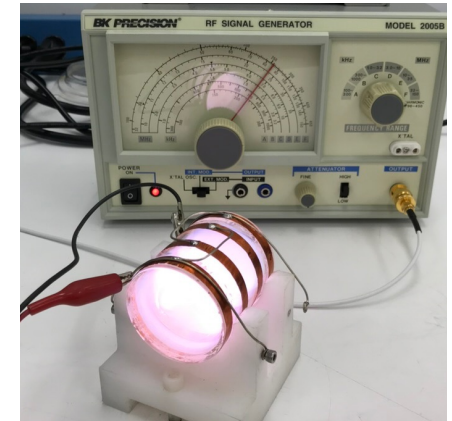
Polarimetry for MEOP (Low Field)

- Measure the degree of **circular polarization of the 668 nm fluorescence light** emitted by the metastable ^3He
- Directly obtain the electron polarization
- Infer nuclear polarization by NMR calibration
- **Work for low magnetic fields only**



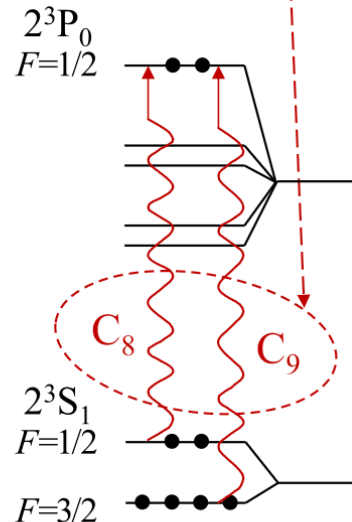
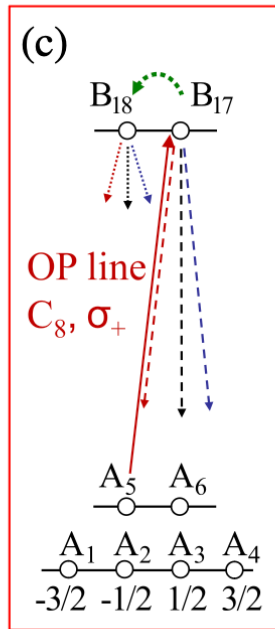
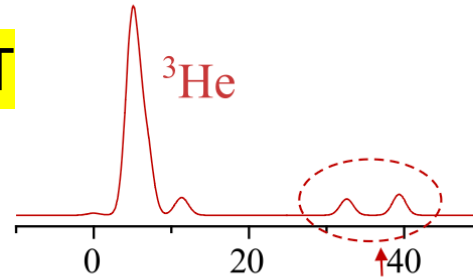
J.D. Maxwell et al., NIM-A 764, 215 (2014)

W. Lorenzon et al., Phys. Rev. A 47, 468 (1993)

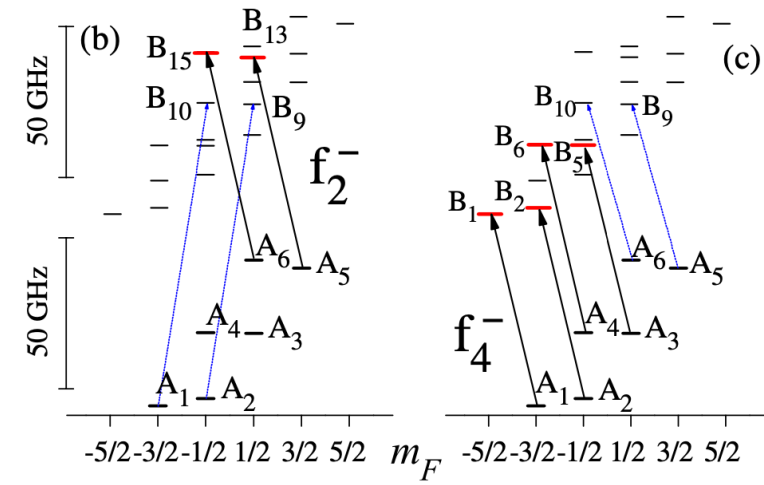
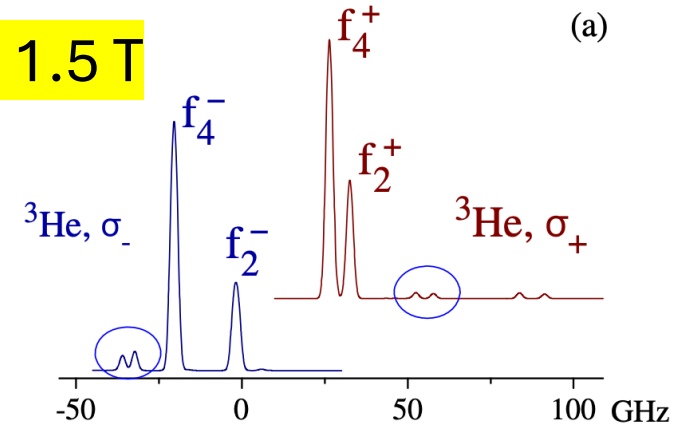


Low Field vs. High Field MEOP

$B = 0.001 \text{ T}$



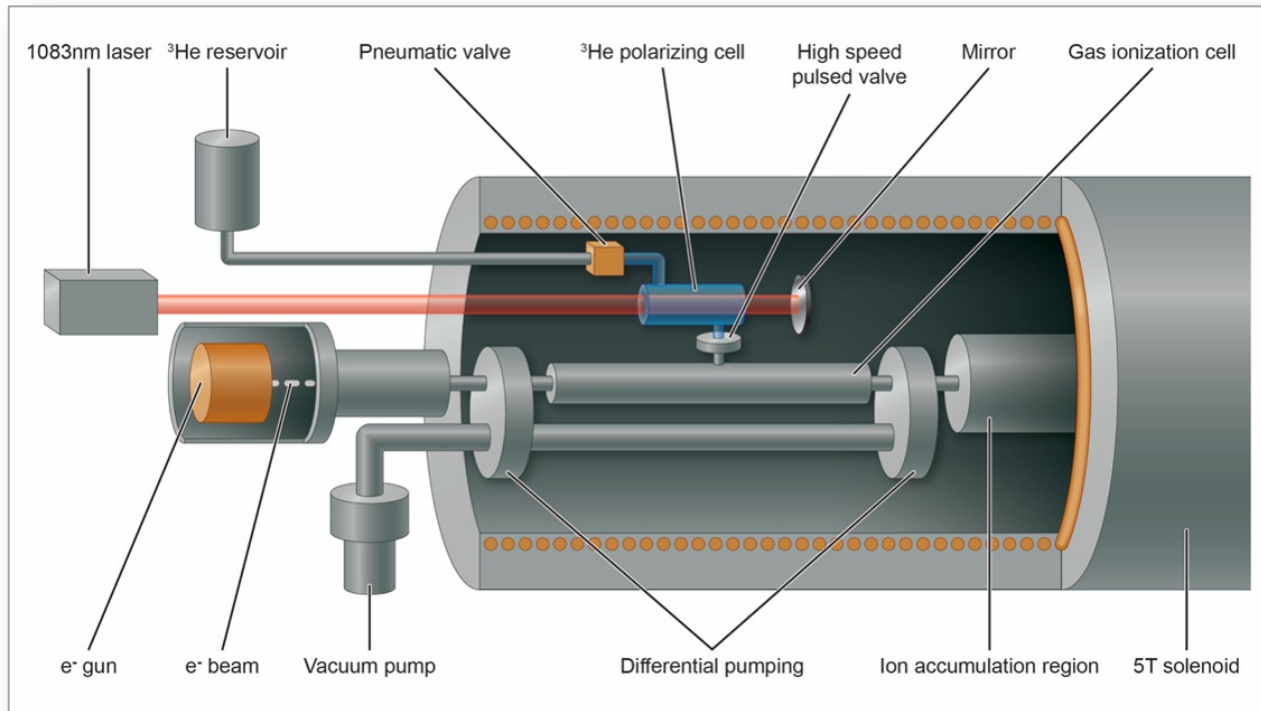
$B = 1.5 \text{ T}$



T.R. Gentile et al., Rev. Modern Phys. 89, 045004 (2017)

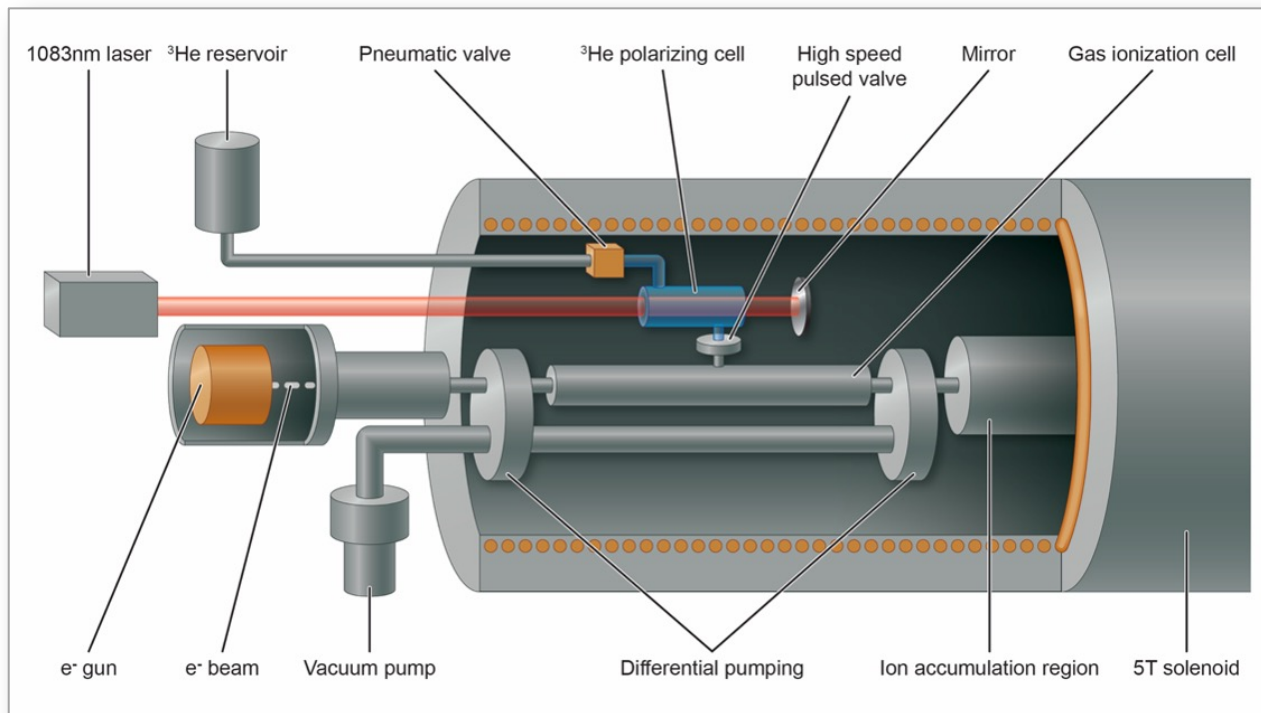
Polarized $^3\text{He}^{++}$ Source at BNL for EIC

- Polarizing within 5 T field using MEOP, then transfer into EBIS for ionization and extraction

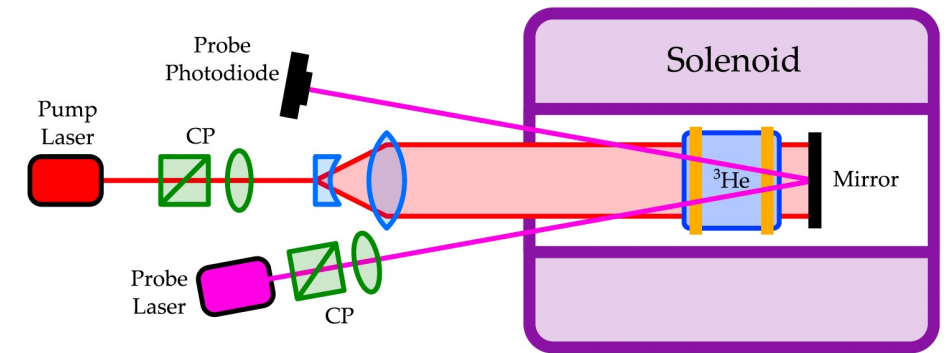


Polarized $^3\text{He}^{++}$ Source at BNL for EIC

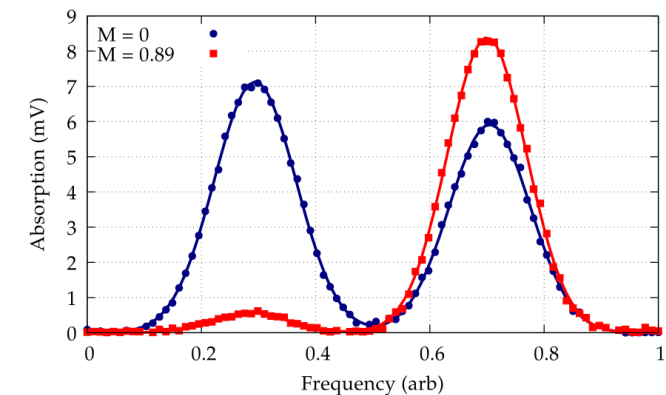
- Polarizing within 5 T field using MEOP, then transfer into EBIS for ionization and extraction



- High-field polarimetry method for MEOP

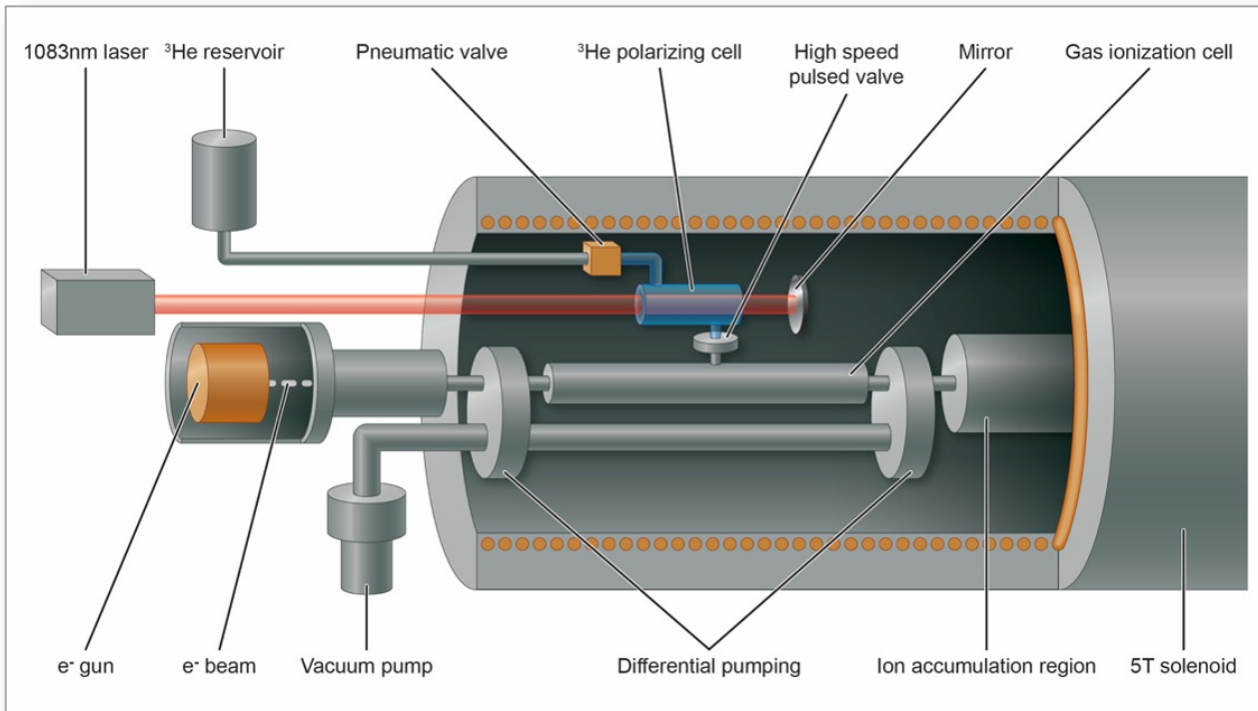


Nuclear Inst. and Methods in Physics Research, A 959 (2020) 161892

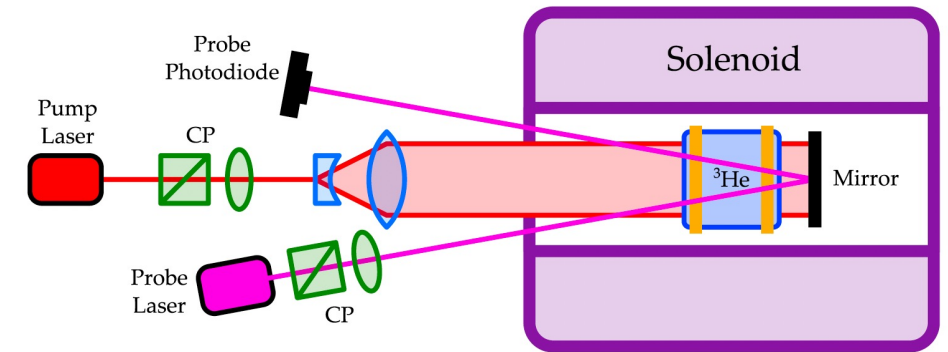


Polarized $^3\text{He}^{++}$ Source at BNL for EIC

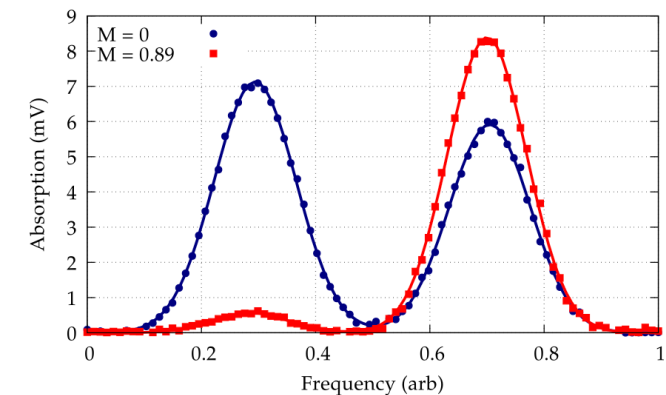
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Nuclear Inst. and Methods in Physics Research, A 959 (2020) 161892

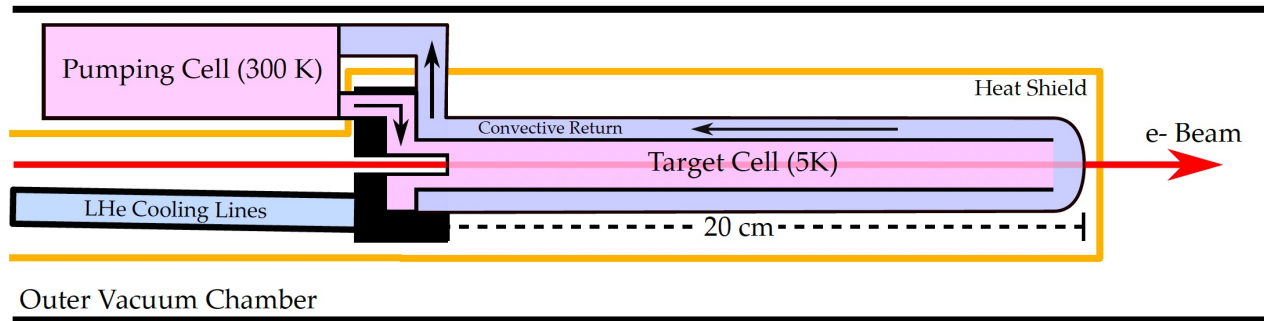


- 1st high-field MEOP for fundamental physics research
- Ongoing effort by BNL-MIT collaboration [NIM-A 1055, 168494 \(2023\)](#)

Novel Polarized ^3He Target at CLAS12 JLab

- First high-field polarized ^3He target
- Accomodate to 5-T solenoid of CLAS12
- Ongoing target R&D by JLab-MIT-UTK-SDU

Target Conceptual Design

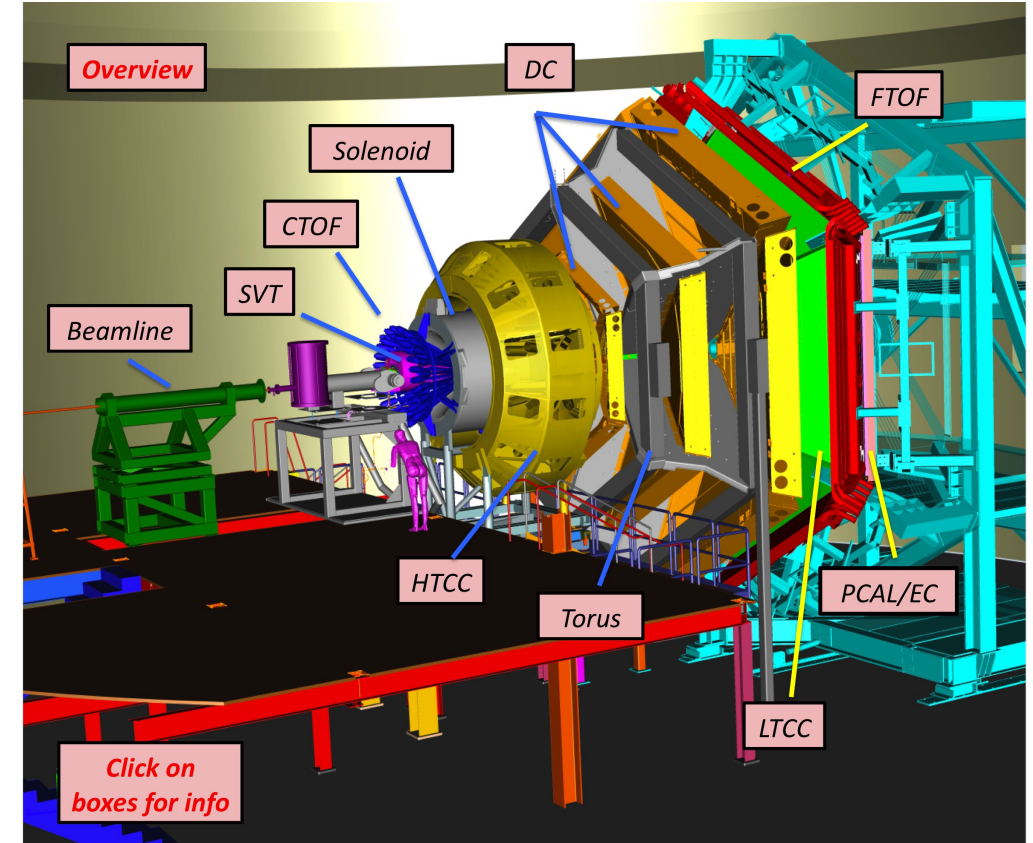


Pumping cell:

- Borosilicate glass cell
- 60% polarization at room temperature

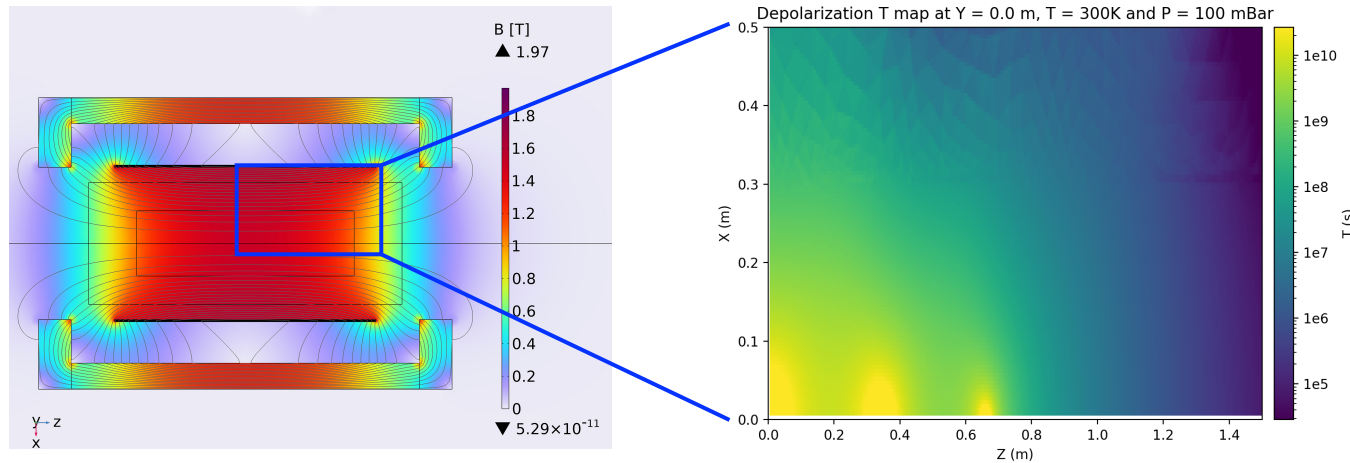
Target cell:

- Aluminum cell
- Target thickness $>10^{21}$ $^3\text{He}/\text{cm}^2$ comparable to SEOP target

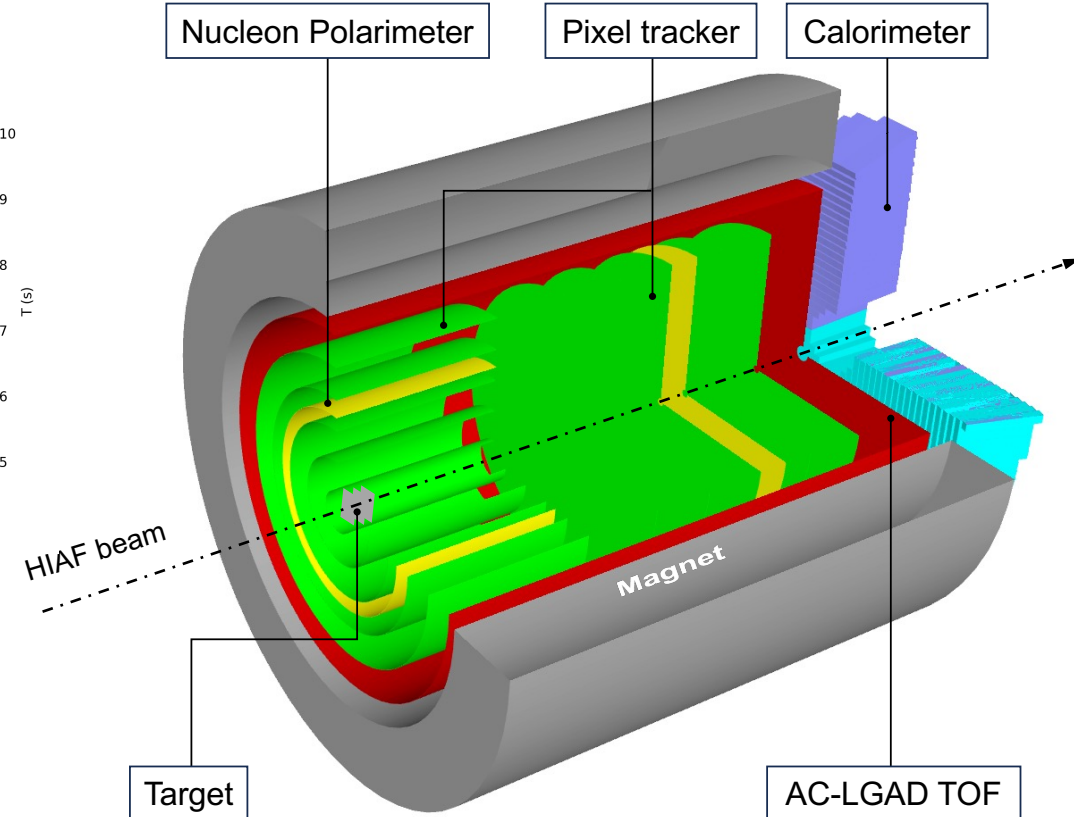


High-Field Polarized ^3He Target at H-NS

- Optimize target location according to B field map



- Target thickness request: 0.02 g/cm^2
 - 0.002 g/cm^2 @ 20 cm target length, 1 bar, 300 K
- Need cryogenic or compression techniques to achieve desired target thickness

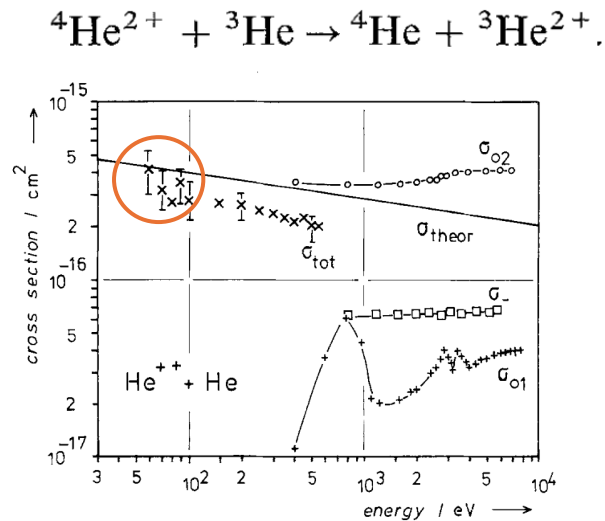


Path towards Polarized $^3\text{He}^{++}$ Source in China

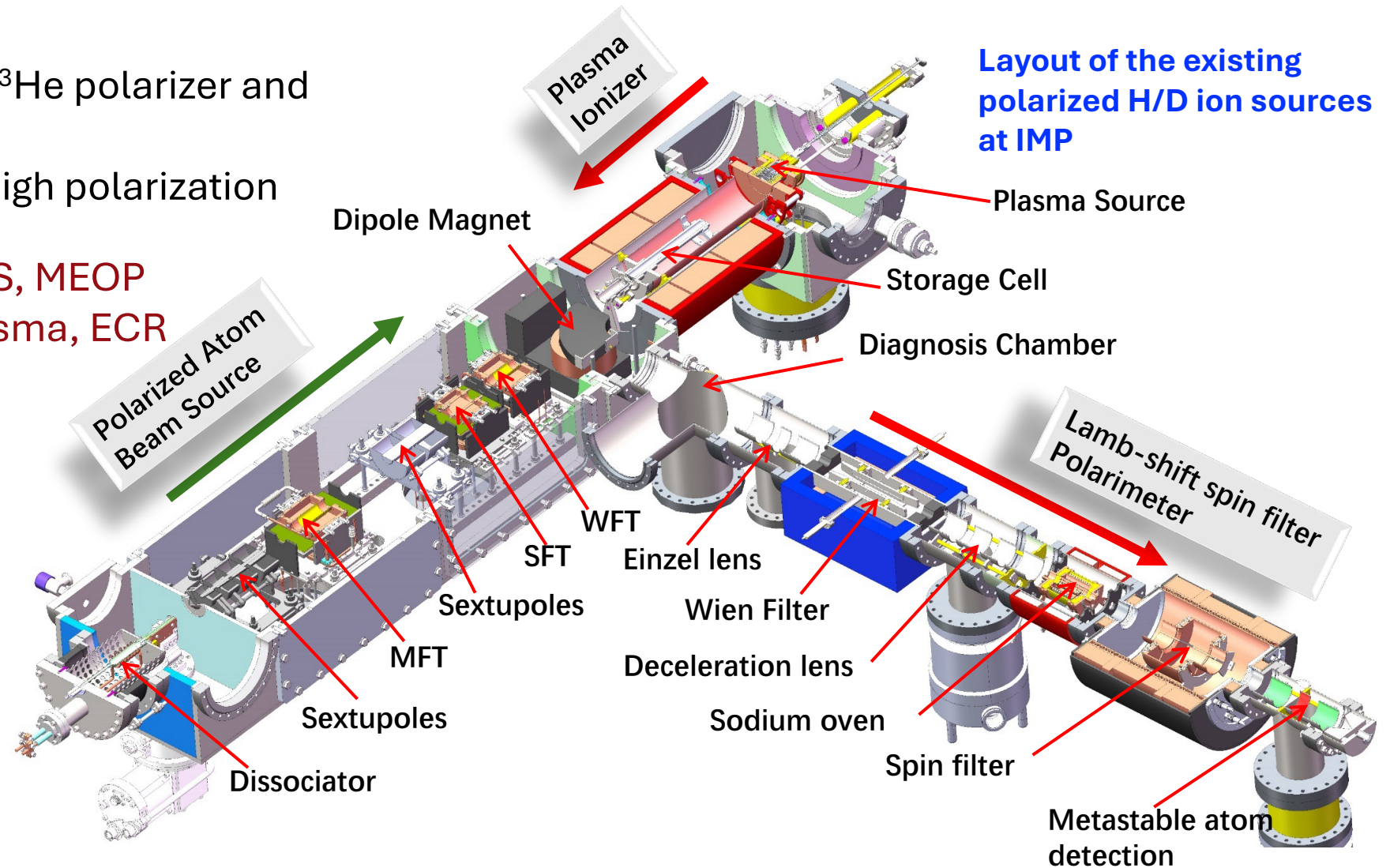
Challenges:

- Novel approach to couple ^3He polarizer and ionizer
- Achieve high current and high polarization

- ^3He polarizer options: ABS, MEOP
- Ionizer options: $^4\text{He}^{2+}$ plasma, ECR



A.S. Belov, NIM A 402, 205 (1998)

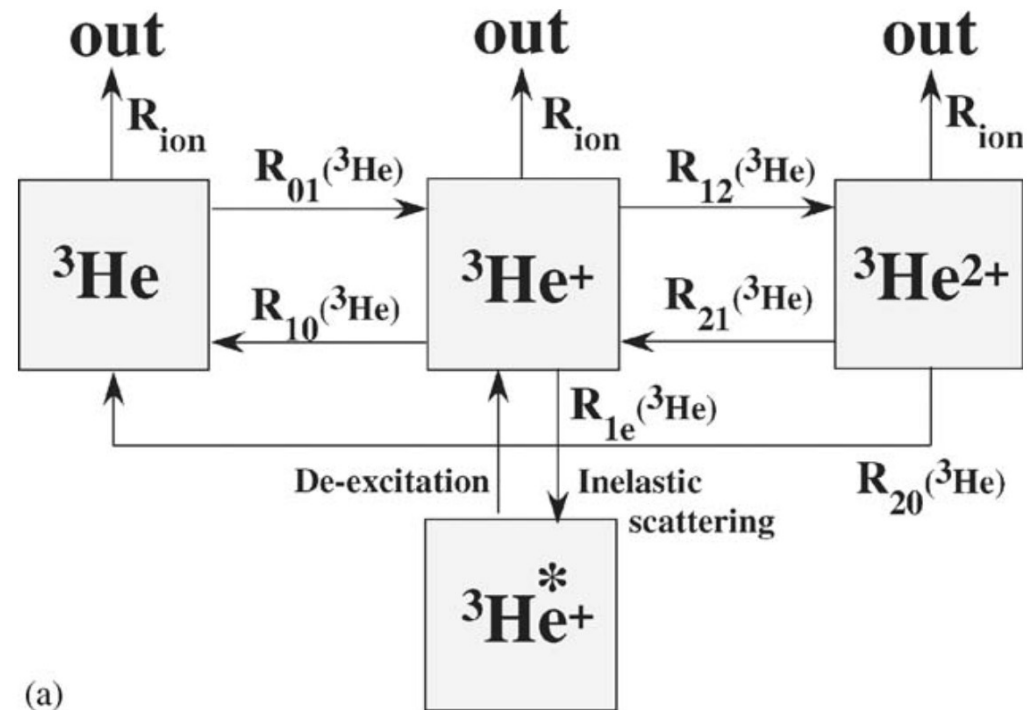


Path towards Polarized $^3\text{He}^{++}$ Source in China

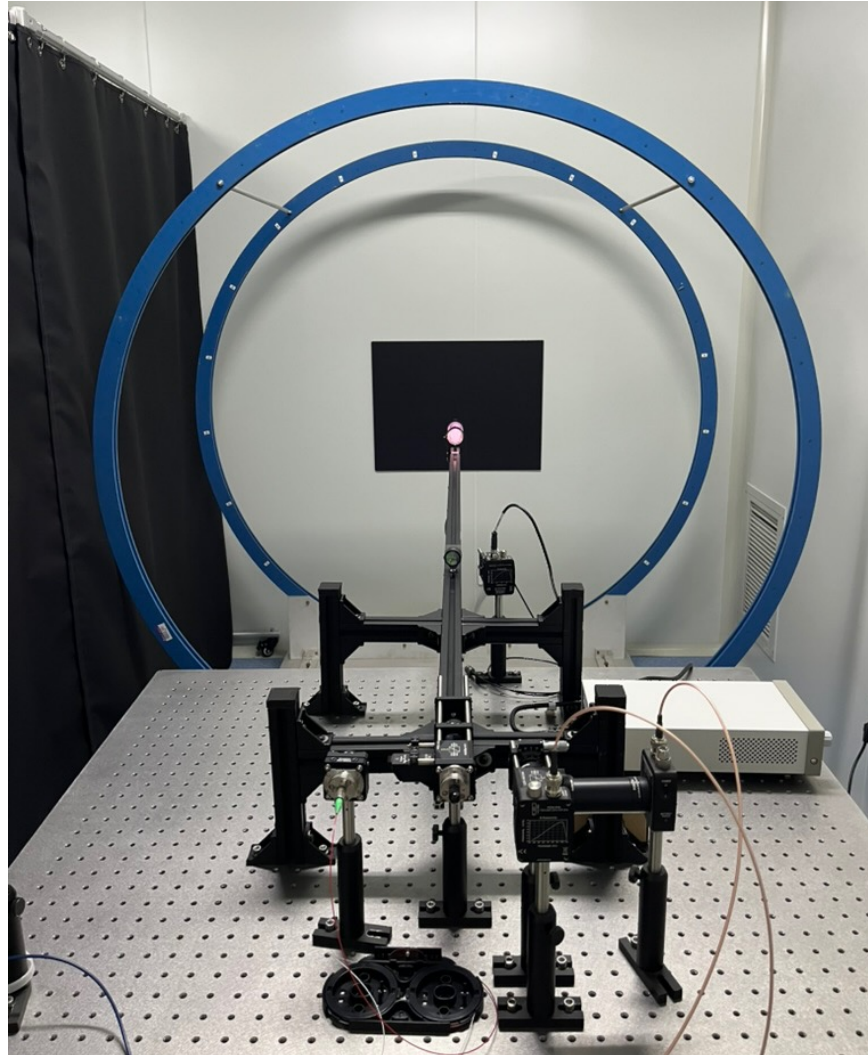
ECR ionizer approach

- Monte Carlo simulation for multiple ionization, inelastic scattering and de-ionization processes for ^3He , $^3\text{He}^+$ and $^3\text{He}^{++}$ in ECR plasma
- Polarization 10-20% expected in the 2004 work
- New simulation to be conducted with advanced ECR configurations

M. Tanaka et al. / Nuclear Instruments and Methods in Physics Research A 524 (2004) 46–59



New Polarized ^3He Lab at Shandong University



- Establishing low field MEOP system at SDU polarized ^3He lab
- High field MEOP upgrading in 2027 with extended lab space on campus



1 mbar ^3He glass cell
produced at CSNS

Summary

- Polarized ^3He is a powerful effective polarized neutron target
- Nuclear polarization achieved using optical pumping (OP) techniques
- Traditional OP operates in low magnetic fields ~ 0.001 T, new high-field MEOP techniques enable ^3He nuclear polarization in 1~5 T
- Novel OP techniques open new opportunities in spin physics research
- Polarize ^3He lab established on SDU Qingdao campus
- Development on new ^3He target and ion source is underway in China

Thanks for your attention!

Backup

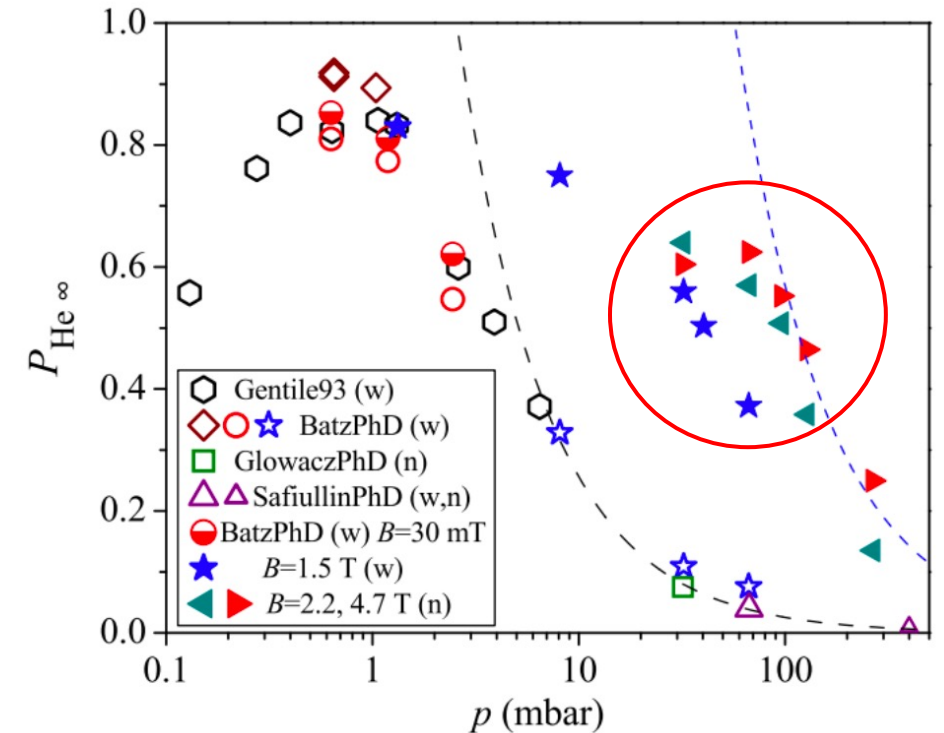
Polarized ^3He in High Magnetic Fields

- Historically impossible
 - For SEOP due to increasing wall relaxation
 - For MEOP due to hyperfine decoupling
- High-field MEOP breakthrough in 2010's
 - Research at Laboratoire Kastler Brossel, ENS, Paris motivated by MRI demands
 - MEOP efficient at higher pressures and high fields

Courtade et al., Hyperfine Interactions 127, 451 (2000)

- Successfully produced nearly 60% polarization at 100 mbar and 4.7 T

Nikiel-Osuchowska et al., Eur. Phys. J. D 67, 200 (2013)



T.R. Gentile et al., Rev. Modern Phys. 89, 045004 (2017)

^3He Depolarization Mechanisms

- Wall relaxation: borosilicate glass and coating for aluminum
- Transverse B-field gradient
 - 10^4 seconds relaxation time around the pumping region

J.D. Maxwell and R.G. Milner, Nucl. Instr. and Meth. A **1012**, 165590 (2021)

- Ionizing radiation
 - $^3\text{He}_2^+$ ions from the beam
 - suppressed in higher fields
- to be validated by in beam tests

K. Bonin *et al.*, Phys. Rev. A **37**, 3270 (1988)

